



PARKS AND RECREATION DEPARTMENT

MONTHLY REPORT FROM JEFF BRAUER, PARKS AND RECREATION DIRECTOR

DECEMBER, 2015

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UPCOMING PARKS AND RECREATION EVENTS

- **December 26 – January 31**
 - Christmas Tree Recycling Event
- **Sunday, January 10**
 - Nuggets Skills Challenge, Recreation Center, 10 a.m.
- **January 25 - 30**
 - Hoopla basketball tournament, Mesa Middle School, all day
- **Friday, February 12**
 - Daddy Daughter Ball – “Sweet Moments”, Douglas County Events Center, 6:30 - 8:30 p.m.
- **Monday, February 29**
 - Colorado Bluebird Project Monitoring Open House, Town Hall, 7 – 8 p.m.
- **Wednesday, March 9**
 - Colorado Bluebird Project Monitoring Training, Public Safety Training Facility, 7 – 8:30 p.m.
- **Tuesday, March 29**
 - Ridgeline Wranglers season kick-off meeting, The Grange, 7 – 8 p.m.
- **Wednesday, April 6**
 - Rhyolite Bike Park Dirt Crew Season Kick-off Meeting, Philip S. Miller Library, 7 - 8 p.m.
- **Saturday, April 16**
 - Earth Day Willow Conservation Project, Festival Park, 9 a.m. – noon.
- **Monday, April 20**
 - Wild In Our Town, Philip S. Miller Library, 6:30 – 8:30 p.m.



**Ridgeline
Wranglers**



Annual Christmas Tree Recycling

PREPARED BY CANDY KELLER, SENIOR MAINTENANCE TECHNICIAN

This is the sixteenth year for the Town's tree recycling program, part of the Project Green environmental initiative. Take your tree to Centennial, Founders, Metzler Ranch Community or Paintbrush parks throughout the month of January. This is for Christmas trees only and mulch from recycled trees will be available at Metzler Ranch, Founders and Paintbrush parks on a first-come, first serve basis or until gone. Residents are responsible for loading the mulch into their vehicles.





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Season of the Star

PREPARED BY TARA MCGRAW, PARKS SENIOR OFFICE ASSISTANT

Parks and Signs and Markings staff spent approximately 915 hours to help support the Season of the Star series this holiday. The creativity and talent of Michael Yount, Ryan Hartman, Michael Medina and other staff members shined through in fabricating the art work and signs that were displayed all over Festival Park for the holiday series. Staff was always willing to assist when needed, which helped with the success of the events.

The team displayed cooperation to cover all responsibilities while also assisting in snow plowing and holiday lights while maintaining a high level of service completing daily tasks.

MAC Facilities

PREPARED BY MIKE KILMAN, FACILITIES SUPERVISOR

December was a very busy month at the Miller Activity Complex. Attendance increased by 16% over December 2014 numbers. There were several firsts this month, including over 8,000 drop-in admissions in one month and over 1,000 drop-in admissions in a single day. This was achieved during the School District holiday break on December 30.

The first two months of opening (November and December 2014) had a 12,582 drop-in admissions. In 2015 there were 14,419 admissions. This was a 14.6% increase over the same months in 2014. The youth-to-adult ratio remains approximately the same, with 62% youth admissions and 36% adult admissions. The trampoline court remains a strong draw for the community with 47% of drop in admission revenue coming from trampoline sales.

Recreation Center

PREPARED BY MIKE KILMAN, FACILITIES SUPERVISOR

Attendance numbers increased by 4% overall in 2015. There were over 300,000 daily visits to the Recreation Center this year. These numbers do not include any programs, which average approximately 3,000 visits per month. The senior population visits increased by 7.8%, adult attendance increased by 3.6% and youth visits remained pretty much the same. Exact figures are in the chart below.





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In 2015 a new fitness studio and Yoga / Pilates area were added to the Recreation Center to offer new adult fitness programming, which helped boost adult attendance numbers.

The newness of the Miller Activity Complex, which has many amenities geared towards youth, and the fact that the Recreation Center gymnasium is in constant use by our athletics programming has caused youth numbers to remain stagnant for the second straight year.

Attendance at the Recreation Center from 2014 to 2015:

Total Daily visits 2014: 290,235

Total Daily visits 2015: 301,882

(4.0% increase)

Senior Visits 2014: 69,970	Adult Visits 2014: 177,397	Youth Visits 2014: 42,868
Senior Visits 2015: 75,387 (7.8% increase)	Adult Visits 2015: 183,861 (3.6% increase)	Youth Visits 2015: 42,634

Miller Activity Complex

December 2015 MAC Birthday Parties	
Bump Soccer	2
Jumping Castle	0
Jumping Castle + Leisure Pool / Climbing Structure	2
Leisure pool / Climbing Structure	39
Sports Theme Party	5
Sports Theme Party + Leisure Pool / Climbing Structure	3
Sports Theme Party + Trampoline	2
Trampoline	6
Trampoline + Leisure Pool / Climbing Structure	6
Total Parties	65
Revenue	\$10,713

MAC Fitness Classes

PREPARED BY COURTNEY GLASS, FITNESS/WELLNESS COORDINATOR

December 2015 MAC Fitness Classes			
Class	Number of Sessions Offered	Number of Participants	Gross Revenue



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Power Hour Boot Camp	4	43	\$2,907
AeroFit Trampoline Fitness	5	59	\$4,925
FIT Moms	3	25	\$1,705

MAC Indoor Facility Rentals and Athletics

PREPARED BY NICOLE STEHLIK, ATHLETICS SUPERVISOR

Adult Sports

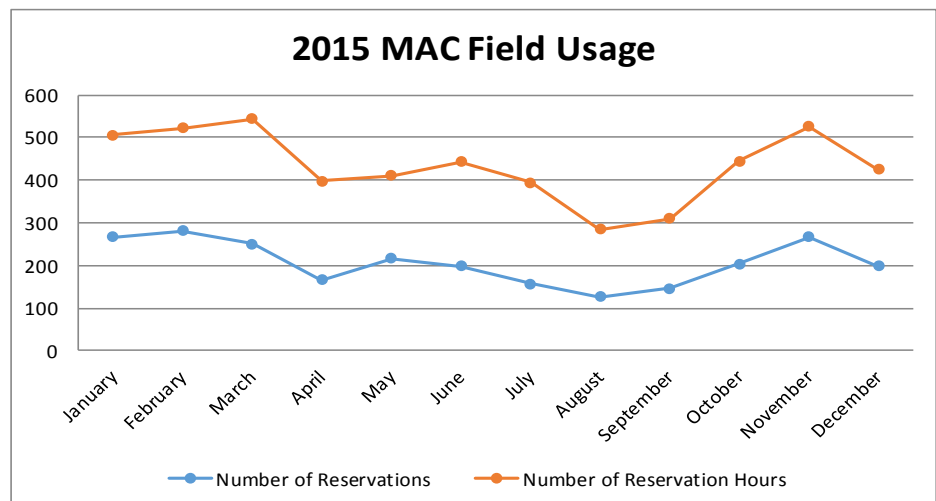
All the adult sports finished in December and took a two week break for the holidays before starting again in January. Registration is currently underway and a little slow, however staff expects many last minute registrations and remains hopeful to increase participation numbers in January.

Youth Sports

The MAC has been very slow in regards to programming due to the holidays. The lack of programming allows facility users to take advantage of the field space due to the larger number of customers in the facility during school break. The only new camp held during the break was a 3-day camp by Skyhawks on December 28 through 30 which accommodated 15 participants. Colorado Storm rented the fields on December 30 to run a 4v4 league. Fourteen teams utilized the fields from 8 a.m. to 3 p.m. This happened to fall on the same day the MAC had record breaking number of customers. The winter youth soccer league finished out at the beginning of the month and will start again in January. Staff is expecting at least 5 to 10 more teams for this next season.

Facility Rentals

Field space is extremely limited except for holiday weeks. Teams such as soccer, lacrosse, and baseball continue to inquire about availability through the end of February.



Space and Trails – Planning and Construction Division

Philip S. Miller Park

PREPARED BY JEFF SMULLEN, MANAGER OF PARK PLANNING AND CONSTRUCTION

MW Golden Constructors and their subcontractors continued to work toward completion of Phase Two improvements. In December, framework for two of the four pavilion structures was erected along with the amphitheater stage canopy. The restroom building was completed and tile was set inside the Millhouse. Millhouse restrooms are also nearing substantial completion with the overall completion of the Millhouse scheduled for the end of the month. Play equipment was installed within the core plaza area and the pond is also operational.



Activities planned for January include the construction completion of the Millhouse, amphitheater stage concrete and stage cover fabric, picnic pavilion construction, pedestrian lighting and the start of irrigation installation. Tree planting may also begin depending on weather and frost conditions.



An exciting development related to property adjacent to Philip S. Miller Park also appears to be moving forward. The Castle Meadows Interchange Overlay Zone and development plan was approved on first reading by Town Council. If approved on second reading and signed off by the Town and Castle Meadows ownership, the park will grow by nearly 30 acres. This dedication is important because it completes the acquisition of the south valley.

Festival Park

Design Workshop has completed a 30% construction document plan set for review and coordination of sub-consultants. A 60% set will be ready for review during the first week of February. Existing plans are under review by Development Services, the Downtown Development Authority, Town staff and outside agencies.



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Trail Projects

PREPARED BY RICH HAVEL, TRAILS PLANNER

East Plum Creek Trail South

Funding for final design of the project to extend the East Plum Creek Trail to Crystal Valley Parkway is not available until 2017; however, staff has begun the preliminary design that will be used to identify land acquisition needs as well engineering assistance needs for floodplain, hydraulic and structural analysis. The preliminary design work will also allow staff to begin the process of engaging the Army Corps of Engineers, FEMA and Union Pacific Railroad for compliance with federal regulations and right of way issues.

Initial grading, drainage structures, creek crossings and wall design have been completed from Crystal Valley Parkway north to the project end at Perry Street. An additional 5,000 LF of trail has been designed, which includes a draft plan for grading, 800 LF of retaining wall, one storm water drainage culvert and two low water stream crossings. With the initial draft plan completed, staff will begin to calculate quantity takeoffs for earthwork, concrete trail, structural concrete, storm water culverts and railing to determine an estimated project cost.

Red Hawk Ridge Golf Course Improvements

As a municipally owned and managed golf course, golf staff has continued to look at ways to improve upon the course's high standards. In late October, park and golf staff met to discuss what improvements will be made to the facility; these items include realigning and replacing cart paths with concrete as well as adding and replacing restrooms from portable units to permanent buildings.

Staff hosted a pre-bid meeting for cart path construction on December 1, at which nine contractors were present. Two weeks following the meeting the Town received four bids for the first phase of course improvements, which include concrete cart paths along holes 1, 2 and 18 as well as concrete improvements at the driving range. Staff is currently evaluating the proposals received and will make an award of contract in January. The project is planned to begin in January and be completed by spring 2016. Work will be scheduled to ensure impact to business operations is minimized.



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Wolfensberger Pedestrian Bridge

The Wolfensberger Bridge Project will link Philip S. Miller Park with Ridgeline Open Space, creating a continuous 17-mile trail loop on a connected 650 acres of park and open space property. The project will provide an important link between a future major trail loop through Town, increase opportunities for special events and enhance the experience of trail users.

The project broke ground in early December with the contractor preparing the sub base using a combination of the geotextile fabric and structural fill to a depth of six feet below the bridge foundation. Foundation forms and rebar mats have been placed and are ready for concrete. The concrete pour was scheduled for December 23 and canceled due to conditions being below allowable temperatures. The concrete has been rescheduled for early January in hopes for warmer weather suitable for concrete placement. The project is currently on schedule to be completed with the Philip S. Miller Park Phase Two Improvements.



Open Space Projects

PREPARED BY BARBARA SPAGNUOLO, NATURAL RESOURCE SPECIALIST

Castle Rock Habitat Conservation Plan

The Incidental Take Permit associated with the Douglas County Habitat Conservation Plan (HCP) for the endangered Preble's Meadow Jumping Mouse is set to expire on May 11, 2016, ten years from initial issuance. Under law and as it is written in the Take Permit, the Permit is renewable. The HCP and Take Permit have allowed the Town to proceed with many CIP projects located within Preble's habitat since 2006, including the expansion of the East Plum Creek Trail, North Meadows Extension and multiple stream stabilization and water well construction projects. All three applicants (Towns of Castle Rock, Parker and Douglas County) agree that the HCP has been beneficial for construction feasibility and habitat improvements. With just a few months left before permit expiration, the applicants prepared a joint letter of notification to the U.S. Fish and Wildlife Service regarding the intent to renew the HCP and Take Permit as-is for an additional 10 years. As part of the renewal process, we will request Town Council approval at an upcoming meeting to submit a renewed federal Take Permit application and update the Intergovernmental Agreement between the other Applicants. With the renewal, the Town can proceed with the completion of the remaining list of identified



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road, bridge, trail and utility projects (known as Covered Activities) within Preble's habitat.

The HCP Permit Coordinator provided regulatory and background information on Endangered Species Act compliance to contractors at the pre-con meeting for the Meadows Alluvial Well Project. As part of the Plum Creek Water Purification Facility project, these last three wells (part of nine total) will be constructed along East Plum Creek. These wells supplement the Town's three existing alluvial wells by supplying renewable water for treatment. The Utilities Department anticipates construction of these three alluvial wells near the Meadows Parkway Bridge to begin in early January and to be completed by the end of April. Due to the location of the wells and access points for construction equipment, temporary and intermittent disturbances to the East Plum Creek Trail may occur. Trail users should look for warning signs in this area for the next several months.

POST VOLUNTEER PROGRAM

PREPARED BY LISA SORBO, PROGRAM COORDINATOR

Volunteerism with the POST Partners was down slightly from last year, because we did not have a park grand opening, like last year. POST logged 3701 volunteer hours this year, as well as coordinated another 1694 hours of volunteerism for five nights for the Castle of Terror. Those hours equate to approximately \$124,457 in estimated donated labor costs. *(Based on Independent Sector's Value of Volunteer Time at \$23.07 per hour.)*

Trail maintenance continues to be POST's largest volunteer assistance category.

- Regular contributors to this category include Keepers of the Rock (616 hours), the Ridgeline Wranglers (190 hours), and the Atlas Bear Team at Mesa Middle School (165 hours).
- Three churches, Front Range Christian Church, New Hope Presbyterian Church, and Journey Church, on three different outings, helped to resurface the Blue Loop, which is the trail coming down from the top of the Challenge Hill, by adding crusher fines along the trail (215 hours).





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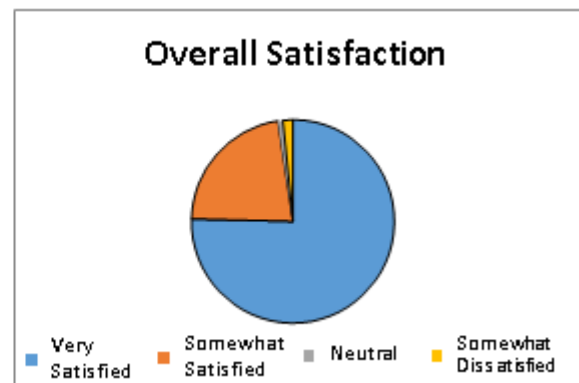
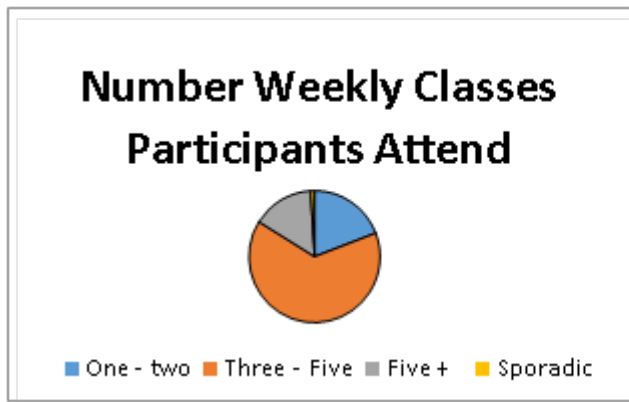
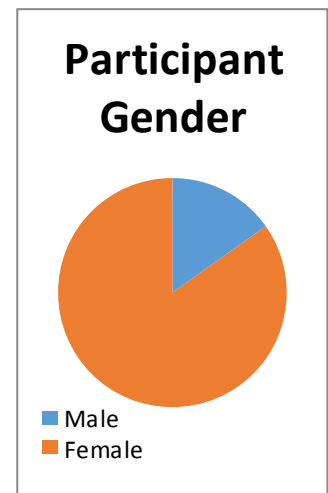
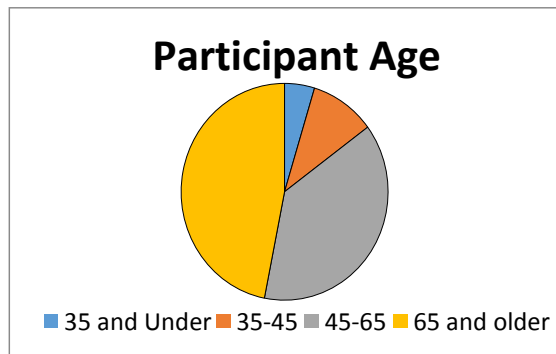
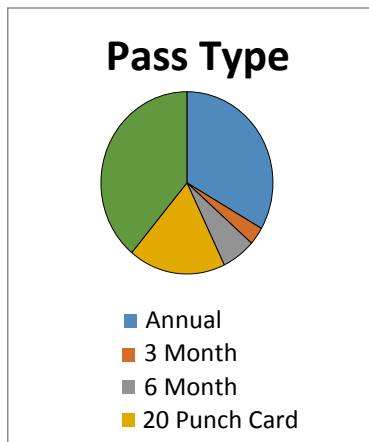
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Fitness

PREPARED BY COURTNEY GLASS, FITNESS/WELLNESS COORDINATOR

The annual year end group fitness survey is made available to fitness class participants during the entire month of December to solicit feedback regarding the Fitness Division's group fitness schedule. This year, the survey was available online as well as at the Recreation Center front desk and the division received over 130 completed surveys. Information from these surveys is used to assess future group fitness needs and to improve the existing group fitness schedule. Results are highlighted in the following charts:





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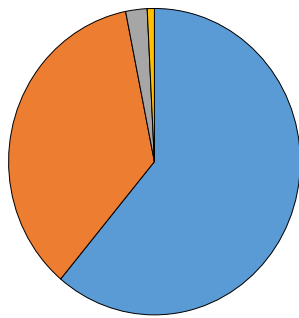
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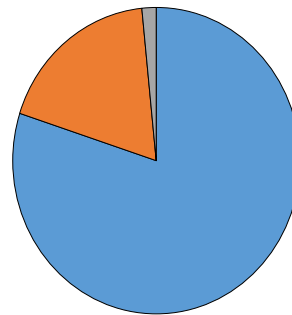
These results, which coincide with both the 2013 and 2014 annual survey results, show that the Fitness Division is still on target in trying to meet the needs of class participants. The majority of those who completed the survey are females 65 and older who hold either a Silver Sneakers or annual pass and attend three to five classes each week. A portion of the survey also assessed class participant satisfaction of fitness instructors, the results of which are compiled in the following charts:

Instructors teach form and directional cues



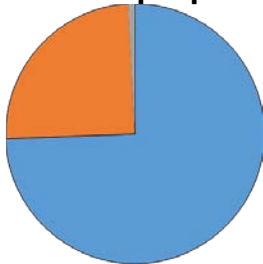
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Instructors are motivating



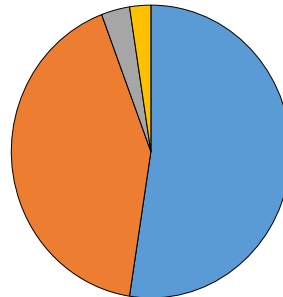
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Instructors are prepared for class



■ Always True ■ Mostly True ■ Neutral ■ Mostly Untrue ■ Completely Untrue

Instructors start and end class on time



■ Always True ■ Mostly True ■ Neutral ■ Mostly Untrue ■ Completely Untrue

Feedback regarding instructor cueing, knowledge, motivation and starting and ending class on time was overwhelmingly positive.



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2015 Group Fitness Attendance		
Month	Total Attendance	Average Per Class
January	7,246	17
February	6,636	17
March	7,443	17
April	6,832	16
May	6,778	17
June	6,389	15
July	6,716	15
August (Maintenance Shut Down Week)	4,849	14
September	6,167	14
October	6,292	14
November	5,506	14
December	5,862	14

2015 Monthly Personal Training Purchases

Month (2015)	Individual PT	Buddy PT	30 Min. Session	Reformer
January	50	12	29	N/A
February	45	5	19	N/A
March	79	2	23	N/A
April	98	12	21	N/A
May	54	4	21	N/A
June	74	2	10	7
July	70	18	6	15
August	49	11	16	3
September	45	4	23	5
October	49	8	19	6
November	35	4	7	8
December	40	3	10	11
Total	688	85	204	55