

July 17, 2026

David Corliss, Town Manager  
Trish Muller, Director of Finance  
Mayor and Members of the Town Council

Town of Castle Rock  
100 N. Wilcox Street  
Castle Rock, CO 80104

**Re: 2026 Castle Rock Senior Activity Center – First Half Town Contract Report**

Dear Mr. Corliss, Ms. Muller, Mayor, and Members of the Town Council,

On behalf of the Board of Directors, staff, volunteers, and members of the Castle Rock Senior Activity Center, thank you for your continued partnership and investment in the older adults of our community. Your support enables us to provide programs and services that help seniors remain healthy, independent, engaged, and connected while truly living our motto of "**Loving Life in the Second Half.**"

This year marks a significant milestone as the Castle Rock Senior Activity Center celebrates 55 years of serving the community. What began as a small gathering of older adults has grown into one of Colorado's premier senior centers, serving more than 1,350 members, providing over 160 activities and events each month, delivering nearly 1,000 transportation rides monthly, and connecting thousands of older adults with nutrition, wellness, educational, and social opportunities. We are proud that our commitment to excellence has once again been recognized as "Best of the Best" for Senior Services, we have received this distinction for over 10 years from Colorado Community Newspapers.

Beyond the programs and services highlighted in this report, CRSAC continues to strengthen the community through collaboration and volunteerism. The 12th Annual Senior Life Expo, our largest ever, brought together 122 exhibitors and more than 750 attendees, connecting older adults and caregivers with vital resources. Our Annual Golf Tournament, Craft Show, Dining to Donate events, and numerous community partnerships support not only the Senior Center but also local businesses, nonprofit organizations, and the broader Castle Rock community.

Our staff remain actively involved in initiatives that benefit older adults throughout Douglas County, including the Douglas County Senior Council, Community of Care, Colorado Park and Recreation Association, Active Adults Programs and Services, Douglas County High Needs Population Task Force, transportation planning efforts, and numerous county and regional

Castle Rock Senior Activity Center

2323 Woodlands Blvd. | Castle Rock, CO 80104

Main: 303-688-9498 | Fax: 303-814-1035 | [castlerockseniorcenter.org](http://castlerockseniorcenter.org)

advisory groups. These partnerships allow us to advocate for and improve the quality of life of older adults well beyond the walls of our Center.

As you review this report, one theme becomes clear: demand continues to outpace our available space. Membership, participation, transportation, wellness programs, and nutrition services continue to grow, and many of our most popular programs have reached capacity. While we greatly appreciate the Town's partnership in providing access to Panorama Hall, additional opportunities to utilize spaces such as the north lobby area, Spin Room, or other available rooms—and increased flexibility for advance scheduling of Panorama Hall—would allow us to better meet the needs of the rapidly growing older adult population in Castle Rock.

We recognize and appreciate the Town's continued commitment to serving residents of all ages. As Castle Rock continues to grow, so too does the need for programs and services that support older adults in maintaining their independence, health, and connection to the community. We look forward to continuing our partnership as we plan for the future and explore opportunities to expand our impact together.

Enclosed is our 2026 First Half Performance Report, highlighting the measurable outcomes and accomplishments achieved through the Town's investment during the first six months of the year.

Thank you again for your leadership, partnership, and continued support of the Castle Rock Senior Activity Center. We are proud to serve this community and look forward to working together to ensure that Castle Rock remains a place where older adults can continue to thrive for many years to come.

Warm regards,



**Debbi Haynie**

Executive Director

Castle Rock Senior Activity Center

[dhaynie@crgov.com](mailto:dhaynie@crgov.com)

# 2026 PERFORMANCE OBJECTIVES

## Programs & Activities

### **1. Provide an average of 150+ activities and events each month that support healthy, active, and engaged aging, including educational, recreational, and social opportunities.**

The Castle Rock Senior Activity Center continues to expand programming to meet the interests of our growing membership. In 2026, we are averaging more than 160 activities and events each month, providing opportunities for older adults to remain active, socially connected, and engaged.

Our diverse programming includes outdoor adventures such as hiking, white-water rafting, and go-karting; multiple sports leagues; theater and dining outings; educational seminars; creative arts; card games; and lifelong learning opportunities. Health and Wellness offerings continue to grow with balance and mobility classes, massage therapy, Lunch & Learns, and wellness workshops that promote healthy aging and independence.

Demand remains strong, with many programs reaching capacity and requiring additional sessions. While access to Panorama Hall has allowed us to expand several larger programs, continued growth highlights the need for additional flexible programming space to meet member demand.

### **2. Serve an average of over 3,000 duplicated senior participants monthly, ensuring continued access to diverse and meaningful programming that enhances quality of life.**

Membership continues to grow at record levels. As of June 30, 2026, CRSAC serves more than 1,350 members, including 217 new members this year. With an average age of 75, we continue to provide programs that appeal to a wide range of interests, abilities, and lifestyles.

Through fitness and sports, educational programs, arts, travel, volunteer opportunities, wellness initiatives, and social activities, the Center serves an average of more than 3,000 duplicated participants each month. Continued growth in both membership and participation reinforces the need to expand programming capacity and facility resources to ensure we can continue delivering high-quality experiences that promote independence, connection, and healthy aging.

**See attached:** Membership/Age & Gender Report, Participation Report, and Center Statistics Report.



---

## Transportation

### **1. Continue providing over 1,000 shuttle rides each month to seniors and adults with disabilities, ensuring access to medical appointments, social events, grocery stores, and other essential services.**

Transportation remains one of the Castle Rock Senior Activity Center's most essential services for the community, helping older adults and adults with disabilities maintain their independence and remain connected to healthcare, nutrition, and community activities. In 2026, demand remains strong, with the Center providing nearly 1,000 rides each month and welcoming 63 new riders during the first half of the year.

Our transportation program operates Monday through Friday using five to six shuttle vehicles throughout the Castle Rock service area, with two additional vehicles dedicated to medical appointments outside the local area, including the VA Hospital and Swedish Medical Center. Ride requests are prioritized for medical appointments, followed by nutrition and grocery trips, and then other essential transportation needs.

Our fleet consist of all-wheel-drive vehicles, improving the safety and reliability of service during Colorado's changing weather conditions. Our fleet now includes three SUVs, six minivans (two wheelchair accessible), two 10-passenger vans, and three 15-passenger buses (one wheelchair accessible).

The 10-passenger vans have significantly improved our ability to transport groups to congregate meals and Center activities. On Tuesdays and Thursdays, we complete multiple shuttle loops to accommodate the high demand for our VOA Hot Lunch Program and other activities.

As membership continues to grow, transportation demand continues to increase. Expanding this service remains a priority to ensure older adults can access healthcare, nutritious meals, shopping, and community programs while maintaining their independence.

### **2. Increase program participation by enrolling at least 75 new riders in 2026 through outreach, referrals, and community partnerships.**

CRSAC continues to expand access to transportation through outreach, referrals, and partnerships with healthcare providers, social service agencies, senior housing communities, and local organizations.

As of June 30, 2026, we have enrolled 63 new riders, placing us well ahead of schedule to exceed our goal of 75 new participants. Based on current trends, we anticipate welcoming more than 120 new riders by year-end, reflecting both the growing need for transportation services and the effectiveness of our community partnerships.

**See attached:** Rider Numbers and Trip Classification Report.



---

## Health & Wellness

### **1. Continue offering VOA low-cost congregate meals twice weekly and coordinate weekly Meals on Wheels deliveries to eligible homebound clients.**

Nutrition services remain a cornerstone of the Castle Rock Senior Activity Center's commitment to supporting the health and independence of older adults. Through our long-standing partnership with Volunteers of America (VOA), we provide affordable congregate lunches every Tuesday and Thursday, serving 50–60 participants at each meal while creating valuable opportunities for social connection.

Demand for the VOA Hot Lunch Program has reached the capacity of our largest meeting room, limiting future growth. Expanding access to Panorama Hall would allow us to serve more older adults and continue growing this highly valued program.

Our Meals on Wheels program continues to provide nutritious meals to homebound seniors, with an average of 2–3 new clients and 3–4 client transitions each month. In addition to serving long-term homebound individuals, the program also provides short-term meal support for older adults recovering from surgery or illness.

As demand continues to grow, recruiting additional volunteer drivers remains a priority to ensure timely meal delivery and the wellness checks that accompany each visit.

### **2. Provide a hot lunch delivery program twice a week to low-income senior housing communities, supporting both nutritional needs and social connection.**

Now in its fifth year, our Community Development Block Grant (CDBG)-funded Hot Lunch Delivery Program continues to provide nutritious meals twice each week to approximately 30 older adults living at Oakwood, Rio at the Rock, Auburn Ridge, Meadowmark, and the Castle Rock Extended Stay Motel.

In partnership with the Town of Castle Rock, the program delivers more than a meal. Regular visits provide wellness checks, social interaction, and reassurance for older adults who may otherwise experience isolation, helping them remain healthy and independent in their homes.

### **3. Expand wellness programming to include new classes, workshops, and health initiatives that address the evolving physical, mental, and emotional needs of older adults.**

Wellness programming remains a core component of our services, with an average of 18 wellness-focused programs each month designed to support physical, mental, and emotional well-being.

New and expanded offerings include Balance & Range of Motion Workshops held twice monthly, Seated Dance Classes, expanded Arts & Crafts and Mobility Workshops, and our growing Low Vision Support Group, which consistently serves 14–16 participants each session.

Our Connect & Care Program, originally launched during the pandemic, continues to provide an important lifeline for isolated older adults. With renewed funding through a Douglas County Grant - Older Adult Initiative (OAI), we resumed enrolling new participants this year. During the first half of 2026, more than 20 volunteers placed 747 wellness calls to approximately 30 older adults, providing companionship, wellness check-ins, and early identification of potential concerns.

Together, these nutrition and wellness programs help older adults remain healthier, more connected, and better equipped to live independently.

**See attached:** VOA/MOW Program Report, Connect & Care Call Report, and Center Statistics Report.

---

## Center Objectives

### **1. Lead community outreach and resource connection for older adults through events such as the 12th Annual Senior Life Expo, held June 3, 2026, at the Douglas County Events Center.**

The 12th Annual Senior Life Expo was our largest and most successful event to date, reinforcing its role as Douglas County's premier resource fair for older adults, caregivers, and families. The Expo featured 122 exhibitors and welcomed more than 750 attendees, connecting participants with healthcare providers, nonprofit organizations, government agencies, housing resources, financial and legal professionals, recreation providers, and other organizations serving older adults.

In addition to the exhibitor hall, attendees participated in three educational presentations presented by Douglas County Libraries, Chefs for Seniors, and the Denver Regional Mobility & Access Council (DRMAC), with a combined attendance of 82 participants.

The Expo Program Guide continues to serve as a valuable year-round resource, connecting older adults and their families with local services supporting health, wellness, transportation, housing, caregiving, and successful aging.

Planning is already underway for the 13th Annual Senior Life Expo, scheduled for June 2, 2027, at the Douglas County Events Center.

### **2. Maintain CRSAC's role as a trusted hub for aging services, strengthening collaboration with local organizations, agencies, and stakeholders to support seniors throughout the community.**

The Castle Rock Senior Activity Center continues to serve as a trusted resource by connecting older adults with programs, services, and community resources that support healthy, independent aging. Through partnerships with the Town of Castle Rock, Douglas County, Douglas County Libraries, Castle Rock Recreation Center, Denver Regional Council of Governments (DRCOG), Denver Regional Mobility & Access Council (DRMAC), Area Agency on Aging (AAA), healthcare providers, senior housing communities, nonprofit organizations, local foundations and local businesses, CRSAC expands access to transportation, nutrition, wellness programs, education, volunteer opportunities, and community resources.

Beyond the services we provide directly, our staff serves as a central point of contact for information and referrals, helping older adults and their families navigate available community resources. Through collaborative partnerships, educational programs, outreach initiatives, and the annual Senior Life Expo, CRSAC continues to strengthen the network of services available to older adults throughout Douglas County.

As the senior population continues to grow, CRSAC remains committed to expanding partnerships, increasing collaboration, and serving as a trusted leader in supporting healthy, active, and connected aging.

---

## **Attachments**

1. Membership/Age & Gender Report – 2026
2. Center Statistics Report
3. Center Participation Report
4. Rider Numbers and Trip Classification Report
5. VOA/MOW Program Report
6. Connect & Care Call Report
7. Senior Life Expo Program



## FILTERS

selected-Pick 1 date only.

Membership -- ALL MEMBERS

**Castle Rock Senior Center**

Report Range: 6/30/2026 12:00am to 6/30/2026

11:59pm

| Membership Name        | Code  | Freq   | Fee     | Count | Gender |        |       |       | Age Breakdown |       |       |       |       |     | Avg   |
|------------------------|-------|--------|---------|-------|--------|--------|-------|-------|---------------|-------|-------|-------|-------|-----|-------|
|                        |       |        |         |       | Male   | Female | Other | Blank | Under 50      | 50-64 | 65-69 | 70-74 | 75-79 | 80+ |       |
| Regular                | REG   | YEARLY | \$40.00 | 1310  | 471    | 832    |       | 7     | 1             | 86    | 158   | 287   | 352   | 422 | 76.04 |
| Associate              | ASSOC | YEARLY | \$40.00 | 16    | 3      | 13     |       |       | 5             | 7     | 0     | 1     | 2     | 1   | 58.34 |
| Honorary               | HONOR | YEARLY | \$0.00  | 2     | 2      |        |       |       | 0             | 0     | 0     | 0     | 0     | 0   |       |
| Lifetime               | LIFE  | YEARLY | \$0.00  | 15    | 7      | 8      |       |       | 0             | 0     | 0     | 1     | 1     | 12  | 81.35 |
| Companion              | COPAN | YEARLY | \$0.00  | 5     | 1      | 4      |       |       | 0             | 1     | 0     | 0     | 0     | 1   | 37.60 |
| AVERAGE AGE ACROSS ALL |       |        |         |       |        |        |       |       |               |       |       |       |       |     | 75.63 |



# CASTLE ROCK SENIOR ACTIVITY CENTER

## 2026 Castle Rock Senior Activity Center Statistics

| 2026           |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
|----------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------|-------------------------------------|------------------------------------------|------------------------------------------------------------|------------------------------|------------------|---------------------------------------|---------------------------------|-------------------------|---------------|----------------------------------------|--------------|
|                | 2026<br># OF<br>ONSITE<br>ACTIVITIES/<br>EVENTS<br>OFFERED<br>(1E ONSITE) | 2026<br># OF<br>OFFSITE<br>ACTIVITIES/<br>EVENTS<br>OFFERED (1E<br>OFFSITE) | 2026<br># OF<br>ALL<br>ACTIVITIES/<br>EVENTS<br>OFFERED (1E) | PARTICIPATION                                     |                                     |                                          | TRANSPORTATION                                             |                              | VOLUNTEER HOURS  |                                       |                                 |                         |               | Total of<br>All Vol.<br>HRS<br>Columns |              |
|                |                                                                           |                                                                             |                                                              | 2026<br>ON-SITE<br>ACTIVITY<br>PARTICIPANTS<br>1E | 2026<br>OFFSITE/<br>SPORTS/<br>MISC | 2026<br>CENTER<br>VISITORS<br>(Walk-ins) | 2026<br>TOTAL<br>ATTENDEES<br>(All Programs<br>& Services) | ACTIVITY/<br>EVENTS<br>RIDES | SHUTTLE<br>RIDES | SHUTTLE/<br>SPECIAL<br>DRIVER<br>(3D) | MEALS<br>ON<br>WHEELS<br>DRIVER | EVENT<br>DRIVER<br>(3D) | ADMIN<br>HELP |                                        | ALL<br>OTHER |
| JAN            | 172                                                                       | 20                                                                          | 192                                                          | 2378                                              | 462                                 | 100                                      | 2940                                                       | 127                          | 816              | 660                                   | 195                             | 30                      | 80            | 1004                                   | 1969         |
| FEB            | 149                                                                       | 26                                                                          | 179                                                          | 2398                                              | 446                                 | 95                                       | 2939                                                       | 125                          | 831              | 606                                   | 204                             | 13                      | 128           | 810                                    | 1761         |
| MAR            | 172                                                                       | 53                                                                          | 225                                                          | 2839                                              | 803                                 | 110                                      | 3752                                                       | 152                          | 887              | 583                                   | 224                             | 28                      | 102           | 1154                                   | 2091         |
| APR            | 181                                                                       | 47                                                                          | 228                                                          | 2828                                              | 733                                 | 110                                      | 3671                                                       | 196                          | 1006             | 674                                   | 239                             | 38                      | 144           | 1032                                   | 2127         |
| MAY            | 178                                                                       | 50                                                                          | 228                                                          | 2781                                              | 1052                                | 100                                      | 3933                                                       | 136                          | 867              | 633                                   | 217                             | 52                      | 112           | 1174                                   | 2188         |
| JUNE           | 186                                                                       | 66                                                                          | 252                                                          | 2737                                              | 2127                                | 110                                      | 4864                                                       | 996                          | 966              | 630                                   | 222                             | 51                      | 110           | 1595                                   | 2608         |
| JULY           |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| AUG            |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| SEPT           |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| OCT            |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| NOV            |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| DEC            |                                                                           |                                                                             |                                                              |                                                   |                                     |                                          |                                                            |                              |                  |                                       |                                 |                         |               |                                        |              |
| 2026<br>TOTALS | 1038                                                                      | 262                                                                         | 1304                                                         | 15961                                             | 5623                                | 625                                      | 22099                                                      | 1732                         | 5373             | 3786                                  | 1301                            | 212                     | 676           | 6769                                   | 12744        |

Total Volunteer Hours in 2026 #

Total Volunteers in 2026 #

Total Rides (Activity, shuttle, events) in 2026 #



# CASTLE ROCK SENIOR ACTIVITY CENTER

## SUMMARY OF ACTIVITY PARTICIPATION AND # OF PARTICIPANTS BY CATEGORY 2026

|                | TOTAL # OF<br>PEOPLE AT ALL<br>ACTIVITIES (1A) | At - Home<br>Activities (1E) | TOTAL #<br>ATTENDEES-<br>VIRTUAL<br>ACTIVITIES -<br>Remember to add<br>VITU & VIRTUAL<br>FROM EVENT<br>CATEGORY<br>REPORT (1A) | TOTAL VOA HOT<br>MEALS | TOTAL # OF<br>PEOPLE MISC<br>(1A) | TOTAL # OF<br>PEOPLE AT ON-<br>SITE ACTIVITIES<br>(1E) | TOTAL # OF<br>PEOPLE OFF-<br>SITE TRIPS**<br>(1E) | TOTAL # OF<br>PEOPLE<br>HEALTH &<br>WELLNESS<br>ACTIVITIES ***<br>(1E) | TOTAL # OF<br>PEOPLE<br>CURRENT<br>SPORTS THIS<br>MONTH (1E) | # OF ACTIVITIES<br>/EVENTS<br>OFFERED THIS<br>MONTH | TOTAL NUMBER<br>OF RIDERS FOR<br>ACTIVITIES (Eds<br>#s) (1A1) | Notes about the<br>month                               |
|----------------|------------------------------------------------|------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|
| JAN            | 2940                                           | 0                            | 217                                                                                                                            | 440                    | 100                               | 2378                                                   | 185                                               | 232                                                                    | 185                                                          | 192                                                 | 127                                                           | closed for MLK Day<br>1/19                             |
| FEB            | 2939                                           | 0                            | 212                                                                                                                            | 455                    | 95                                | 2398                                                   | 229                                               | 198                                                                    | 160                                                          | 179                                                 | 125                                                           | closes 2/16 for<br>Presidents Day                      |
| MAR            | 3752                                           | 0                            | 225                                                                                                                            | 500                    | 110                               | 2839                                                   | 217                                               | 241                                                                    | 581                                                          | 225                                                 | 152                                                           | closed for activities<br>on 3/6 at 11am due<br>to snow |
| APR            | 3671                                           | 0                            | 204                                                                                                                            | 525                    | 110                               | 2828                                                   | 289                                               | 284                                                                    | 450                                                          | 228                                                 | 196                                                           |                                                        |
| MAY            | 3931                                           | 0                            | 204                                                                                                                            | 419                    | 100                               | 2781                                                   | 191                                               | 248                                                                    | 851                                                          | 228                                                 | 136                                                           | Closed for Memorial<br>Day                             |
| JUNE           | 4864                                           | 0                            | 200                                                                                                                            | 474                    | 110                               | 2701                                                   | 2127                                              | 203                                                                    | 1216                                                         | 185                                                 | 145                                                           | Senior Expo                                            |
| JULY           |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| AUG            |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| SEPT           |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| OCT            |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| NOV            |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| DEC            |                                                |                              |                                                                                                                                |                        |                                   |                                                        |                                                   |                                                                        |                                                              |                                                     |                                                               |                                                        |
| 2026<br>TOTALS | 22097                                          |                              | 1262                                                                                                                           | 2813                   | 626                               | 15925                                                  | 3239                                              | 1406                                                                   | 3443                                                         | 1237                                                | 881                                                           |                                                        |





# **CASTLE ROCK SENIOR ACTIVITY CENTER**

## **2026 Rider Numbers and Trip Classifications**

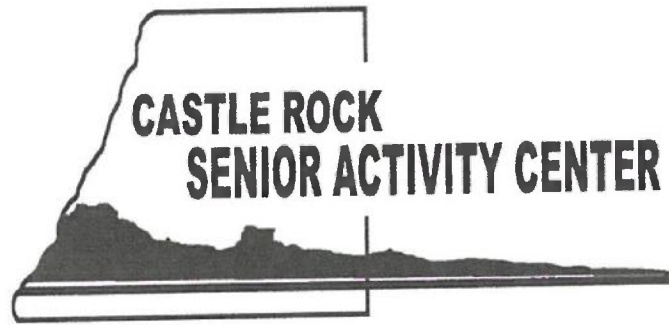
| 2026 Rider Numbers and Trip Classifications |                   |  |         |         |                       |                     |                 |           |                      |  | Non Rider Trips |                             |
|---------------------------------------------|-------------------|--|---------|---------|-----------------------|---------------------|-----------------|-----------|----------------------|--|-----------------|-----------------------------|
| Month                                       | New Clients Added |  | Medical | Grocery | Employment /Volunteer | SR Center/ Activity | Quality of Life | Nutrition | Shuttle Rider Totals |  | Specials        | Event/Activity Rider Totals |
| January                                     | 11                |  | 249     | 40      | 36                    | 238                 | 72              | 181       | 816                  |  | 35              | 127                         |
| February                                    | 7                 |  | 272     | 35      | 45                    | 212                 | 65              | 202       | 831                  |  | 35              | 125                         |
| March                                       | 22                |  | 306     | 22      | 37                    | 195                 | 107             | 220       | 887                  |  | 22              | 152                         |
| April                                       | 6                 |  | 347     | 30      | 40                    | 244                 | 113             | 232       | 1006                 |  | 22              | 196                         |
| May                                         | 9                 |  | 295     | 37      | 30                    | 236                 | 73              | 167       | 838                  |  | 29              | 136                         |
| June                                        | 8                 |  | 426     | 22      | 35                    | 218                 | 87              | 208       | 996                  |  | 32              | 145                         |
| July                                        | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| August                                      | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| September                                   | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| October                                     | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| November                                    | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| December                                    | 0                 |  | 0       | 0       | 0                     | 0                   | 0               | 0         | 0                    |  | 0               | 0                           |
| YTD                                         | 63                |  | 1895    | 186     | 223                   | 1343                | 517             | 1210      | 5374                 |  | 175             | 881                         |

|               |                          |
|---------------|--------------------------|
| <b>Closed</b> |                          |
| Jan           | 1st, 2nd & 19th Holiday  |
| Feb           | 16th - Holiday           |
| March         |                          |
| April         |                          |
| May           | 6 (snow), 25th - Holiday |
| June          | 19th - Holiday           |
| July          |                          |
| Aug           |                          |
| Sept          |                          |
| Oct           |                          |
| Nov           |                          |
| Dec           |                          |

|                    |     |
|--------------------|-----|
| As of June 2026    |     |
| Total Riders using | 165 |

| VOA Dining Room Program |                             |                 |                 |              |                        |                       |                         |                   |  | Meals on Wheels Program |                         |                   |                               |                 |                      |           |                    |             |
|-------------------------|-----------------------------|-----------------|-----------------|--------------|------------------------|-----------------------|-------------------------|-------------------|--|-------------------------|-------------------------|-------------------|-------------------------------|-----------------|----------------------|-----------|--------------------|-------------|
| Month                   | Meals served in Dining Room | Meals Delivered | Total Hot Meals | 2-Meal Boxes | Total 2-Meal Boxes(2x) | Total amount of Meals | Clients receiving meals | New clients added |  | Households served       | Clients receiving meals | New Clients Added | Clients Discontinuing Service | Boxes Delivered | Total meals (box 5X) | Breakfast | Total Breakfast X5 | Total meals |
| Jan                     | 279                         | 161             | 440             | 60           | 120                    | 560                   | 89                      | 6                 |  | 42                      | 49                      | 1                 | 5                             | 154             | 770                  | 18        | 90                 | 860         |
| Feb                     | 294                         | 161             | 455             | 42           | 84                     | 539                   | 81                      | 1                 |  | 36                      | 41                      | 1                 | 11                            | 133             | 665                  | 16        | 80                 | 745         |
| Mar                     | 318                         | 182             | 500             | 54           | 108                    | 608                   | 85                      | 4                 |  | 38                      | 43                      | 5                 | 2                             | 153             | 765                  | 16        | 80                 | 845         |
| Apr                     | 338                         | 187             | 525             | 78           | 156                    | 681                   | 87                      | 3                 |  | 37                      | 42                      | 1                 | 1                             | 151             | 755                  | 0         | 0                  | 755         |
| May                     | 253                         | 166             | 419             | 38           | 76                     | 495                   | 73                      | 2                 |  | 35                      | 39                      | 4                 | 0                             | 131             | 655                  | 0         | 0                  | 655         |
| Jun                     | 300                         | 174             | 474             | 0            | 0                      | 474                   | 88                      | 8                 |  | 38                      | 44                      | 3                 | 3                             | 150             | 750                  | 0         | 0                  | 750         |
| Jul                     |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| Aug                     |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| Sept                    |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| Oct                     |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| Nov                     |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| Dec                     |                             |                 |                 |              |                        |                       |                         |                   |  |                         |                         |                   |                               |                 |                      | 0         | 0                  |             |
| YTD                     | 1782                        | 1031            | 2813            | 272          | 544                    | 3357                  | 503                     | 24                |  | 226                     | 258                     | 15                | 22                            | 872             | 4360                 | 50        | 250                | 4610        |

no more breakfast boxes  
no more 2 day boxes



| Connect & Care Calls<br>2026 |                        |  |                         |                      |                            |
|------------------------------|------------------------|--|-------------------------|----------------------|----------------------------|
| Month                        | Total<br>Calls<br>Made |  | Unduplicated<br>Clients | New Clients<br>Added | Volunteers<br>Making Calls |
| January                      | 140                    |  | 30                      | 1                    | 18                         |
| February                     | 117                    |  | 32                      | 2                    | 20                         |
| March                        | 128                    |  | 29                      | 0                    | 19                         |
| April                        | 131                    |  | 30                      | 0                    | 18                         |
| May                          | 115                    |  | 26                      | 0                    | 16                         |
| June                         | 116                    |  | 25                      | 0                    | 14                         |
| July                         |                        |  |                         |                      |                            |
| August                       |                        |  |                         |                      |                            |
| September                    |                        |  |                         |                      |                            |
| October                      |                        |  |                         |                      |                            |
| November                     |                        |  |                         |                      |                            |
| December                     |                        |  |                         |                      |                            |
| YTD                          | 747                    |  |                         |                      |                            |

reported  
to grant:

130  
117  
128  
131  
115  
47

Closed for 3 days- annual  
Maintenance



# Senior Life



## EXPO

June 3, 2026 - 1:00-5:00 PM

### PROGRAM BOOK

Opening Doors  
Cultivating Wellness  
Celebrating Community

Organized by the  
Castle Rock Senior Activity Center

# GUIDE TO THE SENIOR LIFE EXPO



*Executive Director, Debbi Haynie  
& CRSAC President, Ed Mattix*

## Welcome to the 2026 Senior Life EXPO!

We're excited to bring you today's event featuring 121 senior-focused resources along with 3 engaging presentations.

Upon arrival, you received a welcome bag with brochures and goodies, an EXPO Program Book, and a Passport Card to help guide you and make the most of your experience.

This event is proudly organized and sponsored by the Castle Rock Senior Activity Center (CRSAC). This year is especially meaningful as we celebrate 55 years of serving older adults in our community. As a small non-profit, CRSAC provides activities, programs, events, transportation, support services and more for active, independent adults age 50 and up.

If you're new to the area or have a family member nearby looking to connect, we invite you to stop by our table or visit us at 2323 Woodlands Blvd. We would love to meet you and share how we promote "Loving Life in Our Second Half".

Today's presentations are designed to provide valuable techniques and answers to important methods. Take a few moments to plan which sessions you'd like to attend; they're created with you in mind. Be sure to visit each resource booth, where local organizations are ready to support and connect with you. Look for our Advertising and Presentation Partner booths for featured information (Presentation Partner booths are found on Page #3, and Advertising Partner booths on Pages 15-20).

For the best experience, use your Passport Card as your guide around the room. As you visit each booth, be sure to collect a stamp. Once completed, fill in your contact information and drop your card at the Passport Station before you leave. You'll be entered into a prize drawing (no need to be present to win, winners will be contacted next week/your information will not be shared). Winners will also be announced during the final hour of the event (4:00PM-5:00PM).

Thank you for joining us, for being part of this special event, and for helping us celebrate 55 years of CRSAC serving our community!

**2**  
**Guide to the Senior Life Expo**  
Welcome

**3**  
**Presentations**  
Douglas County Libraries, Chefs  
for Seniors, DRMAC

**4-6**  
**Partners by Alpha Order**

**7**  
**Map**

**8-14**  
**Partners by Category**

**14 Events**  
Ducky Derby, Baby Shower

**15**  
**Food trucks**  
Fanwich, Samos Grill,  
Hottie Rob's, The Captain

**16-20**  
**Advertising**

**20**  
**Volunteer With Us**

**21**  
**Save These Dates**

**22**  
**34th Annual**  
**Craft Show Extraordinaire**

**23**  
**Thank You**  
**Douglas County First Call**

**24**  
**Contact Us**





# PRESENTATIONS



Access valuable, up-to-date information on the issues that matter most, today and tomorrow. Get answers to questions you didn't know you had, hear from trusted professionals, and discover resources to support your next chapter. Each session is designed with you in mind, to help you make informed decisions and take action with confidence.



## **Presentation #1 Smart Phone Apps**

**1:15 PM Conference Room**

**Presented by Juliet Schaffhauser**

Learn to confidently use your smartphone in a supportive, easy-to-follow session designed for older adults. Explore basic features, discover helpful apps, and get your questions answered during a live Q&A. Staying connected and navigating daily life is easier with the right skills—at any age. Visit Douglas County Libraries at Booth #54.



## **Presentation #2 Simply Cooking With Chefs For Seniors**

**2:30 PM Conference Room**

**Presented by Chef CJ Murfey & Sandra Murray**

Chefs for Seniors specializes in preparing home-cooked, flavorful, and nutritious meals for seniors throughout the Denver area. Join us to learn more about their services from their Head Chef and enjoy a delicious sample! You can visit them at Booth #55.



## **Presentation #3 DRMAC Resources**

**3:45 PM Conference Room**

**Presented by LaToya Prante, DRMAC, Denver Regional Mobility & Access Council**

Join DRMAC to learn how to get around Douglas County! Come hear of DRMAC's fantastic resources for Seniors as they serve 9-counties. We'll learn about Uber, Bird Basics, RTD Basics (Regional Transportation District) and more. DRMAC is also located at Booth #66.



# PARTNERS by **ALPHA ORDER**

- ~ AARP Driver Safety / 888-687-2277 / **Booth #12**
- ~ AARP Elder Watch / 1-800-222-4444 / **Booth #29**
- ~ Acasa Senior Care Of Colorado / 303-949-2273 / **Booth #31**
- ~ Advent Health Castle Rock (Hospital) / 720-455-5000 / **Booth #34**
- ~ Aftersight / 303-786-7777 / **Booth #19**
- ~ Agape Senior Daycare / 720-505-7740 / **Booth #52**
- ~ Aging Resources / 303-814-4300 / **Booth #25**
- ~ Alandra Mothorpe-Boyle, Licensed Insurance Broker / 303-883-5283 / **Booth #69**
- ~ All Veterans Honor Guard / 303-523-0533 / **Booth #41**
- ~ Alta Vista Dermatology / 303-888-6426 / **Booth #76**
- ~ Alzheimer's Association / 720-699-9283 / **Booth #72**
- ~ Amazing Wheels / 720-535-5222 / **Booth #3**
- ~ AOO / ENT Specialists Of The Rockies / 303-744-1961 / **Booth #43**
- ~ Bath Fitter / 303-788-0200 / **Booth #13**
- ~ Bath Hound / 720-853-5523 / **Booth #73**
- ~ Beyond Well LLC. / 720-254-1610 / **Booth #45**
- ~ Blossoms Senior Placement & Consulting / 720-299-6311 / **Booth #51**
- ~ Bridgewater Legacy Retirement / 720-408-0533 / **Booth #2**
- ~ Bristol Hospice / 720-988-7969 / **Booth #6**
- ~ Brookside Inn / 720-573-4346 / **Booth #59**
- ~ Burr Law / 720-500-2076 / **Booth #17**
- ~ Campbell Law / 303-773-2517 / **Booth #85**
- ~ CareBuilders At Home Of Lone Tree Colorado / 303-565-2870 / **Booth #94**
- ~ Castle Country Assisted Living / 303-482-5547 / **Booth #38**
- ~ Castle Rock Fire & Rescue / 303-660-1066 / **Booth #81**
- ~ Castle Rock Historical Society Museum / 303-814-3164 / **Booth #70**
- ~ Castle Rock Police Department / 303-663-6100 / **Booth #80**
- ~ Castle Rock Senior Activity Center / 303-688-9498 / **CRSAC Stations #1-12**
- ~ Chefs For Seniors / 720-445-8232 / **Booth #55**
- ~ Choice Hospice / 720-560-5217 / **Booth #87**
- ~ Civitan / 303-688-5610 / **Booth #1**
- ~ Colorado Department Of Regulatory Agencies, Division Of Securities  
/ 303-894-2320 / **Booth #5**
- ~ Colorado Gerontological Society / 303-333-3482 / **Booth #60**
- ~ Colorado Pain Care / 303-468-7246 / **Booth #26**
- ~ Colorado Talking Book Library / 303-727-9277 / **Booth #39**

# **PARTNERS by ALPHA ORDER**

(continued - page 2)

- ~ Compassionate Concierge Physicians Advanced Mobile Wound Care / 720-986-0850 / **Booth #84**
- ~ Cornerstone Caregiving / 719-662-8979 / **Booth #7**
- ~ Devoted Health / 407-267-5281 / **Booth #23**
- ~ Dose Health / 844-300-6212 / **Booth #104**
- ~ Douglas County Assessor / 303-660-7450 / **Booth #53**
- ~ Douglas County Health Department Colorado / 720-643-2400 / **Booth #99**
- ~ Douglas County Housing Partnership / 720-435-9229 / **Booth #89**
- ~ Douglas County Libraries / 303-791-7323 / **Booth #54**
- ~ Douglas County Older Adult Services & Transportation / 303-660-7347 / **Booth #36**
- ~ Douglas County School District Senior Gold Card / 720-219-9110 / **Booth #56**
- ~ Douglas County Sheriff's Office / 303-663-7748 / **Booth #32**
- ~ Douglas County Veteran Service Office/Douglas County Veterans Monument Foundation / 303-663-6200 / **Booth #96**
- ~ Drive With Confidence / 303-908-6322 / **Booth #97**
- ~ DRMAC (Denver Regional Mobility & Access Council) / 303-406-2718 / **Booth #66**
- ~ Early Childhood Service Corps / 720-635-7838 / **Booth #21**
- ~ Edward Jones / 720-736-7805 / **Booth #67**
- ~ Elevation Hospice / 720-608-2181 / **Booth #37**
- ~ Elle-Vated Cleaning Services / 720-713-4937 / **Booth #65**
- ~ Encompass Health / 303-334-1100 / **Booth #24**
- ~ Exit Realty DTC / 720-606-1995 / **Booth #98**
- ~ Family Connection Senior Placement LLC / 720-458-8098 / **Booth #46**
- ~ Folkestad Fazekas Barrick Patoile & James, PC / 303-660-7450 / **Booth #33**
- ~ Friends For Life / 303-321-2822 / **Booth #30**
- ~ Gardens Care Senior Living / 720-720-5604 / **Booth #61**
- ~ Gentiva Hospice / 303-660-6107 / **Booth #78**
- ~ Grasons Estate Sales of Castle Rock, Parker & Aurora / 720-779-0279 / **Booth #103**
- ~ Haven Homes Inc. / 720-505-6432 / **Booth #57**
- ~ HCA HealthONE Sky Ridge Hospital / 720-450-1585 / **Booth #75**
- ~ Hearing Life / 303-814-1725 / **Booth #27**
- ~ Heflebower Funeral / 720-344-6087 / **Booth #50**
- ~ Help & Hope Center / 303-688-1114 / **Booth #28**
- ~ Home Instead / 303-688-7852 / **Booth #18**
- ~ Horan & McConaty Funeral Home / 303-745-4418 / **Booth #105**
- ~ Humana / 720-501-7912 / **Booth #90**
- ~ Insurance Matters / 720-650-6821 / **Booth #74**
- ~ iPlace Seniors LLC. / 303-906-2359 / **Booth #22**

# **PARTNERS by ALPHA ORDER**

(continued - page 3)

- ~ Lamb Insurance Brokers / 720-273-3618 / **Booth #106**
- ~ McDonough Law Group (formerly Gubbels Law) / 303-688-1655 / **Booth #102**
- ~ Medicare & More / 512-300-5502 / **Booth #42**
- ~ Med Ride / 303-661-7337 / **Booth #107**
- ~ Mobility City / 720-534-7007 / **Booth #93**
- ~ Morningstar Senior Living / 719-793-2015 & 720-726-1495 / **Booth #109**
- ~ National Kidney Foundation / 720-748-9991 / **Booth #95**
- ~ Network For Nana / 303-745-4418 / **Booth #100**
- ~ New Hope Fix-It Ministry / 303-246-8744 / **Booth #82**
- ~ Nourish Meals On Wheels / 303-798-7642 / **Booth #47**
- ~ Novella Real Estate / 303-550-6671 / **Booth #49**
- ~ Number 1 Son, LLC / 888-222-4444 / **Booth #48**
- ~ Parkinsons Association Of The Rockies / 303-830-1839 / **Booth #40**
- ~ People Helpers Ltd / 303-420-2900 / **Booth #64**
- ~ Pet Care Club Of Douglas County / 720-722-8854 / **Booth #15**
- ~ Podiatry Associates Inc. / 303-805-5156 / **Booth #92**
- ~ Porch Light Health / 1-866-MAT-STAT / **Booth #10**
- ~ Reunion Rehabilitation Hospital Inverness / 720-741-8800 / **Booth #108**
- ~ Road Scholar / 800-474-5768 / **Booth #101**
- ~ Select Health / 720-285-7169 / **Booth #8**
- ~ Seniors' Council Of Douglas County / 303-814-4300 / **Booth #77**
- ~ Silver Heights Skilled Nursing & Rehab / 303-688-3174 / **Booth #91**
- ~ Strong Law Firm / 303-900-8819 / **Booth #71**
- ~ Terra Bluffs Senior Living / 720-798-3770 / **Booth #20**
- ~ The Center At Lincoln / 720-214-7777 / **Booth #63**
- ~ The Denver 100 / 720-990-0693 / **Booth #79**
- ~ The Denver Hospice / 303-398-6200 / **Booth #58**
- ~ The Harris Law Firm / 303-515-5000 / **Booth #4**
- ~ The Ivy (formerly Bonaventure Sr Living) / 720-547-2330 / **Booth #9**
- ~ The Nokbox / [www.thenokbox.com](http://www.thenokbox.com) / **Booth #16**
- ~ The Sophia Apartments / 720-743-9400 / **Booth #44**
- ~ Touching Hearts At Home / 303-718-6438 / **Booth #68**
- ~ Torregrossa Insurance / 303-814-1113 / **Booth #83**
- ~ USA Benefits For Veterans / 303-946-2696 / **Booth #11**
- ~ Visiting Angels / 720-981-0804 / **Booth #35**
- ~ (VOA) Volunteers Of America Colorado RSVP Program / 720-264-3339 / **Booth #86**
- ~ Woodlake Legacy Senior Living / 303-237-5700 / **Booth #88**
- ~ Zenith Reverse Mortgage / 720-639-9314 / **Booth #62**



2026

Senior Life

EXPO

Presented by  
The Castle Rock Senior Activity Center

| INT | XX | INT | XX | INT | XX | XXX<br>Guest<br>Seating<br>Area |
|-----|----|-----|----|-----|----|---------------------------------|
| 14  |    | 15  |    | 16  |    |                                 |

PARTNER CHECK-IN

|    |    |
|----|----|
| 17 | 44 |
| 18 | 43 |
| 19 | 42 |
| 20 | 41 |
| 21 | 40 |
| 22 | 39 |
| 23 | 38 |

|    |    |
|----|----|
| 45 | 64 |
| 46 | 63 |
| 47 | 62 |
| 48 | 61 |
| 49 | 60 |
| 50 | 59 |
| 51 | 58 |

| INT | XX | INT | XX | INT | XX | INT | XX |
|-----|----|-----|----|-----|----|-----|----|
| 65  |    | 66  |    | 67  |    | 68  |    |

|    |    |
|----|----|
| 69 | 98 |
| 70 | 97 |
| 71 | 96 |
| 72 | 95 |
| 73 | 94 |
| 74 | 93 |
| 75 | 92 |

CRSAC  
Volunteer  
Station

Restrooms

|    |
|----|
| 13 |
| 12 |
| 11 |
| 10 |

|   |
|---|
| 9 |
|---|

XXX  
Guest  
Seating  
Area

Doors  
Unlocked -  
Open Areas

|   |
|---|
| 8 |
|---|

|   |
|---|
| 7 |
|---|

|   |
|---|
| 6 |
|---|

|   |
|---|
| 5 |
|---|

|   |
|---|
| 4 |
|---|

Guest  
Seating  
Area

|   |   |   |                                          |
|---|---|---|------------------------------------------|
| 3 | 2 | 1 | CRSAC<br>PASSPORT<br>CARDS<br>Collection |
|---|---|---|------------------------------------------|

|    |    |
|----|----|
| 24 | 37 |
| 25 | 36 |
| 26 | 35 |

|    |    |
|----|----|
| 52 | 57 |
| 53 | 56 |
| 54 | 55 |

|    |    |
|----|----|
| 76 | 91 |
| 77 | 90 |
| 78 | 89 |

XXX  
Guest  
Seating  
Area

Doors  
Unlocked -  
Open Areas

FOOD  
TRUCKS  
OUTSIDE

|     |
|-----|
| 104 |
|-----|

|     |
|-----|
| 105 |
|-----|

|     |
|-----|
| 106 |
|-----|

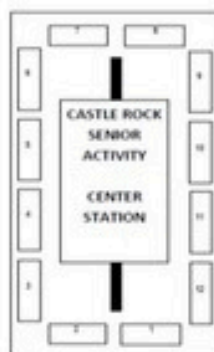
|     |
|-----|
| 107 |
|-----|

|     |
|-----|
| 108 |
|-----|

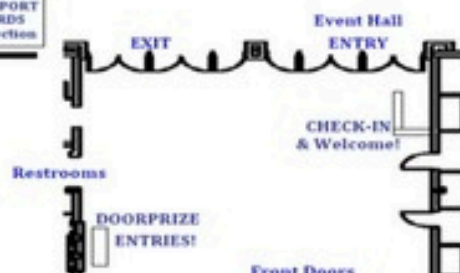
|     |
|-----|
| 109 |
|-----|

Guest  
Seating  
Area

MAIN HALL



|    |    |
|----|----|
| 79 | 88 |
| 80 | 87 |
| 81 | 86 |
| 82 | 85 |
| 83 | 84 |



ENTRANCE

—PRESENTATIONS—  
(Conference Rooms)

Senior Life  
EXPO

Presented by  
The Castle Rock Senior Activity Center

Senior Life

EXPO

Presented by  
The Castle Rock Senior Activity Center  
DOUGLAS COUNTY EVENTS CENTER  
1:00-5:00 PM

2026

# PARTNERS by Category

## ADULT DAY CARE

- ~ Agape Senior Daycare / 720-505-7740 / [Booth #52](#)
- ~ Haven Homes Inc. / 720-505-6432 / [Booth #57](#)

## ALTERNATIVE HEALTH

- ~ Colorado Pain Care / 303-468-7246 / [Booth #26](#)
- ~ Compassionate Concierge Physicians Advanced Mobile Wound Care / 720-986-0850 / [Booth #84](#)

## CULTURAL & RECREATION

- ~ Castle Rock Historical Society Museum / 303-814-3164 / [Booth #70](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Douglas County Libraries / 303-791-7323 / [Booth #54](#)
- ~ Douglas County School District Senior Gold Card / 720-219-9110 / [Booth #56](#)
- ~ Road Scholar / 800-474-5768 / [Booth #101](#)

## DISABLED SERVICES

- ~ Aftersight / 303-786-7777 / [Booth #19](#)
- ~ Civitan / 303-688-5610 / [Booth #1](#)
- ~ Colorado Talking Book Library / 303-727-9277 / [Booth #39](#)
- ~ Douglas County Veteran Service Office/DC Veterans Monument Foundation / 303-663-6200 / [Booth #96](#)
- ~ Mobility City / 720-534-7007 / [Booth #93](#)

## EMERGENCY SERVICES

- ~ Advent Health Castle Rock (Hospital) / 720-455-5000 / [Booth #34](#)
- ~ Castle Rock Fire & Rescue / 303-660-1066 / [Booth #81](#)
- ~ Castle Rock Police Department / 303-663-6100 / [Booth #80](#)
- ~ Douglas County Sheriff's Office / 303-663-7748 / [Booth #32](#)
- ~ HCA HealthONE Sky Ridge Hospital / 720-450-1585 / [Booth #75](#)

## FINANCIAL SERVICES

- ~ Edward Jones / 720-736-7805 / [Booth #67](#)
- ~ Humana / 720-501-7912 / [Booth #90](#)
- ~ Zenith Reverse Mortgage / 720-639-9314 / [Booth #62](#)

## FOOD RESOURCES

- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Chefs For Seniors / 720-445-8232 / [Booth #55](#)
- ~ Help & Hope Center / 303-688-1114 / [Booth #28](#)
- ~ Nourish Meals On Wheels / 303-798-7642 / [Booth #47](#)
- ~ (VOA) Volunteers Of America Colorado RSVP Program / 720-264-3339 / [Booth #86](#)

## FUNERAL / CREMATION / CEMETERY

- ~ All Veterans Honor Guard / 303-523-0533 / [Booth #41](#)
- ~ Heflebower Funeral / 720-344-6087 / [Booth #50](#)
- ~ Horan & McConaty Funeral Home / 303-745-4418 / [Booth #105](#)

## GOVERNMENT PROGRAMS

- ~ All Veterans Honor Guard / 303-523-0533 / [Booth #41](#)
- ~ Colorado Department Of Regulatory Agencies, Division Of Securities / 303-894-2320 / [Booth #5](#)
- ~ Colorado Gerontological Society / 303-333-3482 / [Booth #60](#)
- ~ Colorado Talking Book Library / 303-727-9277 / [Booth #39](#)
- ~ Douglas County Assessor / 303-660-7450 / [Booth #53](#)
- ~ Douglas County Health Department Colorado / 720-643-2400 / [Booth #99](#)
- ~ Douglas County Older Adult Services & Transportation / 303-660-7347 / [Booth #36](#)
- ~ Douglas County Veteran Service Office/DC Veterans Monument Foundation / 303-663-6200 / [Booth #96](#)

Bucket List Trips, Mystery Trips, Travel, Dining Out, Cultural Experiences & More



# PARTNERS by Category

## HEALTH CARE PROVIDER

- ~ Advent Health Castle Rock (Hospital) / 720-455-5000 / [Booth #34](#)
- ~ Alta Vista Dermatology / 303-888-6426 / [Booth #76](#)
- ~ AOO / ENT Specialists Of The Rockies / 303-744-1961 / [Booth #43](#)
- ~ Bristol Hospice / 720-988-7969 / [Booth #6](#)
- ~ Colorado Pain Care / 303-468-7246 / [Booth #26](#)
- ~ Encompass Health / 303-334-1100 / [Booth #24](#)
- ~ HCA HealthONE Sky Ridge Hospital / 720-450-1585 / [Booth #75](#)
- ~ Hearing Life / 303-814-1725 / [Booth #27](#)
- ~ Porch Light Health / 1-866-MAT-STAT / [Booth #10](#)
- ~ Reunion Rehabilitation Hospital Inverness / 720-741-8800 / [Booth #108](#)
- ~ The Denver Hospice / 303-398-6200 / [Booth #58](#)

## HEALTH SCREENINGS

- ~ Advent Health Castle Rock (Hospital) / 720-455-5000 / [Booth #34](#)
- ~ AOO / ENT Specialists Of The Rockies / 303-744-1961 / [Booth #43](#)
- ~ Hearing Life / 303-814-1725 / [Booth #27](#)

## HOME HEALTH CARE AGENCY (Non-Medical)

- ~ Acasa Senior Care Of Colorado / 303-949-2273 / [Booth #31](#)
- ~ Beyond Well LLC. / 720-254-1610 / [Booth #45](#)
- ~ CareBuilders At Home Of Lone Tree Colorado / 303-565-2870 / [Booth #94](#)
- ~ Choice Hospice / 720-560-5217 / [Booth #87](#)
- ~ Cornerstone Caregiving / 719-662-8979 / [Booth #7](#)
- ~ Drive With Confidence / 303-908-6322 / [Booth #97](#)
- ~ Friends For Life / 303-321-2822 / [Booth #30](#)
- ~ Home Instead / 303-688-7852 / [Booth #18](#)
- ~ Touching Hearts At Home / 303-718-6438 / [Booth #68](#)
- ~ Visiting Angels / 720-981-0804 / [Booth #35](#)

## HOME SAFETY / ACCESSIBILITY / REPAIR

- ~ Bath Fitter / 303-788-0200 / [Booth #13](#)
- ~ Bath Hound / 720-853-5523 / [Booth #73](#)
- ~ Elle-Vated Cleaning Services / 720-713-4937 / [Booth #65](#)
- ~ Mobility City / 720-534-7007 / [Booth #93](#)
- ~ New Hope Fix-It Ministry / 303-246-8744 / [Booth #82](#)
- ~ Number 1 Son, LLC / 888-222-4444 / [Booth #48](#)
- ~ The Denver 100 / 720-990-0693 / [Booth #79](#)

## HOSPICE AGENCY

- ~ Bristol Hospice / 720-988-7969 / [Booth #6](#)
- ~ Choice Hospice / 720-560-5217 / [Booth #87](#)
- ~ Elevation Hospice / 720-608-2181 / [Booth #37](#)
- ~ Gentiva Hospice / 303-660-6107 / [Booth #78](#)
- ~ The Denver Hospice / 303-398-6200 / [Booth #58](#)

Services, Wellness Programming, Special Interest Groups & Resources at CRSAC





# PARTNERS by Category

## HOUSING: ASSISTING LIVING

- ~ Agape Senior Daycare / 720-505-7740 / [Booth #52](#)
- ~ Bridgewater Legacy Retirement / 720-408-0533 / [Booth #2](#)
- ~ Castle Country Assisted Living / 303-482-5547 / [Booth #38](#)
- ~ Family Connection Senior Placement LLC / 720-458-8098 / [Booth #46](#)
- ~ Gardens Care Senior Living / 720-720-5604 / [Booth #61](#)
- ~ Haven Homes Inc. / 720-505-6432 / [Booth #57](#)
- ~ Morningstar Senior Living / 719-793-2015 & 720-726-1495 / [Booth #109](#)
- ~ Silver Heights Skilled Nursing & Rehab / 303-688-3174 / [Booth #91](#)
- ~ Terra Bluffs Senior Living / 720-798-3770 / [Booth #20](#)
- ~ Touching Hearts At Home / 303-718-6438 / [Booth #68](#)
- ~ The Ivy (formerly Bonaventure Sr Living) / 720-547-2330 / [Booth #9](#)
- ~ Woodlake Legacy Senior Living / 303-237-5700 / [Booth #88](#)

## HOUSING: INDEPENDENT LIVING

- ~ Bridgewater Legacy Retirement / 720-408-0533 / [Booth #2](#)
- ~ Douglas County Housing Partnership / 720-435-9229 / [Booth #89](#)
- ~ Family Connection Senior Placement LLC / 720-458-8098 / [Booth #46](#)
- ~ Morningstar Senior Living / 719-793-2015 & 720-726-1495 / [Booth #109](#)
- ~ Terra Bluffs Senior Living / 720-798-3770 / [Booth #20](#)
- ~ The Denver 100 / 720-990-0693 / [Booth #79](#)
- ~ The Ivy (formerly Bonaventure Sr Living) / 720-547-2330 / [Booth #9](#)
- ~ The Sophia Apartments / 720-743-9400 / [Booth #44](#)

## HOUSING: MEMORY CARE

- ~ Bridgewater Legacy Retirement / 720-408-0533 / [Booth #2](#)
- ~ Family Connection Senior Placement LLC / 720-458-8098 / [Booth #46](#)
- ~ Morningstar Senior Living / 719-793-2015 & 720-726-1495 / [Booth #109](#)
- ~ Terra Bluffs Senior Living / 720-798-3770 / [Booth #20](#)
- ~ The Ivy (formerly Bonaventure Sr Living) / 720-547-2330 / [Booth #9](#)
- ~ Woodlake Legacy Senior Living / 303-237-5700 / [Booth #88](#)

## HOUSING RESOURCE ASSISTANCE AGENCY

- ~ Beyond Well LLC. / 720-254-1610 / [Booth #45](#)
- ~ Blossoms Senior Placement & Consulting / 720-299-6311 / [Booth #51](#)
- ~ Family Connection Senior Placement LLC / 720-458-8098 / [Booth #46](#)
- ~ iPlace Seniors LLC. / 303-906-2359 / [Booth #22](#)
- ~ Novella Real Estate / 303-550-6671 / [Booth #49](#)
- ~ The Nokbox / [www.thenokbox.com](http://www.thenokbox.com) / [Booth #16](#)

## INSURANCE PROVIDERS & SERVICES

- ~ Alandra Mothorpe-Boyle, Licensed Insurance Broker / 303-883-5283 / [Booth #69](#)
- ~ Devoted Health / 407-267-5281 / [Booth #23](#)
- ~ Humana / 720-501-7912 / [Booth #90](#)
- ~ Insurance Matters / 720-650-6821 / [Booth #74](#)
- ~ Lamb Insurance Brokers / 720-273-3618 / [Booth #106](#)
- ~ Medicare & More / 512-300-5502 / [Booth #42](#)
- ~ Select Health / 720-285-7169 / [Booth #8](#)
- ~ Torregrossa Insurance / 303-814-1113 / [Booth #83](#)

## Sports & Sports Leagues: Bowling, Golf, 4 Softball Teams, Bocce, Cornhole, Pickleball



# PARTNERS by Category

## LEGAL SERVICES

- ~ Burr Law / 720-500-2076 / [Booth #17](#)
- ~ Campbell Law / 303-773-2517 / [Booth #85](#)
- ~ Folkestad Fazekas Barrick Patoile & James, PC / 303-660-7450 / [Booth #33](#)
- ~ McDonough Law Group (formerly Gubbels Law) / 303-688-1655 / [Booth #102](#)
- ~ Strong Law Firm / 303-900-8819 / [Booth #71](#)
- ~ The Harris Law Firm / 303-515-5000 / [Booth #4](#)

## MEDICAL AIDS, DEVICES & SERVICES

- ~ Colorado Pain Care / 303-468-7246 / [Booth #26](#)
- ~ Dose Health / 844-300-6212 / [Booth #104](#)
- ~ Hearing Life / 303-814-1725 / [Booth #27](#)
- ~ Mobility City / 720-534-7007 / [Booth #93](#)

## MEDICAL SERVICES

- ~ Alta Vista Dermatology / 303-888-6426 / [Booth #76](#)
- ~ AOO / ENT Specialists Of The Rockies / 303-744-1961 / [Booth #43](#)
- ~ Castle Rock Fire & Rescue / 303-660-1066 / [Booth #81](#)
- ~ Compassionate Concierge Physicians Advanced Mobile Wound Care / 720-986-0850 / [Booth #84](#)
- ~ HCA HealthONE Sky Ridge Hospital / 720-450-1585 / [Booth #75](#)
- ~ Gentiva Hospice / 303-660-6107 / [Booth #78](#)
- ~ Podiatry Associates Inc. / 303-805-5156 / [Booth #92](#)
- ~ Porch Light Health / 1-866-MAT-STAT / [Booth #10](#)
- ~ Reunion Rehabilitation Hospital Inverness / 720-741-8800 / [Booth #108](#)

## MEDICARE

- ~ Alandra Mothorpe-Boyle, Licensed Insurance Broker / 303-883-5283 / [Booth #69](#)
- ~ Devoted Health / 407-267-5281 / [Booth #23](#)
- ~ Humana / 720-501-7912 / [Booth #90](#)
- ~ Insurance Matters / 720-650-6821 / [Booth #74](#)
- ~ Lamb Insurance Brokers / 720-273-3618 / [Booth #106](#)
- ~ Medicare & More / 512-300-5502 / [Booth #42](#)
- ~ Select Health / 720-285-7169 / [Booth #8](#)
- ~ Torregrossa Insurance / 303-814-1113 / [Booth #83](#)

## MENTAL HEALTH

- ~ Porch Light Health / 1-866-MAT-STAT / [Booth #10](#)

## MORTGAGES & LENDING

- ~ Zenith Reverse Mortgage / 720-639-9314 / [Booth #62](#)

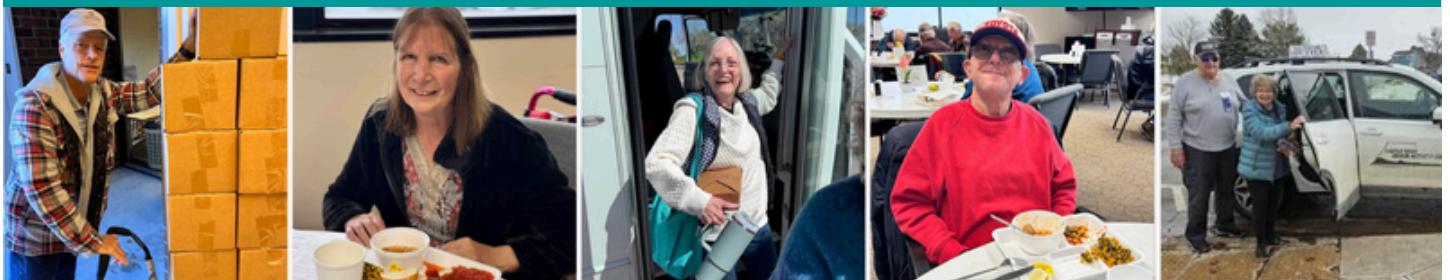
## MOVING SERVICES

- ~ Grasons Estate Sales Of Castle Rock, Parker & Aurora / 720-779-0279 / [Booth #103](#)
- ~ People Helpers Ltd / 303-420-2900 / [Booth #64](#)

## PUBLIC SAFETY

- ~ Castle Rock Fire & Rescue / 303-660-1066 / [Booth #81](#)
- ~ Castle Rock Police Department / 303-663-6100 / [Booth #80](#)
- ~ Douglas County Sheriff's Office / 303-663-7748 / [Booth #32](#)

## Transportation, Dining Services, Hot Meal Delivery, Meals on Wheels



# PARTNERS by Category

## REALTY

- ~ Exit Realty DTC / 720-606-1995 / [Booth #98](#)
- ~ Novella Real Estate / 303-550-6671 / [Booth #49](#)
- ~ The Denver 100 / 720-990-0693 / [Booth #79](#)

## REHABILITATION HOSPITALS/SKILLED NURSING

- ~ Brookside Inn / 720-573-4346 / [Booth #59](#)
- ~ Encompass Health Rehabilitation Hospital Of Littleton / 303-334-1100 / [Booth #24](#)
- ~ Reunion Rehabilitation Hospital Inverness / 720-741-8800 / [Booth #108](#)
- ~ Silver Heights Skilled Nursing & Rehab / 303-688-3174 / [Booth #91](#)
- ~ The Center At Lincoln / 720-214-7777 / [Booth #63](#)

## SENIOR ACTIVITIES

- ~ AARP Driver Safety / 888-687-2277 / [Booth #12](#)
- ~ AARP Elder Watch / 1-800-222-4444 / [Booth #29](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Douglas County Libraries / 303-791-7323 / [Booth #54](#)
- ~ Seniors' Council Of Douglas County / 303-814-4300 / [Booth #77](#)

## SENIOR ASSISTANCE OR SERVICES

- ~ AARP Driver Safety / 888-687-2277 / [Booth #12](#)
- ~ AARP Elder Watch / 1-800-222-4444 / [Booth #29](#)
- ~ Acasa Senior Care Of Colorado / 303-949-2273 / [Booth #31](#)
- ~ Aftersight / 303-786-7777 / [Booth #19](#)
- ~ Aging Resources / 303-814-4300 / [Booth #25](#)
- ~ Alzheimer's Association / 720-699-9283 / [Booth #72](#)
- ~ Beyond Well LLC. / 720-254-1610 / [Booth #45](#)
- ~ Castle Rock Fire & Rescue / 303-660-1066 / [Booth #81](#)
- ~ Castle Rock Police Department / 303-663-6100 / [Booth #80](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Civitan / 303-688-5610 / [Booth #1](#)
- ~ Colorado Gerontological Society / 303-333-3482 / [Booth #60](#)
- ~ Cornerstone Caregiving / 719-662-8979 / [Booth #7](#)
- ~ Douglas County Health Department Colorado / 720-643-2400 / [Booth #99](#)
- ~ Douglas County Older Adult Services & Transportation / 303-660-7347 / [Booth #36](#)
- ~ Elle-Vated Cleaning Services / 720-713-4937 / [Booth #65](#)
- ~ Friends For Life / 303-321-2822 / [Booth #30](#)
- ~ Gardens Care Senior Living / 720-720-5604 / [Booth #61](#)
- ~ Grasons Estate Sales / 720-779-0279 / [Booth #103](#)
- ~ Medicare & More / 512-300-5502 / [Booth #42](#)
- ~ National Kidney Foundation / 720-748-9991 / [Booth #95](#)
- ~ New Hope Fix-It Ministry / 303-246-8744 / [Booth #82](#)
- ~ Network For Nana / 303-745-4418 / [Booth #100](#)
- ~ Nourish Meals On Wheels / 303-798-7642 / [Booth #47](#)
- ~ Parkinsons Association Of The Rockies / 303-830-1839 / [Booth #40](#)
- ~ People Helpers Ltd / 303-420-2900 / [Booth #64](#)
- ~ Pet Care Club Of Douglas County / 720-722-8854 / [Booth #15](#)
- ~ Silver Heights Skilled Nursing & Rehab / 303-688-3174 / [Booth #91](#)
- ~ The Nokbox / [www.thenokbox.com](http://www.thenokbox.com) / [Booth #16](#)
- ~ Visiting Angels / 720-981-0804 / [Booth #35](#)
- ~ (VOA) Volunteers Of America Colorado RSVP Program / 720-264-3339 / [Booth #86](#)

## SENIOR CENTER / PROGRAMMING

- ~ Agape Senior Daycare / 720-505-7740 / [Booth #52](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Colorado Department Of Regulatory Agencies, Div Of Securities / 303-894-2320 / [Booth #5](#)
- ~ Haven Homes Inc. / 720-505-6432 / [Booth #57](#)



# PARTNERS by Category

## SENIOR ORGANIZATION / Club (Requires Membership)

- ~ AARP Driver Safety / 888-687-2277 / [Booth #12](#)
- ~ AARP Elder Watch / 1-800-222-4444 / [Booth #29](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Colorado Gerontological Society / 303-333-3482 / [Booth #60](#)

## SENIOR SPECIAL INTEREST / SUPPORT GROUP

- ~ Alzheimer's Association / 720-699-9283 / [Booth #72](#)

## SERVICE ORGANIZATION (Non-Profit)

- ~ All Veterans Honor Guard / 303-523-0533 / [Booth #41](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Civitan / 303-688-5610 / [Booth #1](#)
- ~ Douglas County Libraries / 303-791-7323 / [Booth #54](#)
- ~ Seniors' Council Of Douglas County / 303-814-4300 / [Booth #77](#)

## SUPPORT RESOURCES

- ~ Aging Resources / 303-814-4300 / [Booth #25](#)
- ~ Alzheimer's Association / 720-699-9283 / [Booth #72](#)
- ~ Blossoms Senior Placement & Consulting / 720-299-6311 / [Booth #51](#)
- ~ Colorado Talking Book Library / 303-727-9277 / [Booth #39](#)
- ~ Douglas County Health Department Colorado / 720-643-2400 / [Booth #99](#)
- ~ Douglas County Veteran Service Office/DC Veterans Monument Foundation / 303-663-6200 / [Booth #96](#)
- ~ DRMAC (Denver Regional Mobility & Access Council) / 303-406-2718 / [Booth #66](#)
- ~ Encompass Health / 303-334-1100 / [Booth #24](#)
- ~ Help & Hope Center / 303-688-1114 / [Booth #28](#)
- ~ Parkinsons Association Of The Rockies / 303-830-1839 / [Booth #40](#)
- ~ Pet Care Club Of Douglas County / 720-722-8854 / [Booth #15](#)
- ~ Porch Light Health / 1-866-MAT-STAT / [Booth #10](#)
- ~ The Nokbox / [www.thenokbox.com](http://www.thenokbox.com) / [Booth #16](#)
- ~ (VOA) Volunteers Of America Colorado RSVP Program / 720-264-3339 / [Booth #86](#)

## TRANSPORTATION

- ~ Aging Resources / 303-814-4300 / [Booth #25](#)
- ~ Amazing Wheels / 720-535-5222 / [Booth #3](#)
- ~ Castle Rock Senior Activity Center / 303-688-9498 / [CRSAC Stations #1-12](#)
- ~ Cornerstone Caregiving / 719-662-8979 / [Booth #7](#)
- ~ Douglas County Older Adult Services & Transportation / 303-660-7347 / [Booth #36](#)
- ~ Drive With Confidence / 303-908-6322 / [Booth #97](#)
- ~ DRMAC (Denver Regional Mobility & Access Council) / 303-406-2718 / [Booth #66](#)
- ~ Friends For Life / 303-321-2822 / [Booth #30](#)
- ~ Med Ride / 303-661-7337 / [Booth #107](#)
- ~ Visiting Angels / 720-981-0804 / [Booth #35](#)

## VETERAN SERVICES

- ~ All Veterans Honor Guard / 303-523-0533 / [Booth #41](#)
- ~ Douglas County Veteran Service Office/DC Veterans Monument Foundation / 303-663-6200 / [Booth #96](#)
- ~ USA Benefits For Veterans / 303-946-2696 / [Booth #11](#)

# PARTNERS by Category

## VOLUNTEER SERVICE / OPPORTUNITY AGENCY

- ~ Castle Rock Senior Activity Center / 303-688-9498 / **CRSAC Stations #1-12**
- ~ Early Childhood Service Corps / 720-635-7838 / **Booth #21**
- ~ Douglas County Libraries / 303-791-7323 / **Booth #54**
- ~ Douglas County School District Senior Gold Card / 720-219-9110 / **Booth #56**
- ~ Seniors' Council Of Douglas County / 303-814-4300 / **Booth #77**
- ~ (VOA) Volunteers Of America Colorado RSVP Program / 720-264-3339 / **Booth #86**

## EVENTS



### • DUCKY DERBY •

June 28<sup>th</sup> | Festival Park

**SUPPORT A GREAT CAUSE AND JOIN THE FUN!**

The Castle Rock Ducky Derby isn't just a race. It's a fundraiser for local nonprofits. This year, the Castle Rock Senior Activity Center is in the virtual nonprofit race, and we need your help!

Adopt a duck and select the Senior Center to support Señorita Ducky. Every entry helps fund programs for local older adults and brings us closer to a win.

Event runs 9 AM-3 PM

(ducks launch at 1 PM)

\$10 for one duck or 3 for \$20

Get your ducks:

<https://www.castlerockduckyderby.org/buy-ducks>



## Hello, Little One

Welcome to Life's Journey

Join us for a baby shower

FRIDAY, JULY 10TH

1PM-3PM

The Denver Health baby shower program is a community-focused initiative designed to support new and expecting parents, especially those facing financial or social challenges, by helping them start their parenting journey with essential resources, education, and encouragement. Join us for the shower (with cake!) on 7/10.

A box will be placed by the front desk to accept donations starting in June.

#### Items most needed (new items only):

- Handmade Blankets (24" x 36")
- Infant Hats (handmade or purchased) 6-7" across brim when laid flat
- Onesies (size 3 months)
- Footed Pajamas, Sleepers or Outfits (size 3 months)
- Socks
- Hooded Towels

Becoming a member of the Castle Rock Senior Activity Center is one of the best investments you can make in your well-being and community. For just \$40 per year, you'll enjoy access to engaging programs, valuable resources, social connections, and exclusive member benefits designed to help you stay active, informed, and inspired. Check us out at [www.castlerockseniorcenter.org](http://www.castlerockseniorcenter.org). We welcome you!

# FOOD TRUCKS

We hope you've brought your appetite! Just outside the east doors, you'll find a vibrant lineup of food trucks ready to serve up a variety of delicious, made-to-order specialties. With plenty of options to choose from, there's something to satisfy every craving, whether you're in the mood for something savory, sweet, or somewhere in between. We're thrilled to welcome these fantastic vendors to the 2026 Senior Life EXPO! Be sure to stop by, explore the menus, and treat yourself to something tasty while you enjoy the day.



**"Fanwiches" (their specialty)  
gourmet sandwiches on  
brioche buns**



**Fresh and traditional street-  
food style Mediterranean  
& Greek food**



**Creative American fusion  
burgers, sandwiches,  
fries & tots**



**Latin fusion sushi,  
along with a Mexican menu!**



# ADVERTISING SPONSORS

As you explore the EXPO, be sure to stop by and visit the booths of our featured advertisers. Their sponsorship and dedication to serving older adults help bring this event to life each year. We encourage you to stop by their booths and learn more about the valuable resources they offer our community.



**NOW OPEN!**

Castle Rock's Newest  
Senior Living Community

[BridgewaterbyLegacy.com](http://BridgewaterbyLegacy.com)

**BRIDGEWATER**  
by LEGACY RETIREMENT

Independent Living | Assisted Living | Memory Care

Wills, Trusts, Powers of Attorney,  
Health Care Directives



Mention the  
Senior Life Expo  
for a \$250 discount



Schedule with Strong Law, PLLC today to  
protect your family from probate.

Strong Law, PLLC  
[www.stronglawco.com](http://www.stronglawco.com)

303-900-8819  
Aurora, CO




Comprehensive in-home care solutions  
for anyone in need of assistance at home!

*"Love is in the Care."*

303-565-2870  
[www.carebuildersathome.com/lonetree](http://www.carebuildersathome.com/lonetree)  
serving the southern Denver metro region

CCP MOBILE WOUND CARE



PH: 720-986-0850 FAX: 303-484-3578




**Cornerstone**  
CAREGIVING

**Assisting with all activities of daily living:**

- Pet Care
- Bathing
- Housekeeping
- Transportation
- Dressing
- Laundry
- Total Care
- Toileting
- Companionship

**Call for a FREE assessment (719)662-8979**

**THE DENVER 100**  
QUALITY IN REAL ESTATE



**Bradley Charles Lewis**  
720-990-0693  
[bradlewis@den100.com](mailto:bradlewis@den100.com)

# ADVERTISING SPONSORS

As you explore the EXPO, be sure to stop by and visit the booths of our featured advertisers. Their sponsorship and dedication to serving older adults help bring this event to life each year. We encourage you to stop by their booths and learn more about the valuable resources they offer our community.

Gubbels Law has merged with  
McDonough Law Group!



We are a full-service law firm based in Colorado.  
McDonoughLawGroup.com | 970-776-3311



55+ LIVING,  
REIMAGINED

Income-qualified,  
affordable housing



- Modern design with thoughtful amenities
- Luxury finishes for elevated comfort
- Social events and gathering spaces
- Link On Demand free shuttle service
- 5-star professional on-site management

TheSophiaApts.com



9696 Maroon Circle  
Englewood, CO 80112

844.593.0348

@thesophiaaffordable



Early Childhood  
Service Corps

An intergenerational program connecting  
older adults with early childhood

earlychildhoodservicecorps.org



Helping You Recover Stronger

Specialized inpatient rehab helping seniors regain independence  
after illness, injury, or surgery.

Stroke | Parkinson's | Neurological | Amputation | Orthopedic | Complex Medical



372 Inverness Drive S., Englewood, CO 80112 | Admissions: 720-741-8810



Improving the lives of seniors through food.

50% OFF  
YOUR FIRST CHEF SERVICE

\* Minimum of 2 services. Groceries not included.

10-14 healthy, homemade meals  
prepared in your kitchen by a licensed, professional chef.

- Fresh, high-quality ingredients
- Dietary customization
- Packaging, labeling & reheating instructions
- A fully cleaned kitchen

#### WHO WE HELP

- Seniors who want nutritious meals without the work
- Families seeking support for a loved one
- Looking for a special gift?

Call for 50% offer details: 720-445-8232 | ChefsForSeniors.com



Serving Colorado Seniors with  
Dignity, Duty and Discretion since 1997

Superior Care and Companionship

- Customized Care Plans
- Engaging Companionship
- Alzheimer's & Dementia Care
- Appointments, Errands & Shopping
- ...and much more! Just ask us.

Call 303-321-2822  
www.FriendsForLifeInc.com





# ADVERTISING SPONSORS

As you explore the EXPO, be sure to stop by and visit the booths of our featured advertisers. Their sponsorship and dedication to serving older adults help bring this event to life each year. We encourage you to stop by their booths and learn more about the valuable resources they offer our community.

**Douglas County Libraries**

**Discover services, events,  
and opportunities to connect  
for adults of all ages, because  
curiosity never retires!**

**Visit one of our seven full-service  
branches or DCL.org to learn more.**

**DCL.org | 303-791-7323**

**Have questions about  
your Medicare coverage?**

We're here to help answer questions about Medicare and explain how it works.

**MEET US TODAY!**

Friendly help. Clear answers.

Or give us a call:  
**855-442-9940**  
(TTY: 866-506-6005)

 **Select Health**

H1994\_4524950\_C Select Health 2026. All rights reserved 2/26

**Elevate Your  
Skin & Vitality**

**ALTA VISTA  
DERMATOLOGY**

Expert medical and cosmetic dermatology. Plus our Wellness Program offering personalized hormone support, effective weight management, peptides and targeted supplements.

**303.888.6426 | 4348 Woodlands Blvd., Castle Rock**  
**Visit us online at AltaVistaDerm.com**

  
**BURR**  
— L A W —

- Estate Planning
- Probate
- Elder Law

**www.burr-law.com 720-500-2076**

  
**AGAPE  
SENIOR DAYCARE**  
LONE TREE, CO  
PARKER, CO

**Enriching  
Lives, One  
Day at a  
Time**

SENIOR DAY PROGRAM

A safe, joyful day program for seniors, set amid the breathtaking views of the Rocky Mountains.

OUR SERVICES INCLUDE:  
Nourishing Daily Meals  
Arts, Crafts & Activities  
Exercise & Wellness  
Social & Community Events

**www.agapeseniordaycare.com**  
**720.505.7740**

"I am He who will sustain you... I will carry you." - Isaiah 46:4

**CAMPBELL & LAW**

Available to help with all of your Estate Planning needs:

- ~ Wills & Trusts
- ~ Elder Law
- ~ Medical & Financial Powers of Attorney
- ~ Probate & Estate Administration
- ~ Real Estate & Business Matters
- ~ Guardianship & Conservatorship

**Anne C.G. Campbell, Esq**  
**303-773-2517 / www.kbcpclaw.com**

**PERSONAL SERVICE FOR YOU**



# ADVERTISING SPONSORS

As you explore the EXPO, be sure to stop by and visit the booths of our featured advertisers. Their sponsorship and dedication to serving older adults help bring this event to life each year. We encourage you to stop by their booths and learn more about the valuable resources they offer our community.

**We're Here to Help You Feel Whole**  
24/7 Convenient Emergency Care  
Because Minutes Matter

**Six Primary Care and Internal Medicine Clinics**  
With Locations in Castle Rock and Castle Pines

**State-of-the-Art Cancer Center**  
Now open on the hospital campus

**Orthopedics and Joint Replacement**  
Surgical and non-surgical options available

Find care today  
[AdventHealth.com/CastleRock](http://AdventHealth.com/CastleRock)



**Devoted**  
HEALTH PLANS

Are you new to Medicare or qualify for a Special Enrollment Period?

**Get real benefits, real savings, & real care when you need it.**

Experience real *value* with a Devoted Health Medicare Advantage plan.

**Learn more at [devoted.com](http://devoted.com)**

Enrollment may be limited to specific times of the year, unless you qualify for a Special Election Period. Devoted Health is an HMO and/or PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. To file a complaint with Devoted Health, call 1-800-338-6833 (TTY 711). To file a complaint with Medicare, call 1-800-MEDICARE (TTY 877-486-2848). 24 hours a day, 7 days a week. Your complaint involves a broker or agent, be sure to include their name when you file your complaint. (4926)HSEV110142, 281298, C

**Gardens Care**  
SENIOR LIVING

Assisted Living Red Hawk  
Book A Visit: 303-566-1085



**iPlace Seniors**

303.906.2359  
[melissa@iPlaceSeniors.com](mailto:melissa@iPlaceSeniors.com)  
[www.iPlaceSeniors.com](http://www.iPlaceSeniors.com)

303.877.2139  
[amy@iPlaceSeniors.com](mailto:amy@iPlaceSeniors.com)  
[www.iPlaceSeniors.com](http://www.iPlaceSeniors.com)

**Melissa Clifford**  
Owner/Senior Living Advisor

*Here to be of Service*

**Amy Gallas Benedict**  
Senior Living Advisor

**Navigating senior living options and hand holding through the process is our specialty.**

**INDEPENDENT LIVING WITH SERVICES**  
(MEALS, TRANSPORTATION, HOUSEKEEPING, MAINTENANCE, ACTIVITIES)

- ASSISTED LIVING
- MEMORY CARE
- NURSING HOME
- RESIDENTIAL CARE HOMES

Thank you for your referrals!

Helping families find the right senior living options from Castle Rock to Boulder.

**All at no cost to you.**

**Protect Your Loved Ones & Live Life Fully**  
Estate Planning, Tax Law  
Family Law & More

**THE HARRIS LAW FIRM**

303.515.5000  
[HarrisLawCares.com](http://HarrisLawCares.com)



**ACASA HOME CARE**  
Compassionate Care You Can Trust

- ♥ Personal Care
- 🏠 Companion Care
- 🇺🇸 Veteran Assistance
- 🕒 2~24 Hour Care Available

Providing safe, reliable, and personalized in-home care for your loved ones

**303-949-2273**  
Serving all of Colorado



# ADVERTISING SPONSORS

As you explore the EXPO, be sure to stop by and visit the booths of our featured advertisers. Their sponsorship and dedication to serving older adults help bring this event to life each year. We encourage you to stop by their booths and learn more about the valuable resources they offer our community.



"Guiding You Through  
the Seasons of Life,  
One Home at a Time"

Providing Assistance with real  
estate sales, relocation, estate  
sales, and move management.  
Your downsizing expert.

Schedule your appointment to get a  
complimentary market evaluation.  
Let Heather help sell your home.

Heather Hankins, Real Estate Advisor  
Novella Real Estate Company  
303-550-6671 Direct | 303-350-5838 Office

## Haven Homes Premium Residential Assisted Living

The Haven Home is a premium residential assisted living home, located in Douglas County, Colorado. Our home is ranch-style, with 8 spacious bedrooms and 8 bathrooms, all wheelchair- and walker- accessible, with low-barrier shower entrances. The community is nestled in the rural area of Lone Tree, conveniently located between Parker, Castle Rock, and Highlands Ranch on a large 5-acre parcel with tranquil views of the Rocky Mountains.

*Sierra Hopp 720-505-6432*

The CRSAC does not make any endorsements.

# VOLUNTEER WITH US!



## VOLUNTEER WITH US!

We need you! We're looking for caring, dedicated volunteers to bring connection, comfort & support to the lives of our local older adults.

### Volunteer Opportunities:

- ✓ Transportation Program Drivers
- ✓ Activity Drivers
- ✓ Meal Program & Delivery
- ✓ Kitchen Help
- ✓ Special Events

[www.castlerockseniorcenter.org](http://www.castlerockseniorcenter.org)



### CONTACT:

**CARI HESS**  
VOLUNTEER/OUTREACH SERVICES MANAGER  
**CHES@CRGOV.COM**  
**720-733-2292**





# SAVE THESE DATES!



## DINING TO DONATE 2026 LOCATIONS

*Support Local*

JUNE 17<sup>TH</sup> – HOME GROWN TAP & DOUGH  
 JULY 1<sup>ST</sup> – SMART COW  
 JULY 22<sup>ND</sup> – COURTYARD SOCIAL  
 AUGUST 5<sup>TH</sup> – DAIRY QUEEN  
 AUGUST 19<sup>TH</sup> – CUBA CUBA  
 SEPTEMBER 23<sup>RD</sup> – DUKE'S STEAKHOUSE  
 OCTOBER 21<sup>ST</sup> – HICKORY HOUSE  
 NOVEMBER 18<sup>TH</sup> – CHILI'S RESTAURANT  
 DECEMBER 16<sup>TH</sup> – THE OLD NORTH END

Support the Castle Rock Senior Activity Center by dining at local restaurants on Dining-to-Donate Days! Enjoy great food. Support a great cause. All participating restaurants are in Castle Rock, unless otherwise noted on the website below. Simply present a flyer when you pay, and a percentage of your bill will be donated back to the Center.

[WWW.CASTLEROCKSENIORCENTER.ORG](http://WWW.CASTLEROCKSENIORCENTER.ORG)  
 YOUR LOCAL OLDER ADULTS THANK YOU FOR PARTICIPATING!

26th Annual  
*"Fall Swing"*




# golf

## Tournament

Benefitting  
 Castle Rock Senior Activity Center

### Monday, August 31<sup>st</sup>, 2026

Sponsor & Player Registration Open!  
 Shotgun Start at 9:00 AM  
 Early Bird Registration: \$205  
 After June 30<sup>th</sup> Deadline: \$230  
 Final Deadline to Register August 10<sup>th</sup>  
 Register with Stacey Fahrenbruch  
 Event Coordinator: 720.733.2291  
 or email: sfahrenbruch@crgov.com

Saturday, October 3  
*at the Castle Rock Outlets*

## SHOPPING EXTRAVAGANZA

YOU SHOP, YOU SAVE, EVERYONE WINS!

Find details soon at  
<https://www.outletsatcastlerock.com/events>

### BUY YOUR CAR WASH TICKETS AT CRSAC!

**Get a \$16 Wash for \$12**

Liberty Express Wash offers a fast, high-quality clean that leaves your car looking refreshed and revitalized. Even better—every wash you purchase at the front desk helps support the center. Clean your car and give back at the same time!

**1039 ALOHA ST  
 CASTLE ROCK, CO 80104**





A day of giving to those close to you

### TUES., DEC. 8, 2026

[COLRADOGIVESDAY.ORG](http://COLRADOGIVESDAY.ORG) TOGETHER WITH THE  
[CASTLEROCKSENIORCENTER.ORG](http://CASTLEROCKSENIORCENTER.ORG)

### KING Soopers



#### Turn Your Groceries into Support for Seniors

Support CRSAC every time you shop, at no extra cost to you. By linking your King Soopers rewards card to CRSAC through the Community Rewards Program, a portion of your everyday purchases goes directly toward programs, services, and resources that enrich the lives of local seniors. It's simple, free, and meaningful. Just enroll online or visit Customer Service at your local store, and invite friends and family to do the same. Every trip to the store helps us continue serving our community.



# SAVE THE DATE



## 34<sup>th</sup> Annual Castle Rock **CRAFT SHOW**

*Extraordinaire*

Saturday

November 7th, 2026

9:00 AM-4:00 PM

Douglas County Events Center

One of the Largest Craft Events in the County

Unique handcrafted products not found elsewhere by true artisans & crafters

**FREE to the public**

**Crafts and So Much More**

Grandma's Kitchen

Free Door Prizes

Wreath Auction

Apple Watch Raffle

Quilt Raffle

Grandma's Attic

Silent Auction

Book Sale

Concessions

**Please bring donations of canned food items**

**for the Help and Hope Center Food Bank**

Organized by The Castle Rock Senior Activity Center

The show benefits area senior citizen programs and services

Information at 303-688-9498 or [castlerockseniorcenter.org](http://castlerockseniorcenter.org)

\* Please, Certified Service Dogs ONLY / Pets Not Allowed

To ease crowd congestion, standard-size strollers recommended. NO over-sized strollers, push carts or wagons inside.

Free parking ~ shuttle buses transporting to/from front doors

# THANK YOU

On behalf of the Castle Rock Senior Activity Center we would once again like to thank you for attending and supporting the Senior Life EXPO. Our community partners, sponsors, attendees and volunteers all played a huge role in the success of this event which helps support the needs of the growing demands of the area's senior population. We hope you found helpful resources and information for you and your family members for now or in the future. Throughout the county, there are many businesses, organizations, government entities and individuals advocating for the growing senior population. Area partners truly care about seniors and believe, like we do, that life can be lived to the fullest at any age regardless of the circumstances (we like to say that age is just a number). We encourage you to make the most of your life by planning for your future, getting involved in your communities, going places, getting help when you need it, having fun, continuing to learn new things, staying active and making friends along the way.

Please mark your calendar for our **Golf Tournament on August 31st** and our **34th Annual Craft Show Extraordinaire on November 7th**. We hope you enjoyed the EXPO as much as we did. Our desire is for you and your loved ones to love life in the second half!



Did you know Douglas County supports older adults and persons with disabilities through local, state and federal grants? Grant-funded services include transportation, homemaker, personal care, chore, and handyman services. Services are provided **at no cost** to qualified Douglas County residents! Contributions are welcome and help fund additional services. To learn more about these programs, contact Douglas County First Call, your "first call" for information and assistance, or contact the providers listed below directly.

## DOUGLAS COUNTY FIRST CALL - 303-660-7519

### Douglas County Grant Service Providers for July 2025 – June 2026

#### Douglas County Transportation Providers

- Aging Resources of DC [www.agingresourcesdougco.org](http://www.agingresourcesdougco.org) 303-814-4300
- CR Senior Activity Center [www.castlerockseniorcenter.org](http://www.castlerockseniorcenter.org) 303-688-9498

#### Douglas County Homemaker Service Providers

- ACASA Senior Care [www.acasacolorado.com](http://www.acasacolorado.com) 303-949-2273
- Home Instead [www.homeinstead.com](http://www.homeinstead.com) 303-688-7852
- Visiting Angels [www.visitingangels.com/littleton](http://www.visitingangels.com/littleton) 720-981-0804

#### Douglas County Personal Care Providers

- ACASA Senior Care [www.acasacolorado.com](http://www.acasacolorado.com) 303-949-2273
- Home Instead [www.homeinstead.com](http://www.homeinstead.com) 303-688-7852
- Visiting Angels [www.visitingangels.com/littleton](http://www.visitingangels.com/littleton) 720-981-0804

#### Douglas County Chore and Handyman Services

- Aging Resources of DC [www.agingresourcesdougco.org](http://www.agingresourcesdougco.org) 303-814-4300

Douglas County strives to ensure consistency and availability of services. Services are dependent upon the levels of local, state, and federal grant funding available. Since funding is limited, providers may not always be able to accommodate requests for services. For help accessing services, please contact First Call, or another provider from those listed above.



# CONTACT US



303.688.9498



[crsc@crgov.com](mailto:crsc@crgov.com)



2323 Woodlands Blvd.  
Castle Rock, CO 80104

