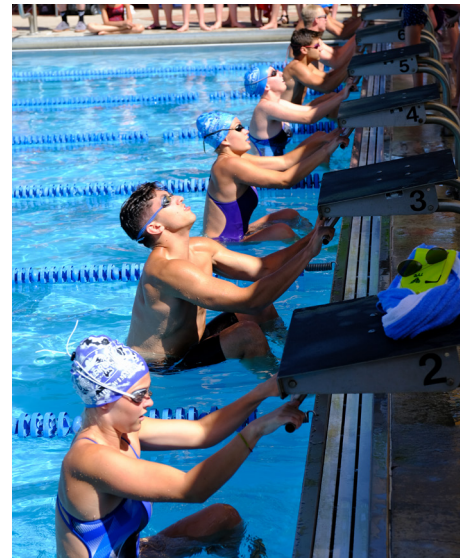




Castle Rock
**PARKS &
RECREATION**
Monthly Report:
April 2019



LEARN MORE



CRgov.com/ParksandRec



parks@CRgov.com



720-733-2222





Upcoming Events

MAY
11

CLIMB4CHANGE

7 - 11:30 a.m.

Challenge Hill at Philip S. Miller Park

MAY
27

MODIFIED FACILITY HOURS

7 a.m./8 a.m. - 2 p.m.

Recreation Center/MAC

MAY
18

BASICS OF BIRDWATCHING GUIDED TOUR

8 - 10 a.m.

Festival Park

MAY
29

NATIONAL SENIOR HEALTH AND FITNESS DAY

9:30 a.m. - noon

Recreation Center

MAY
18-24

POTTERY SALE

Normal operating hours

Recreation Center

MAY
29

TUNES FOR TRAILS, PERKS FOR PARKS FREE CONCERT

Featuring The Petty Nicks Experience
6:30 - 8:45 p.m.

The Amphitheater at Philip S. Miller Park

MAY
19

TRI THE ROCK

8 a.m. - noon

Butterfield Crossing Park and Pool

MAY
30

CASTLE ROCK PARKS AND TRAILS FOUNDATION FUNDRAISER

Discount: Half off at the Epic Sky Trek
4 - 7 p.m.

Philip S. Miller Park

MAY
26

PADDLE DAY

7:45 a.m. - noon

Rueter-Hess Reservoir

MAY
31

FREE FITNESS FRIDAY

8 - 9 a.m.

The Amphitheater at Philip S. Miller Park

View up-to-date information and register for events at CRgov.com/Events.



Parks, Open Space and Trails

FESTIVAL PARK RECEIVES ONGOING RECOGNITION

On April 8, the Colorado Lottery announced the winners of the 2019 Starburst Awards. Festival Park was one of only eleven projects selected across the state.

Starburst Awards recognize excellence in the use of lottery funds for community and conservation projects. Winners are chosen based on the creativity of the project, the economic and social impact on the community and whether the project has achieved its goal.

Lottery proceeds are distributed statewide through grants via Great Outdoors Colorado (GOCO), the Conservation Trust Fund, Colorado Parks and Wildlife and Building Excellent Schools Today. The Town used nearly \$1,000,000 of Conservation Trust Fund dollars to reimagine Festival Park.

The project was planned through a collaborative effort of residents, the Downtown Development Authority, the Downtown Merchants Association and the Town of Castle Rock. The park was transformed into a vibrant urban center that promotes an active civic life as a public gathering place for work, respite and cherished community events.

On April 11, Downtown Colorado Inc. honored Festival Park with the Best Use of Public Space award for outstanding creativity and dedication to the community. This award was announced at the Governor's Awards for Downtown Excellence. Even more recently, the Denver Regional Council of Governments (DRCOG) gave the park a Metro Vision award. The award recognizes regional efforts to create vibrant, connected communities through excellent natural and built environments.

Festival Park also received the 2018 Merit Award for Design from the American Society of Landscape Architects and the 2018 Best Project Award from Engineering News-Record Mountain States Division in the Landscape/Urban Development category. Festival Park was a finalist in the Inspire Category of Urban Land Institute's 2019 Impact Awards.



POST Partners

EARTH DAY WILLOW HARVEST AND PLANTING

POST Partners Volunteer Coordinator, Marcy Jones, coordinated, organized and implemented the annual Earth Day Willow Harvest and Planting Project. Over 70 Boy and Girl Scouts, families and local teenagers



attended the event. Volunteers harvested mature willow stakes from a healthy riparian habitat east of Festival Park. The willows were then transplanted to an area at Festival Park along Sellars Gulch. Due to the park's redesign project in 2017, the new

willows will help repair habitat that was disturbed during construction.

Participants learned valuable information regarding the important role riparian habitat plays for watershed ecosystems and the potential threats to these areas. The stakes at Festival Park will be monitored over the next few months to determine growth success. The willows will also generate new plant growth in the surrounding area.



CASTLE ROCK HONORS ARBOR DAY FOR 33RD CONSECUTIVE YEAR

April 2019 marked the Town's 33rd anniversary of participating in the Tree City USA program. Sponsored by the Arbor Day Foundation in cooperation with the National Association of State Foresters and the USDA Forest Service, this program recognizes that trees are a vital component of the infrastructure in cities, providing environmental and economic benefits.

PAWS FOR A CAUSE

Castle Rock's rival high schools came together for the fourth consecutive year to help with the Town's annual Arbor Day planting. The 145 participants at the Paws for a Cause event included both student government bodies and green teams, along with the school's vice principals. Over 18 trees were planted along West Plum Creek Parkway at Philip S. Miller Park. Volunteers also performed trail maintenance throughout the soft-surface network. To commemorate the event, students donated one large Redpointe Maple Tree.



ELIZABETH HIGH SCHOOL BIG HELP DAY

In honor of Arbor Day, 35 students and 2 teachers arrived from Elizabeth High School for the annual Big Help Day. The volunteers planted 15 trees at the beloved Gemstone Park and picked up trash as well.



Special Events

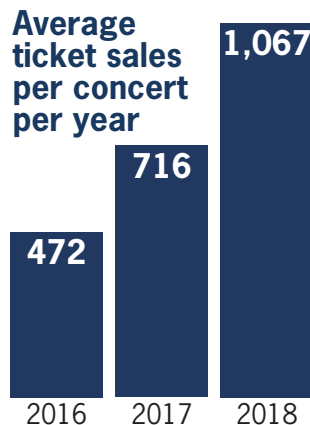
SUMMER CONCERT SERIES

In March, the eagerly anticipated 2019 Summer Concert Series was announced. The spirit of this year's lineup is to provide a little something for everyone. The Amphitheater at Philip S. Miller Park will feature everything from an orchestra tribute to the Beatles, '90s alternative, '70s Canadian rock, country legends and '00s chart toppers.

Tickets are available for purchase at altitudetickets.com until sell out. Through the end of April, more tickets had been sold for the 2019 concert season than the entire inaugural series in 2016.



2,360 tickets were sold for the entire 2016 concert series
2,514 tickets have been sold to date for the 2019 concert series



TUNES FOR TRAILS, PERKS FOR PARKS FREE CONCERT SERIES

Enjoy the fresh summer air while listening to free live music at The Amphitheater at Philip S. Miller Park. Craft beers, cocktails and delectable delights will be available for purchase from area vendors. Yard games and bounce houses will also be set up for children.

Proceeds from alcohol sales benefit the Castle Rock Parks and Trails Foundation, whose mission is to enhance and maximize the recreational experiences of the community. Learn more about this local nonprofit's projects at GetOutdoorsCastleRock.org.

Seating is available on a first-come, first-serve basis. Bands typically perform from 6:30-8:45 p.m. Learn more about this free concert series at CRgov.com/TrailTunes.

SUMMER CONCERT SERIES LINEUP



06.17 | EVERCLEAR
WITH SPECIAL GUEST TONIC



07.13 | CASTLE ROCK SUMMER JAM
FEATURING THE FRAY



07.21 CLAY WALKER
WITH SPECIAL GUEST PARMALEE



08.11 | THE GUESS WHO
WITH SPECIAL GUEST MITCH RYDER



08.24 | A BEATLES TRIBUTE:
FEATURING MIKE MASSE
WITH THE RUBBER SOULS
AND THE DENVER POPS ORCHESTRA



05.29 | THE PETTY NICKS EXPERIENCE



06.20 | BLU ROSE DANCE BAND



07.18 | THAT EIGHTIES BAND



08.15 | THE JUNIOR VARSITY THREE

TUNES FOR TRAILS, PERKS FOR PARKS LINEUP



Aquatics

CRUISERS SWIM TEAM

The Cruisers Swim Team (Cruisers) has participated in the Mountain Hi Swim League (MHSL) since 2000. For all 19 years, Cruisers has hosted the season-ending All Stars meet at Butterfield Crossing Pool. At its inception, 75 swimmers competed in the C Division. Due to the popularity of the program and the increase in Castle Rock's population, the Cruisers Swim Team has since grown to over 300 athletes. Enrollment during its largest season in 2017 was over 450.

Since 2013, Cruisers has been consistently placed in the A Division of the MHSL. The higher competition level initially posed a challenge for the swim team as most of the participants were summer-only swimmers who joined the team to learn the sport and gain first experiences in competitions. Only 30 to 40 percent of swimmers were typically able to qualify for the league championships. In 2014, the decision was made to split the Cruisers into two teams - Cruisers East and Cruisers West. The split allowed the league to place groups in both the A and C Divisions, allowing 60-70 percent of athletes to qualify for championships. Both teams still share Butterfield as the home pool for meets and practices.

Registration is now open for the Castle Rock Cruisers Swim Team's summer 2019 season. To learn more about or register your child for the program visit CRgov.com/Aquatics.





Fitness and Wellness

SILVERSNEAKERS®

The SilverSneakers® Fitness Program is a unique physical activity, lifestyle and socially oriented program designed to encourage physical activity and foster an active lifestyle. The program reflects senior sensitivity, promotes social interaction and encourages participation in healthy lifestyle activities, showing that it's easy to get fit, have fun and make friends.

Eligibility for and enrollment in SilverSneakers® is based on participation in qualifying health care plans. Patrons are encouraged to call insurance providers or visit silversneakers.com to view eligibility. SilverSneakers® participants have unlimited access to the Castle Rock Recreation Center and Miller Activity Complex at no cost, including the group fitness schedule, which includes over 100 weekly classes. Signature SilverSneakers® classes are also offered and taught by specially certified instructors.

The Recreation Center offers three Silver Sneakers class formats:

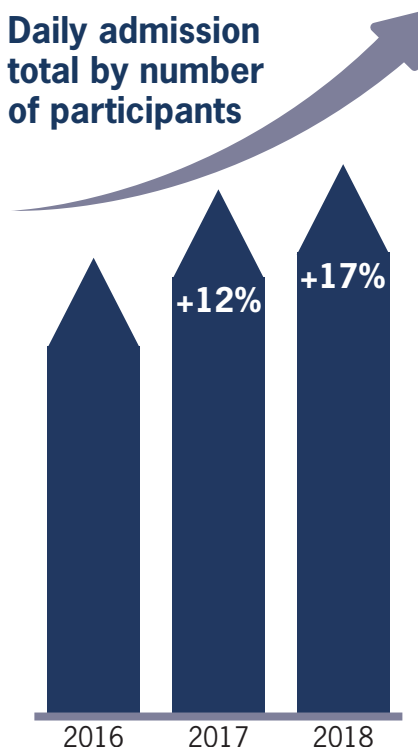
- SilverSneakers® Classic: Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of motion and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; a chair is used for seated and/or standing support.
- SilverSneakers® Cardio: Get up and go with an aerobics class that is safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow, low-impact movement and upper-body strength, abdominal conditioning, stretching and relaxation exercises designed to energize active lifestyles.
- SilverSneakers® Circuit: Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles and a ball is alternated with low-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

NATIONAL SENIOR HEALTH AND FITNESS DAY

Join the Town's Fitness and Wellness Division for National Senior Health and Fitness Day! 100,000 older adults will participate in activities at more than 1,000 locations across the United States to celebrate the annual event. The common goal for the day: to help keep older Americans healthy and fit. Always held the last Wednesday in May, National Senior Health and Fitness Day is the nation's largest annual health and wellness event for older adults. This year's event takes place on Wednesday, May 29 from 9:30 a.m. until noon at the Recreation Center.



Daily admission
total by number
of participants





Athletics and Adventure

INDOOR FIELD RENTALS

The synthetic-turf fields at the Miller Activity Complex continue to experience high demand during the winter months. From November 2018 to April 2019, 118 teams or groups booked a total of 774 hours, which does not include time the Parks and Recreation Department reserves for Town-offered programming.

Field reservations are taken in-person from individuals and organizations on a first-come, first-serve basis. Select reservation days are held in October, March and July for respective availability in January through April, May through August and September through December. After the in-person reservation process, individuals and organizations can submit reservation requests online for remaining field availability; a schedule of field availability can also be viewed at CRgov.com/Athletics.

BADMINTON

The Athletic Division's inaugural open badminton program began in March 2019. Many new faces and participants of the Town's Pickleball League are regularly enjoying the sport. This season has demonstrated a successful and efficient way to utilize indoor space at the Miller Activity Complex (MAC) during the daytime. Participants meet to play twice per week on Tuesdays and Thursdays from 1-3 p.m. It is anticipated that this program will grow and become a regular offering within the Athletics Division. The program is currently included with admission to the MAC and is open to all adults.

NEW PROGRAMS

Registration is now open for several new and exciting adult athletic offerings. To learn more about these and all adult programs or to register, visit TeamSideline.com/CastleRock.

ADULT COED KICKBALL: Tuesday evenings from June 4 - July 30 in Centennial Park, register by May 30

ADULT COED ULTIMATE FRISBEE: Thursday evenings from June 6 - July 25 at Philip S. Miller Park, register by May 31



EDUCATION

ADVENTURE CLUB PRESCHOOL RECEIVES SUSTAINABLE AWARD

Reducing resource consumption and using sustainable practices has positive impacts on the local environment. In 2008, Town staff created an environmental program called Project Green. A board



of volunteer Town staff work together to implement the vision of identifying and developing environmentally and fiscally sustainable programs and opportunities. The program focuses on energy and water conservation,

solid-waste recycling and other areas to expand a responsible stewardship of resources.

The Green Leaf Award recognizes departments, divisions, teams, and/or individuals that exemplify the core values of Project Green's vision. In April, the state-licensed Adventure Club Preschool received the Green Leaf Award for not only demonstrating strong recycling initiatives, but for also instilling the value of recycling in students and encouraging students to take the practices they learn home.

REGISTRATION NOW OPEN FOR 2019 SUMMER CAMPS

Keep your kids active this summer! The Parks and Recreation Department proudly offers a variety of half- and full-day camps during seasonal school breaks. Registration is typically for one-week sessions. Camp offerings include sports, fencing, music, art, cooking, adventure, S.T.E.M. and S.T.E.A.M., logic and coding, life skills, pottery and biking.

To view schedules and to register, visit CRgov.com/Camps.





ARTS AND ENRICHMENT

POTTERY SALE

The annual Arts and Enrichment pottery sale is scheduled for May 18-24. During the Recreation Center's regular hours of operation, the public is invited to peruse hand-crafted pottery created by local artists in the Division's programs. The pieces make great holiday gifts and provide excellent home décor. For nearly a decade, proceeds from the sales have been reinvested back to pottery programs to help purchase needed equipment and supplies.

HISTORIC PRESERVATION BOARD AND PUBLIC ART COMMISSION COLLABORATE TO PRESERVE CASTLE ROCK HISTORY

Art plays an important role in preserving history and heritage. The Castle Rock Historic Preservation Board and the Public Art Commission are now working to preserve a piece of local history by jointly sponsoring a painting of the Castle Rock Museum.



The museum is on the National Register of Historic Places. Built in 1875, it was once a Denver and Rio Grande Western Railroad depot. The depot was built from rhyolite quarried in Castle Rock.

"We're thrilled that the Historic Preservation Board and the Public Art Commission were able to partner to support the Castle Rock Museum with this commemorative painting," said Historic Preservation Board Vice Chair Desiree LaFleur.

Artist Cindy Welch, who has lived in Castle Rock for more than 30 years and painted a number of local historic buildings, was commissioned to paint a watercolor of the museum.

"This project represents a great collaboration between the Public Art Commission, the Historic Preservation Board and the Castle Rock Museum, and furthers the commission's long-term plan of enhancing community character and promoting public art initiatives through partnerships," said Public Art Commission member Susan Paulsen.

The original painting will be unveiled at the opening of a new and temporary Continental Divide Raceways exhibit at the museum on Saturday, May 18. The painting will be permanently displayed at the museum.

Postcard print keepsakes will be available at historic trolley tours on Saturday, May 11. Additional postcards and limited edition signed prints will be available for purchase at the museum. Welch is donating 10 percent of all sales of the prints to the museum. For more information about the Castle Rock Museum's Historic Preservation Month activities, visit CastleRockHistoricalSociety.org/Calendar.

The Historic Preservation Board works to protect and preserve the history of Castle Rock through recommendations to Town Council for designation of historic structures as landmarks. The Public Art Commission identifies priorities and goals concerning the acquisition of art for public buildings and parks within the Town of Castle Rock.



RED HAWK RIDGE

NEW GOLF FLEET PROVES SUCCESSFUL IN DELIVERING HIGH-QUALITY CUSTOMER SERVICE

The new golf cart fleet was delivered the week of April 15 and has been received well by both customers and staff. Red Hawk Ridge has 80 new golf carts with Visage GPS systems. Golfers are now able to navigate the course more effectively and can even order food from the restaurant through the application. The GPS capabilities also enable staff to track carts and better manage the pace of play. The new fleet will undoubtedly enhance the overall experience of Red Hawk Ridge golfers. Two new beverage carts, one new range picker cart, four new marshal carts and five new maintenance utility vehicles were also delivered so staff can continue to provide the first-class services and product quality that customers have come to expect at Red Hawk Ridge.

GOLF PROGRAMS AND LEAGUES

Most leagues hosted by Red Hawk Ridge have increased participation in 2019. The two leagues that have not increased over 2018 are the Castle Rock Senior Center League and the Coed League as both reached maximum capacity in each year. As the community continues to grow around the golf course, staff expects league participation to increase accordingly.

2019 looks to be another good year for participation in the Junior Golf Programs. Registration opened on April 15 and preliminary numbers are trending above 2018 numbers year-to-date. All junior leagues and classes begin the first week June and will end the last week of July. Parent Child Night continues into August. The professional staff plans to structure the junior programs similar to 2018 as the model has been effective for several years.

PGA Junior League is a statewide program where participating golf courses field a traveling golf team. Staff is currently evaluating feasibility of participating in 2020.

