

David Corliss, Town Manager
Trish Muller, Director of Finance
Town Council
Town of Castle Rock
100 N. Wilcox Street
Castle Rock, CO 80104

January 23, 2026

Re: 2025 Castle Rock Senior Activity Center Year-End Town Contract Report

Dear All,

The Castle Rock Senior Activity Center sincerely appreciates the continued support of the Town of Castle Rock. The meaningful impact we make in the lives of older adults would not be possible without this valued partnership. Together, we are not only helping older adults remain active and socially connected—we are empowering them to truly *Love Life in the Second Half*.

We remain committed to being “*The Place*” where older adults find friendship, resources, and enriching opportunities. As we begin our 55th year of service to the community, we celebrate a milestone that reflects our long-standing mission to support independence, well-being, and quality of life through essential services, programs, and activities. Each year, more older adults choose the Senior Center as a trusted and welcoming hub where they can remain engaged, supported, and thriving.

Beyond our core services, we take pride in giving back through active participation in local initiatives and community partnerships. Our Senior Life Expo has grown into a cornerstone resource event for older adults and their families. In addition, signature fundraisers such as our Annual Golf Tournament, Craft Show, and Dining to Donate events not only help sustain our programs but also strengthen community connections and support local businesses.

Attached, please find documents highlighting key program statistics, outcomes, and engagement from 2025. Should you have any questions or need additional information, I would be happy to provide further details.

Finally, we respectfully ask that if additional space becomes available within the Recreation Center—now or in the future—that consideration be given to allocating space to support the growing needs of the Senior Center. Continued growth in membership, programming, and services underscores the importance of expanded space to effectively serve Castle Rock’s older adult population.

On behalf of our Board of Directors, staff, members, and the community we serve, thank you again for your partnership and continued support. We are deeply grateful for the Town’s commitment to older adults and to the Castle Rock Senior Activity Center.

Warm regards,


Debbi Haynie
Executive Director
dhaynie@crgov.com

2025 PERFORMANCE OBJECTIVES

Programs and Activities

1. Provide an average of 150+ activities and/or events per month that support healthy and successful aging.

In 2025, we continued to experience strong growth in both membership and program participation, offering an average of more than **170 activities and events each month**. Our increasingly diverse membership fuels a dynamic mix of opportunities designed to meet a wide range of interests, abilities, and lifestyles.

Offerings include adventurous outings such as go-karting, white-water rafting, hiking, and multiple sports leagues, alongside cultural and social experiences including theater performances and group dining outings. Weekly card games, educational presentations, demonstrations, and art classes provide consistent opportunities for connection, creativity, and lifelong learning. Health & Wellness programming also expanded significantly, featuring Lunch & Learns, massage therapy, balance and range-of-motion workshops, and other wellness-focused offerings.

Demand for many programs is so strong that sessions must be offered multiple times to ensure equitable access. While we are grateful for limited use of the Panorama Room on select afternoons, space constraints remain our most significant challenge. Continued growth highlights the ongoing need for expanded and flexible program space.

2. Serve an average of over 3,000 (duplicated) senior participants per month through social, cultural, and educational opportunities.

Membership continues to grow at record levels, with a monthly average of more than **1,350 active members**, including **299 new members added in 2025**. The average age of our members is 76, reinforcing the importance of age-appropriate programming that supports active, healthy, and connected lifestyles. Monthly participation remained above **3,000 duplicated older adults**.

See attached: Membership/Age & Gender Report, Participation Report, and Center Statistics Report.

Transportation

1. Provide over 800 monthly shuttle rides to seniors and adults with disabilities.

Demand for transportation services continues to rise. We currently average nearly **1,000 rides per month**, with several months exceeding **1,100 rides**. Lower-volume months are typically due to Center closures related to weather or holidays. In 2025, **155 new riders** were added, further increasing demand.

We operate **five to six vehicles** for weekday shuttle service, along with **two to three additional vehicles** for medical appointments outside the shuttle area, including trips to the VA Hospital and Swedish Hospital. Ride requests are prioritized to ensure essential needs are met first—medical appointments, followed by grocery and nutrition trips, and then other local needs. On Tuesdays and Thursdays, one of our 10-passenger buses is deployed to support high participation in Sit and Be Fit and the VOA hot lunch program.

We have successfully transitioned to an all-wheel-drive fleet to enhance safety and reliability in Colorado's variable weather. Our current fleet includes:

- 2 small SUVs
- 6 minivans (including 2 wheelchair-accessible vehicles)
- 2 ten-passenger vans
- 3 fifteen-passenger buses (including 1 wheelchair-accessible bus)

2. Add at least 75 new riders to the transportation program in 2025.

In 2025, **155 new riders** were added. We now serve **575 registered riders**, with **274 actively using the service**, reflecting strong engagement and continued growth.

See attached: Rider Numbers and Trip Classification Report.

Health & Wellness

1. Provide low-cost VOA meals twice weekly and coordinate Meals on Wheels (MOW) home deliveries.

The VOA Hot Lunch Program remains a vital source of nutrition and social connection, serving **50–60 participants every Tuesday and Thursday**, a **25% increase over last year**. In 2025, **159 diners** were registered. The program has reached capacity in our largest available room, limiting further growth unless transitioned to the Panorama Room.

Meals on Wheels participation remains steady, averaging **48 households per week**. We onboard five to six new clients monthly, often serving individuals recovering from illness or surgery and helping older adults maintain independence in their homes.

2. Provide hot lunch delivery to low-income senior housing communities twice weekly.

Now in its fourth year, this CDBG-funded partnership with the Town of Castle Rock delivers hot meals to residents at **Oakwood, Reyn Rock, Auburn Ridge, and Meadowmark**, reaching approximately **30 older adults each week**.

3. Expand wellness programming to meet evolving needs.

Wellness programming averages **18 offerings per month**, serving approximately **195 participants**. Expanded offerings include:

- Balance & Range of Motion workshops (now offered three times monthly)
- Seated Dance and Tap classes

- Expanded Arts & Crafts and Mobility Workshops
- Low Vision Group serving 14–16 participants per session

Our **Connect & Care** program continues uninterrupted. With new OAI funding, client enrollment resumed in 2025. Since January, **18 trained volunteers** completed **1,789 wellness calls**, supporting an average of **34 clients per month**.

See attached: VOA/MOW Program Report, Connect & Care Call Report, and Center Statistics Report.

Center Objectives

Community Outreach Leadership

11th Annual Senior Life Expo – June 4, 2025 | Douglas County Events Center

- 115 vendors
- Over 865 attendees
- 8 educational presentations
- 3 live demonstrations

The Expo program guide serves as a year-round resource and is regularly distributed at the Center.

Save the Date:

12th Annual Senior Life Expo – **June 3, 2026**

Attachments

1. Membership/Age & Gender Report – 2025
2. Center Statistics Report
3. Center Participation Report
4. Rider Numbers and Trip Classification Report
5. VOA/MOW Program Report
6. Connect & Care Call Report
7. February Newsletter

4G. # by Membership/Age/Gender on DATE selected-Pick

1 date only

Castle Rock Senior Center

Report Range: 1/01/2025 12:00am to 12/31/2025 11:59pm

FILTERS

Membership -- ALL MEMBERS

Membership Name	Code	Freq	Fee	Count	Gender				Age Breakdown						Avg
					Male	Female	Other	Blank	Under 50	50-64	65-69	70-74	75-79	80+	
Regular	REG	YEARLY	\$40.00	1278	433	805		40	0	84	136	290	324	439	76.49
Associate	ASSOC	YEARLY	\$40.00	14		13		1	5	8	0	1	0	0	52.69
Honorary	HONOR	YEARLY	\$0.00	2				2	0	0	0	0	0	0	
Lifetime	LIFE	YEARLY	\$0.00	14	6	8			0	0	0	1	1	11	80.66
AVERAGE AGE ACROSS ALL														76.16	

CASTLE ROCK SENIOR ACTIVITY CENTER

2025 Castle Rock Senior Activity Center Statistics

	2025 # OF ONSITE ACTIVITIES/ EVENTS OFFERED (1E ONSITE)	2025 # OF OFFSITE ACTIVITIES/ EVENTS OFFERED (1E OFFSITE)	2025 # OF ALL ACTIVITIES/ EVENTS OFFERED (1E)	PARTICIPATION			2025 TOTAL ATTENDEES (All Programs & Services)	TRANSPORTATION		VOLUNTEER HOURS				Total of All Vol. HRS Columns	
				2025 ON-SITE ACTIVITY PARTICIPANTS 1E	2025 OFFSITE/ SPORTS/ MISC	2025 CENTER VISITORS (Walk-ins)		ACTIVITY/ EVENTS RIDES	SHUTTLE RIDES	SHUTTLE/ SPECIAL DRIVER (3D)	MEALS ON WHEELS DRIVER	EVENT DRIVER (3D)	ADMIN HELP		ALL OTHER
JAN	142	22	164	1990	328	105	2423	155	915	583	126	40	363	796	1908
FEB	133	22	155	2043	284	95	2422	133	940	615	151	12	341	667	1786
MAR	133	29	162	2200	409	100	2709	164	1017	660	147	36	314	1014	2171
APR	141	28	169	2414	406	110	2930	180	1163	647	197	46	304	1296	2490
MAY	137	21	158	2478	863	105	3446	129	1033	705	184	25	246	1177	2337
JUNE	128	32	160	2311	1925	100	4336	148	979	695	142	31	262	1347	2477
JULY	149	30	179	2280	1060	110	3450	117	1070	803	206	29	214	1189	2441
AUG	170	30	200	2053	1134	90	3227	161	933	646	153	39	218	1130	2186
SEPT	181	34	215	2347	1229	105	3681	211	1063	732	196	49	250	1401	2628
OCT	146	29	175	2533	416	110	3059	162	1100	697	192	42	253	1344	2528
NOV	154	24	178	1920	305	85	2310	112	782	567	167	5	192	1916	2847
DEC	127	17	144	2101	451	100	2652	138	791	560	220	18	195	870	1863
2025 TOTALS	1741	318	2059	26670	8810	1215	36645	1810	11786	7910	2081	372	3152	14147	27662

Total Volunteer Hours in 2025 # 28,005

Total Volunteers in 2025 # 404

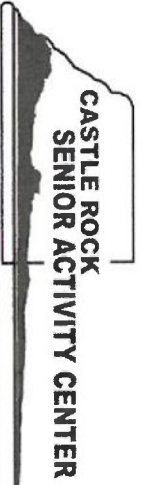
Total Rides (Activity, shuttle, events) in 2025 #13,596



CASTLE ROCK SENIOR ACTIVITY CENTER

SUMMARY OF ACTIVITY PARTICIPATION AND # OF PARTICIPANTS BY CATEGORY 2025

	TOTAL # OF PEOPLE AT ALL ACTIVITIES (1A)	At - Home Activities (1E)	TOTAL # ATTENDEES- VIRTUAL ACTIVITIES - Remem ber to add VTU & VIRTUAL FROM EVENT CATEGORY REPORT (1A)	VOA DINING BOX PICK UP & DELIVERY PARTICIPANTS	VOA HOT MEALS	TOTAL # OF PEOPLE MISC (1A)	TOTAL # OF PEOPLE AT ON-SITE ACTIVITIES (1E)	TOTAL # OF PEOPLE OFF-SITE TRIPS** (1E)	TOTAL # OF PEOPLE HEALTH & WELLNESS ACTIVITIES*** (1E)	TOTAL # OF PEOPLE CURRENT SPORTS THIS MONTH (1E)	# OF ACTIVITIES OFFERED THIS MONTH	TOTAL NUMBER OF RIDERS FOR ACTIVITIES (Eds #s) (1A1)	Notes about the month
JAN	2318	0	209	56	494	105	1990	328	167	114	164	155	Weather closure 1/7, 1/9 Closed Monday, 01/20 - MLK Jr. Day
FEB	2331	0	212	71	647	95	2043	284	199	107	155	133	Closed Monday, 02/17 Presidents' Day
MAR	2610	0	257	83	680	100	2200	409	184	200	162	164	Closed 3/4 weather & in the afternoon of 3/17 due to snow
APR	2820	0	182	88	745	110	2414	408	171	123	169	180	
MAY	3341	0	234	80	731	105	2478	863	189	680	158	129	Closed Monday, 05/28 Memorial Day
JUNE	4236	0	158	83	551	100	2311	1925	184	833	160	148	Closed Thursday, 06/19 Juneteenth, 06/19 & include 06/18 & 06/20
JULY	3340	0	194	80	728	110	2280	1080	194	891	179	117	Closed Friday, 07/04 July 4th
AUG	3187	0	129	80	531	90	2053	1134	214	874	200	161	Closed Annual Maintenance Aug 13-15
SEPT	3576	0	152	85	671	105	2347	1229	225	953	215	211	Closed Monday, 09/01 Labor Day
OCT	2945	0	189	90	622	110	2533	416	282	131	175	162	Closed Columbus Day 10/13
NOV	2225	0	135	100	495	114	1920	305	189	143	178	112	Closed 11/11, Thurs-Fri 11/26 & 11/27 Thanksgiving
DEC	2552	0	212	24	593	100	2101	451	151	44	144	138	Snow Day, 12/3 Closed Wednesday/Thursday 12/24 12/25 Holidays
2025 TOTALS	35481		2263	920	7486	1244	28670	8810	2329	5073	2059	1810	



**CASTLE ROCK
SENIOR ACTIVITY CENTER**

2025 Rider Numbers and Trip Classifications

Month	New Clients Added	Medical	Grocery	Employment /Volunteer	SR Center/ Activity	Quality of Life	Nutrition	Totals	Specials	Non Rider Trips	
										Bus Trip Riders	Incidental trip/ Hor Meds)
January	26	234	108	43	229	100	201	915	21	155	116
February	10	270	57	51	197	130	235	940	24	133	202
March	17	282	79	48	229	175	204	1017	37	164	165
April	9	302	81	55	254	176	295	1163	32	180	246
May	12	286	108	57	232	104	246	1033	38	129	217
June	15	279	96	51	221	87	245	979	28	148	160
July	11	301	99	44	213	137	276	1070	16	117	216
August	13	282	77	47	206	126	195	933	18	161	159
September	16	243	70	49	324	139	216	1041	17	211	205
October	10	304	61	48	349	145	193	1100	28	162	196
November	6	229	37	39	247	118	112	782	33	112	131
December	10	207	51	42	240	88	163	791	18	138	168
YTD	155	3219	924	574	2941	1525	2581	11764	310	1810	2181

Closed	
Jan	1, 20 - Holiday, 7 Closed weather - 9th & 30th limited rides 2/17 Holiday, 2/21 Weather
Feb	Weather
March	4th
April	
May	5/26 Holiday
June	19th
July	4th
Aug	13, 14, 15
Sept	1st
Oct	
Nov	11, 27, 28 Holidays
Dec	3rd snow, 24 & 25 holiday

As of Nov 2025	
Total Registered Riders	575
Total Riders using program	274

VOA Dining Room Program										Meals on Wheels Program									
Month	Meals served in Dining Room	Meals Delivered	Total Hot Meals	2-Meal Boxes	Total 2-Meal Boxes(2x)	Total amount of Meals	Clients receiving meals	New clients added	Households served	Clients receiving meals	New Clients Added	Clients Discontinuing Service	Boxes Delivered	Total meals (box 5X)	Breakfast	Total Breakfast X5	Total meals		
Jan	253	135	388	53	106	494	56	9	58	64	4	14	145	725	0	0	725		
Feb	329	200	529	59	118	647	71	7	51	61	6	2	153	765	0	0	765		
Mar	320	218	538	71	142	680	83	1	44	54	3	7	134	670	66	330	1000		
Apr	366	243	609	68	136	745	88	6	44	54	2	2	168	840	72	360	1200		
May	345	220	565	83	166	731	80	7	42	49	4	4	159	795	56	280	1075		
Jun	293	158	451	50	100	551	83	0	46	54	6	3	138	690	49	245	935		
Jul	364	214	578	74	148	726	80	7	46	54	3	3	173	865	46	230	1095		
Aug	264	157	421	55	110	531	80	8	50	60	4	4	145	725	44	220	945		
Sept	336	207	543	64	128	671	85	5	52	61	3	4	179	895	21	105	1000		
Oct	320	194	514	54	108	622	90	3	48	56	7	3	179	895	20	100	995		
Nov	254	131	385	55	110	495	100	6	51	59	4	0	136	680	20	100	780		
Dec	259	168	427	58	116	593	85	1	44	50	2	2	172	860	19	95	955		
VTD	3703	2245	5948	744	1488	7486	981	60	576	676	48	48	1881	9405	413	2065	11470		

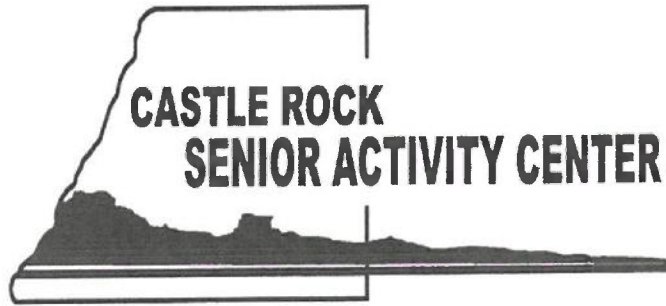
weather closure 1-7

closed 6-19

closed 8-14, no MOW
 breakfast only once a r
 no MOW boxes on 10-;
 closed 11-11 and 11-2;
 closed 12-25

Breakfast boxes began 3/11/25

Closed 1/7 & 1/9 due to weather
 Closed 3/4 due to weather
 Closed 6-19 for Juneteenth holiday
 Closed 8-14 for Maintenance



Connect & Care Calls 2025				
<i>Month</i>	<i>Total Calls Made</i>	<i>Unduplicated Clients</i>	<i>New Clients Added</i>	<i>Volunteers Making Calls</i>
January	170	37		17
February	164	37		17
March	183	37		18
April	173	36	1	19
May	151	37		18
June	156	35		20
July	155	33		18
August	143	31		19
September	132	30		19
October	127	30	1	17
November	121	30	1	17
December	123	29	1	18
YTD	1798			

Closed for 3 days- annual
Maintenance