# Electronic Smoking Devices

**Community Impact and Policy** 

Presented to the Castle Rock Town Council by:

Taylor J. Roberts

Tri-County Health Department



# Electronic Smoking Devices/Vape Basics

- Developed in China in 2006 to deliver nicotine without combustion
- Heat ESD/Vape fluid to create aerosol inhaled by user
  - Typically contains nicotine, flavoring and other chemicals
  - Nicotine levels vary significantly
  - Infinite flavors



#### Prevalence of Use

• Colorado Current Use 2017: 27%<sup>1</sup>

Douglas County Current Use: 30%

Colorado Ever Use 2017: 44%

Douglas County Ever Use 2017: 41%

50% of HS Seniors

257% increase 2013-2017

National High School Current Use 2017: 11.7%<sup>2</sup>



<sup>&</sup>lt;sup>1</sup> 2017 Healthy Kids Colorado Survey. University of Colorado, Colorado School of Public Health

<sup>&</sup>lt;sup>2</sup> 2017 National Youth Tobacco Survey. U.S. Centers for Disease Control and Prevention

#### **Public Health Concerns**

- Nicotine addiction in youth
- Potential for harm to developing brain
  - Alters how synapses are formed
  - Can impact attention, memory and learning
- Potential links to COPD, chronic respiratory infections, pneumonia in adults and seizures in young users
  - Require additional investigation and study



#### Youth Access

- Douglas County
  - 41% high school students reported purchasing ESD/vape products from a gas station or convenience store
  - 52% accessed ESD/vape products from other source (family, friends, black market)
- Arapahoe County
  - 22% high school students reported purchasing ESD/vape products from a gas station or convenience store
  - 63% accessed ESD/vape products from other source (family, friends, black market)

# Impact on Schools

- An epidemic of youth so addicted they can't get through classes without using
- Suspensions, Minor in Possession and Tobacco Free
   Schools Law violations spiking over last 24-36 months
- Increased pressure on School Resource Officers, often first contact with youth using ESD/vape



# Douglas County Youth Substance Abuse Prevention Coalition

- Cross sector partnership formed in 2016 to assess and address youth substance abuse issues in Douglas County
- Identified youth ESD/Vape use as priority substance abuse issue
  - Support evidence based policy to limit youth access to tobacco/nicotine products



# **Current Federal Regulation**

- U.S. Food and Drug Administration
  - "Deeming Rule" 2016
    - No sales to under 18 nationwide
    - Manufacturers submit health documents and ingredient listing 2018, not currently publically available
    - Additional proposed regulations in public comment and agency discussion



# **Current State Regulation**

- ESD/Vape included in Colorado Tobacco Free Schools law
  - Possession of any tobacco/nicotine product on school grounds prohibited
- ESD/Vape not included in all state regulations
  - Not included in Amendment 35 (tobacco sales tax) or Colorado Clean Indoor Air Act



# **Current State Regulation**

- Sale of tobacco/nicotine products does not require a license
  - Local PD may do compliance checks, but cannot levy a penalty against the retail establishment
  - Criminal summons may be issued for clerk, only
- Colorado HB19-1033
  - Signed into law 3/28/2019
  - Grants local governments the authority to regulate sales of nicotine containing products



#### Potential Solutions for Castle Rock

- License Tobacco Retail Sales Locations in Castle Rock
  - Evidence based strategy for reducing youth use of tobacco products
  - Retail outlets selling nicotine products must obtain and maintain a sales license with the Town of Castle Rock
  - Nominal fee to cover costs of enforcement
  - Enables local police department to enforce under age sales laws with fines and suspension/revocation of license



#### Potential Solutions for Castle Rock

- Increase Minimum Legal Sales Age of Nicotine Products to 21
  - Better restrict social access points for youth under 18
  - Lessen impact on schools
  - Build consistency across age restricted substances that is more in line with brain development
  - Simplify age verification for clerks



# Thank you

- Taylor J. Roberts
  - Chronic Disease Prevention Coordinator
  - Tri-County Health Department
  - troberts@tchd.org

