



Castle Rock
**PARKS &
RECREATION**
December 2021



LEARN MORE



CRgov.com/ParksandRec



parks@CRgov.com



Upcoming Events

View up-to-date information at CRgov.com/Events.



HOLIDAY TREE RECYCLING
Visit CRgov.com/TreeRecycle for
locations and instructions



DADDY DAUGHTER BALL
6 - 9 p.m.
Douglas County Event Center



**COLORADO BLUEBIRD PROJECT
OPEN HOUSE**
7 - 8 p.m.
The Millhouse at Philip S. Miller Park



**COLORADO BLUEBIRD PROJECT
NEST BOX MONITOR TRAINING**
6:30 - 8 p.m.
The Millhouse at Philip S. Miller Park



**RIDGELINE WRANGLER SEASON
KICK-OFF MEETING**
6 - 7:30 p.m.
The Millhouse at Philip S. Miller Park



Community Events

SEASON OF THE STAR HELPS HOLIDAYS SHINE BRIGHT

Memories and magical moments were experienced throughout December at the Town's annual Season of the Star as residents were invited to enjoy signature events to celebrate the spirit of the season.

On Friday, Dec. 3 and Saturday, Dec. 4, Festival Park played host to hundreds of shoppers at the ever-so-festive Starlight Market. Attendees took selfies by the park's 30-foot tall holiday tree, enjoyed hot chocolate and live entertainment by the Yuletide Carolers and Denver Dolls. Local vendors at the market featured handmade, seasonal gifts such as scarves, art, soaps, candles, jewelry and delicatessens.

On Friday Dec. 10, the Amphitheater and Millhouse at Philip S. Miller Park hosted live reindeer and holiday donkeys, a kid-sized train, a sled driven by Santa and his reindeer and holiday crafts at the annual Reindeer Games. The Town's Parks and Recreation Department hosts this free event as a way of giving back to the community during this special time of year.

On Saturday, Dec. 11, families enjoyed Storytellers and S'mores at Festival Park. Participants heard classic holiday stories read from a giant storytellers chair and had the chance to meet favorite characters such as Buddy the Elf, Elsa, Anna, Kristoff, Tinkerbell, the Sugar Plum Fairy, Cinderella, the Little Mermaid, the Grinch, and, of course, Santa Claus. Children roasted marshmallows for s'mores and hot cocoa was available. Kids were also encouraged to drop off a last minute letters for Santa in a wonderfully decorated north pole mailbox.

Friday, Dec. 17 and Saturday, Dec. 18 were respectively scheduled to feature National Lampoon's Christmas Vacation and Elf at the Event Pad at Philip S. Miller Park for the Holiday Drive-in Movies series. While both events sold out, National Lampoon's was cancelled due to high winds. Despite the cancellation, the drive-in series has become a popular staple for the Castle Rock community and will continue to be offered in future festive seasons.





Fitness & Wellness

EXCITING OPPORTUNITIES FOR RECREATION CENTER PATRONS IN 2022

The Castle Rock Recreation Center is the Town's premier workout facility. Enjoy group fitness classes, high-tech cardio equipment, a weight room, a pool, basketball and racquetball courts and more. From promotional pricing to expanded fitness offerings, there's a ton of new and exciting options to start the year off right and crush those goals.

On Wednesday, Dec. 22, patrons had the opportunity to save 22% off of personal training packages, annual memberships, initial payments on monthly payment plans and multi-visit passes.

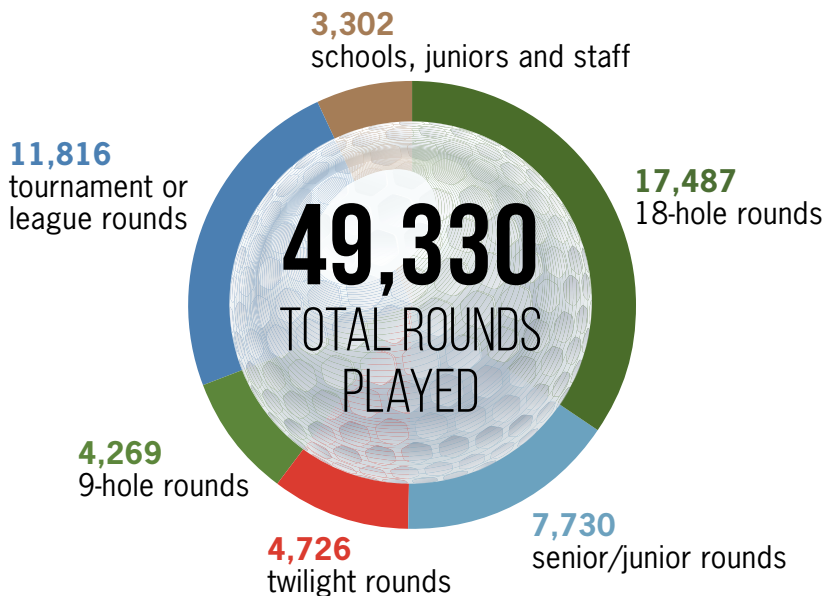
From Jan. 1 through 16, patrons may receive 10% off of personal training packages, annual memberships, initial payments on monthly payment plans and multi-visit passes. Packages can be purchased at the Front Desk or online CRgov.com/Registration with promotional code NEWYEAR22.

Group fitness classes cover a wide variety of class formats, including yoga, barre, high-intensity interval training, body pump, spinning, dance, cardio, stretching and more! Group fitness classes are included in the Recreation Center membership or daily admission, and several fee-based premium classes, not included in the membership fee, are also available for the winter/spring season. A Weight Room Orientation is also available for patrons to learn how to safely and effectively use equipment from certified personal trainers.

New fitness class offerings include:

- Restorative Yoga – a relaxing type of yoga where participants are supported with blankets, blocks or bolsters and focused on deep relaxation, tension, holding patterns and balance
- Power Punch Parkinson's Boxing – the first non-contact boxing program for people with Parkinson's disease
- Cross Training – keep those muscles guessing with this unique and fun class that uses a variety of equipment, cardio drills and strength exercises
- Between a Walk and a Hard Pace – achieve the next level of your running goals with this 5K running program (premium class)
- Golfer's Off Season Conditioning – discover golf-specific training that will help improve your power, flexibility and strength (premium class)
- Strollin' Strong – a total body conditioning program perfect for caregivers and their young children - load up the stroller for this fun-filled workout (premium class)

More information, registration and class times are available at CRgov.com/Registration. Please note, registration for group fitness classes is available online 48 hours in advance. Questions? Email Fitness@CRgov.com or call 303-814-7453.



Red Hawk Ridge Golf Course

SUCCESS IN 2021 GROWING THE GAME

Coming into 2021, industry experts anticipated a drop in rounds played nationwide in comparison to 2020. Demand for golf increased drastically during the pandemic for a few reasons, thanks to factors such as golf being a naturally social-distanced, outdoor game and the general demand for increased outdoor recreation. At Red Hawk specifically, overall demand for play increased by nearly 20 percent when compared to 2019 year-over-year. Despite predictions for a drop in 2021, Red Hawk saw a nearly 14 percent increase in rounds played when compared to 2020 year-over year.

2021 BUDGET PERFORMANCE

Red Hawk is grateful to have seen another increase in demand for play in 2021! The course saw its highest total annual operating revenue in course history, finishing at \$4,006,000. This total revenue exceed the budget projection by a positive variance of \$550,000. Multiple capital improvement projects were completed throughout the year, including resurfacing the parking lot, the completion of two new turnaround cart paths and bunker renovations on holes 17 and 18.





JUNIOR GOLF ACADEMY

The Junior Golf Academy at Red Hawk Ridge introduces kids to the fundamentals of golf in a friendly, fun way, and offers many classes and leagues to meet the needs of all skill levels. With a goal of providing valuable golf and life-learning experiences through every program offered, the Academy is one of Colorado's top junior golf programs. Over 350 children participated in Junior Golf programs in 2021.

AUDUBON SANCTUARY

Red Hawk has been a member of the Audubon Cooperative Sanctuary program since 2014. Staff maintained certification of the course by demonstrating a high degree of environmental stewardship in a number of areas including environmental planning, wildlife and habitat management, outreach and education, chemical use reduction and safety, water conservation and water quality management. Red Hawk Ridge is one of 33 courses in Colorado and 711 courses in the world to hold this honor.





Therapeutic Recreation

2021 COMMUNITY IMPACT

HIGHLIGHTS

152 

individuals with disabilities served

65 

family members of individuals with disabilities served

56 

program dates

221 

volunteers

705 

volunteer hours

15 

community partners

PARTICIPATION

21

Rockies Game

106

Family Fun Nights

60

Night to Shine

6

Glow at the Gardens

18

Open Gym Gymnastics

25

PopUp Art Labs

13

Cookies with Wellspring

15

NSCD Summer Adventure Camp

2

NSCD Adaptive Ski/Board

9

NSCD Fall Mini Camp

30

Adaptive Soccer with Colorado Rapids

12

Air Force Academy Hockey Game

4

Royal Gorge Route Railroad

FUNDING

\$10,000 

awarded in scholarships for Therapeutic Recreation programs

\$5,502

given through in-kind donations

\$25,000

received in grants

\$18,011

secured through fundraising



Arts & Enrichment

PAINTING POSITIVITY PROCLAMATION

On Dec. 7, Councilmember Johnson read a proclamation to honor the Painting Positivity Campaign organized in partnership by The of Castle Rock Public Art Commission (PAC) and Castle Rock Artist Cooperative (CRAC). Having observed the trials the world experienced throughout 2020, PAC and CRAC joined forces to spread hope, unity and community in 2021. Through two murals, community photographs turned into mosaic street-art installations and pre-postaged postcards, free messages of love were spread far and wide. The proclamation closed by encouraging residents to paint positivity every day and a group photograph of those who helped make the project possible.



PAINTING POSITIVITY



Parks Operations & Maintenance

CHRISTMAS TREE RECYCLING

Keep your holiday tree green by keeping it out of the landfill and recycling it into mulch. 2021 marked the Department's highest number recycled with 1,738 trees transformed for reuse. Help break this record! Drop trees off at one of four locations for free through Jan. 31 after the removal of lights and decoration. For more information, visit [CRgov.com/TreeRecycle](https://www.crgov.com/TreeRecycle).

- Founders Park, 4671 Enderud Blvd.
- Metzler Ranch Park, 4175 Trail Boss Drive
- Paintbrush Park, 3492 Meadows Blvd.
- Douglas County Fairgrounds, 500 Fairgrounds Road