



Castle Rock Senior Activity Center

Helping Older Adults “Love Life in the Second Half”

The Castle Rock Senior Activity Center is dedicated to helping older adults remain independent, connected, and thriving in our community. We provide opportunities for engagement, transportation, and wellness — ensuring that aging in Castle Rock means staying active, social, and supported.



Serving Older Adults since 1971



The “Silver Tsunami” Has Arrived

Our services have grown dramatically, and every year, we receive inquiries from across the country asking how we run such successful programs.

As we’ve shared before, the **“Silver Tsunami” is here** — and it’s hitting Douglas County faster than anticipated.

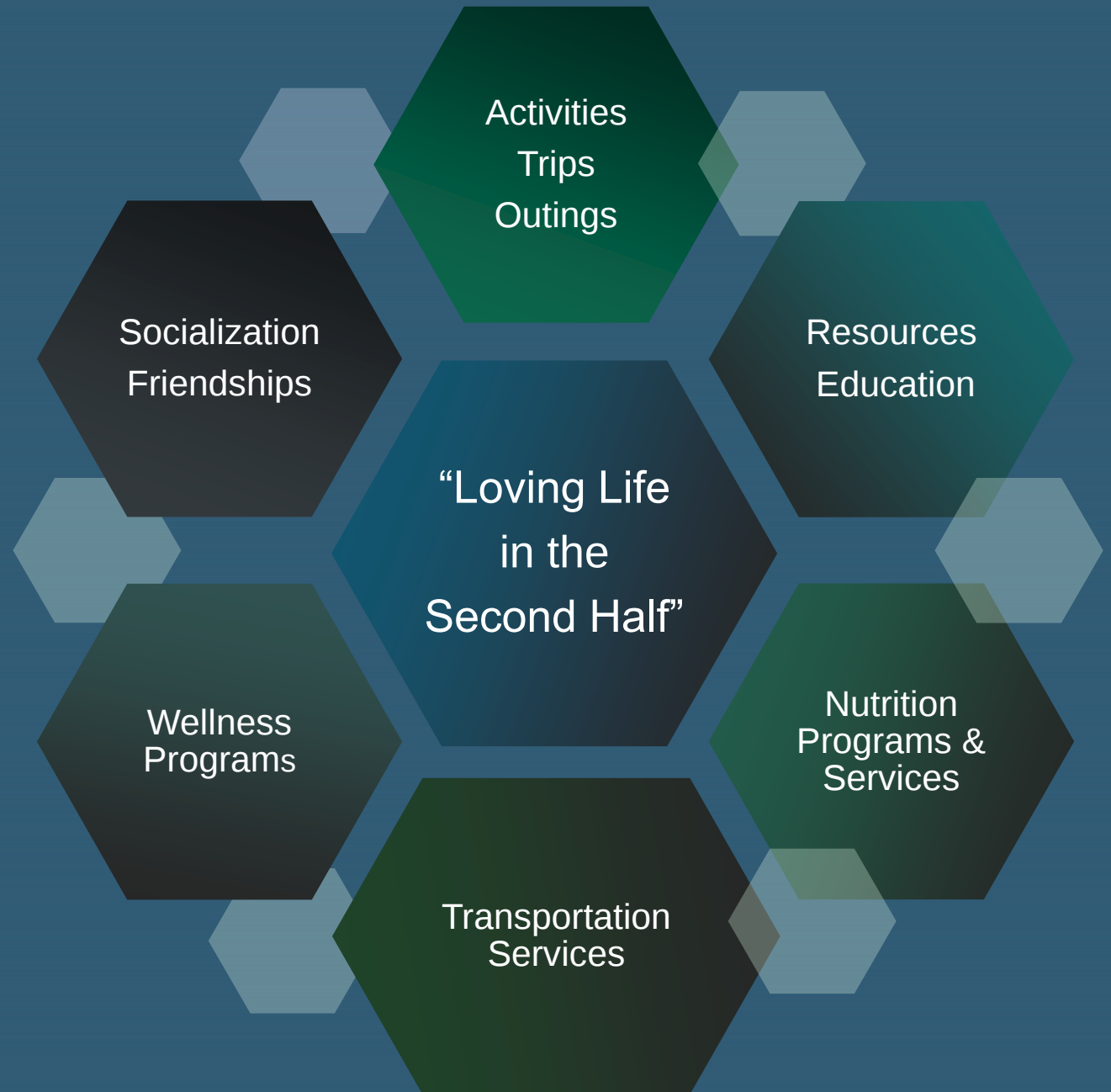
By **2030**, adults aged **65 and older** will represent more than **65% of our population**.

This demographic shift is already visible: over the past three years, demand for nearly every service we offer has **increased sharply**, from transportation to nutrition to social programs.

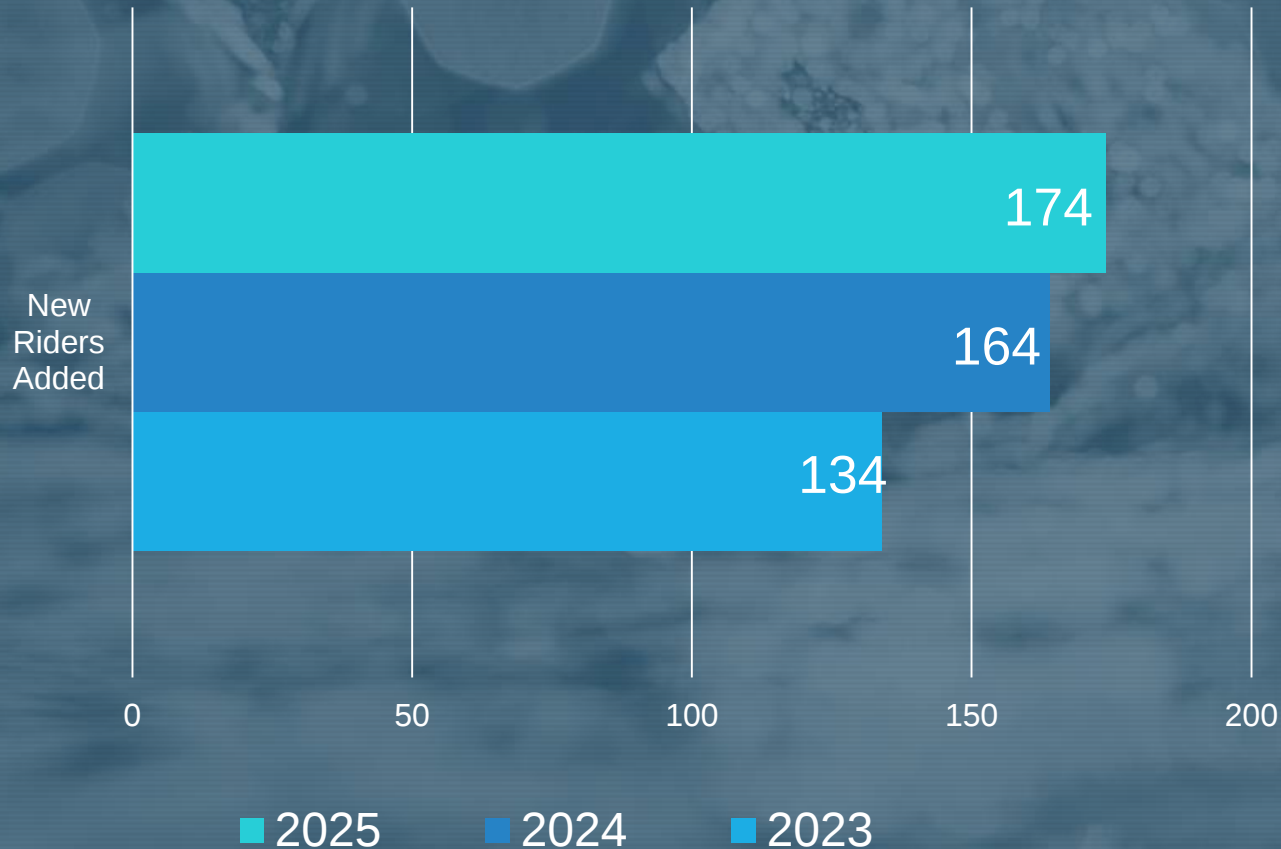
All That We Do....

Meeting the Needs of an Aging, Active Community

Our center has become a hub for connection, activity, and independence for older adults. We offer over 160 programs and activities each month, providing everything from fitness and education to social engagement and volunteer opportunities. Every interaction helps combat isolation and promotes wellness, allowing our older adults to stay healthy, social, and involved in community life.



Transportation Services New Riders

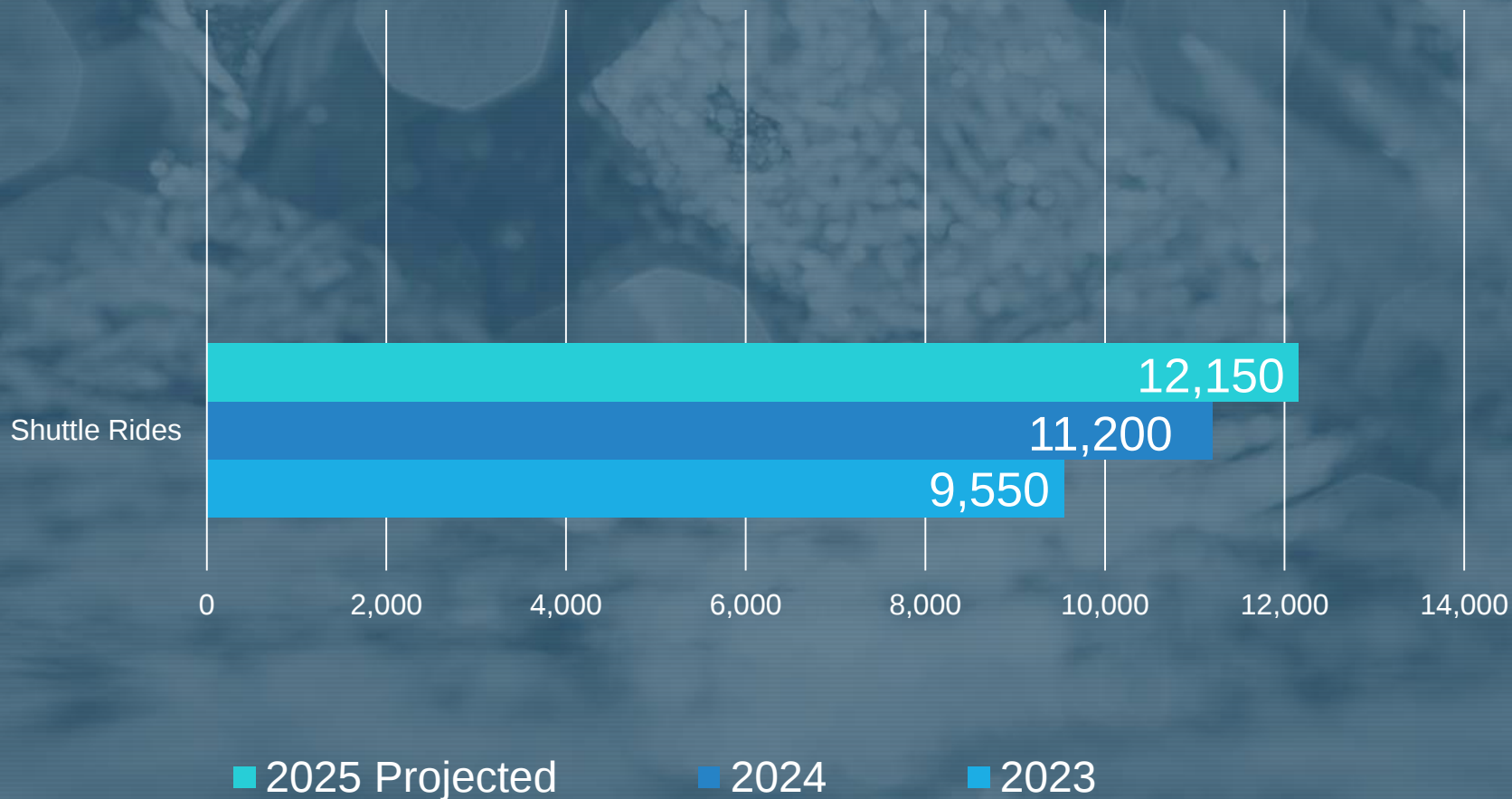


Independence Through Transportation

With the rapid growth of the older adult population, more residents are retiring from driving but still want to live independently.

Our **ridership continues to climb**, particularly among **new clients**, as more seniors turn to us for reliable transportation. In just the past three years, our transportation participation has grown by **30 %**, showing the essential role this service plays in daily life — from medical appointments to grocery shopping and social outings.

Transportation Services Rides per Year

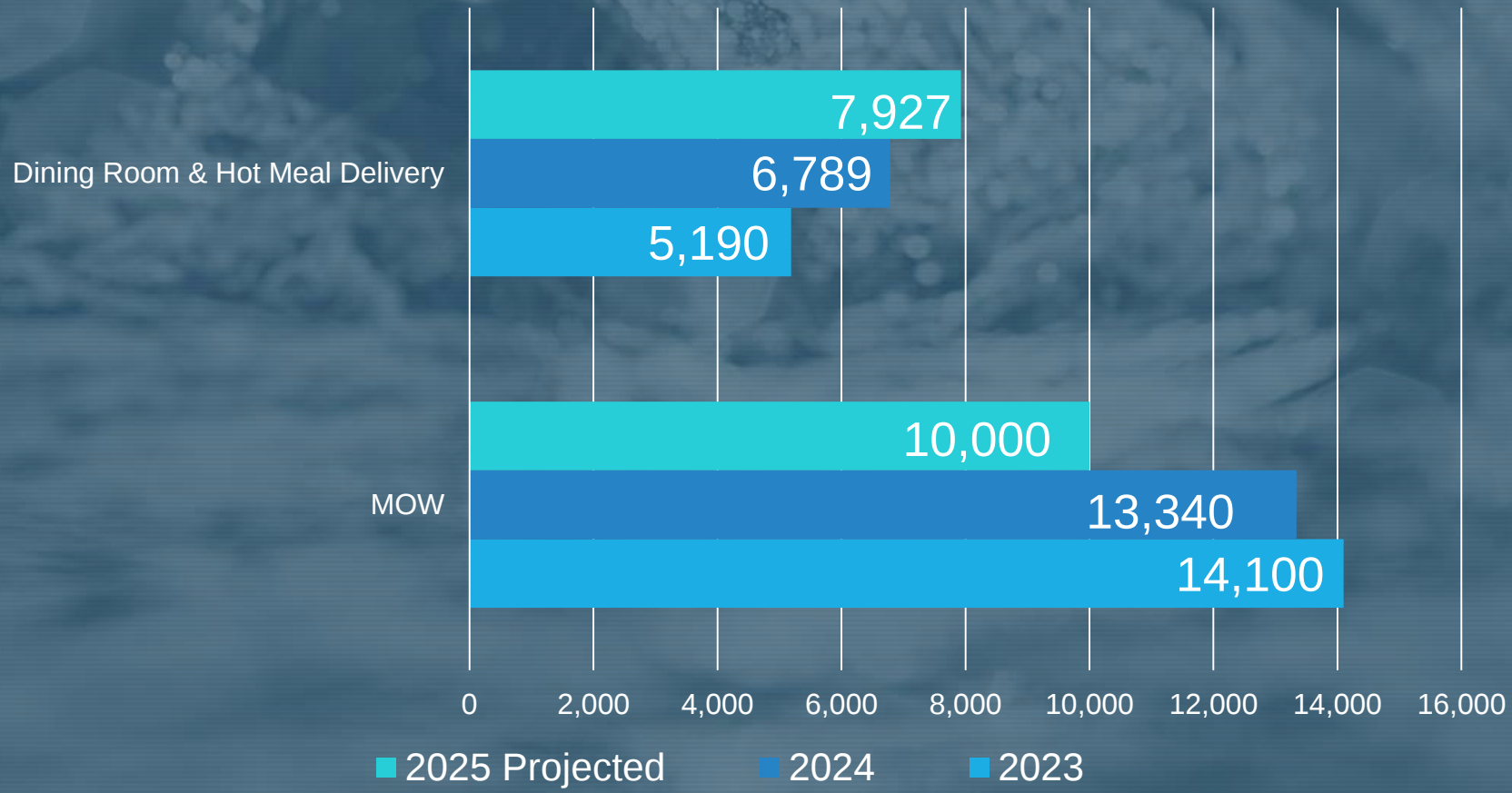


Increased Rides, Flat Funding

As ridership has grown, so has the **number of rides provided** — now averaging **1,100 rides each month**. This represents an increase of 27 % over the last three years.

Unfortunately, **state and county transportation funding has remained flat or even decreased**, despite a **27% rise in demand**. We continue to stretch resources creatively to ensure seniors don't lose access to vital transportation.

Nutrition Services



Meeting Nutrition Needs Across the County

Our nutrition programs have also grown in both reach and complexity.

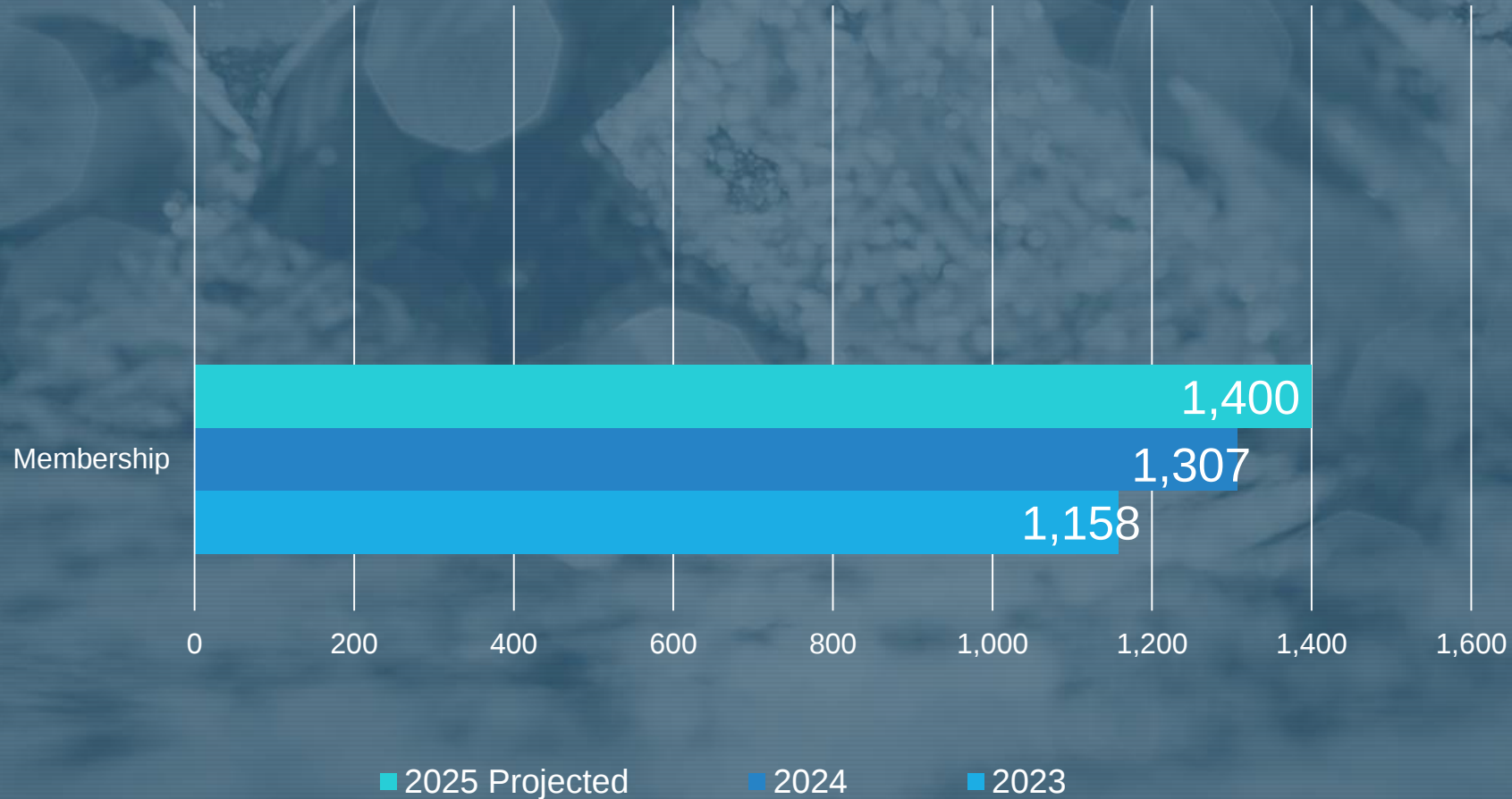
While Meals on Wheels (MOW) serves all of Douglas County, our CDBG-funded Hot Meal Program serves town residents only.

In late 2024, Nourish Meals on Wheels expanded into the county — and though our MOW numbers dipped slightly, our local Hot Meal participation increased steadily.

There is room for both programs: together, we're ensuring that no senior in Castle Rock goes hungry.

We currently serve a full dining room on Tuesdays and Thursdays, and demand continues to grow — we may soon need a waiting list or takeout option.

Center Membership



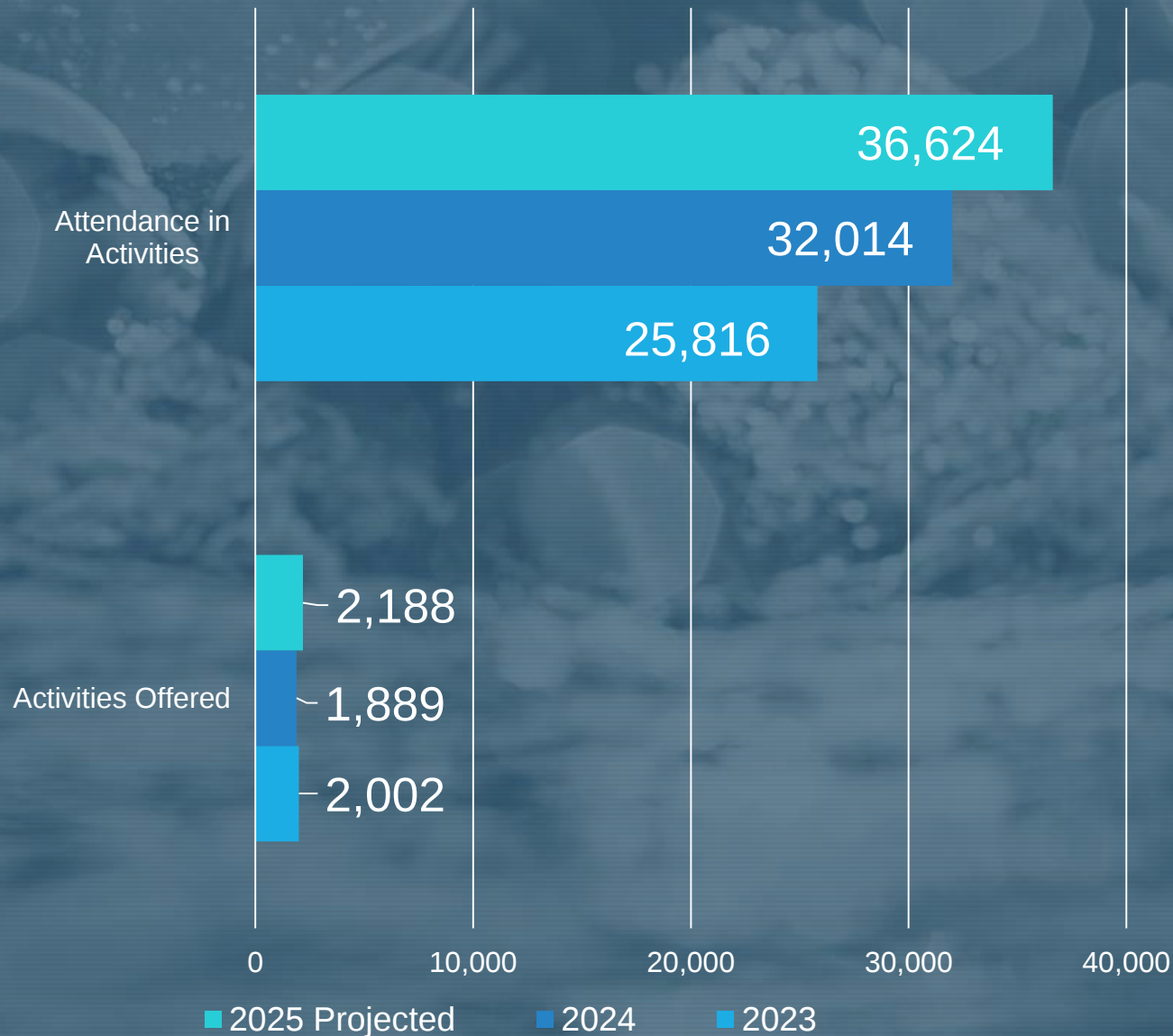
Membership and Participation Growth

Membership continues to rise each year — we project to reach a record **1,400 members in 2025**.

Beyond members, we serve an additional **600+ older adults** through transportation and nutrition services who are not official members but still depend on us.

As participation increases, so does demand for more activities. Popular programs such as **Bingo, Knitting, and Game Days** now have **waiting lists**. We've expanded trip offerings and program dates, but our **facility space limits** how much more we can do.

Center Stats



Expanding to Meet Demand

Our annual metrics show clear, sustained growth across every service area:

More programs offered each month

More trips/events provided each month

More participants served monthly

This steady upward trend underscores the growing need for expanded resources, staffing, and space to meet the needs of our active aging population.

2026 PROPOSED BUDGET

Condensed Version

Sustaining Support for a Growing Need

We are not requesting an increase in our Town funding this year — only the continuation of your existing support, which remains crucial as our community ages. Your partnership helps us ensure that older adults in Castle Rock have the support, mobility, and connection they need to thrive.

Planning for the Future

As space becomes available within the Recreation Center, we ask that you consider allocating additional space for the Senior Center.

Our current footprint cannot keep pace with the growth in participation, and additional space would allow us to expand activities and programs, dining capacity, and volunteer operations.

We are deeply grateful for your continued partnership and support.

Together, we're ensuring that Castle Rock remains a community where older adults can "Love Life in the Second Half."

Projected sources of revenue

Town of Castle Rock	\$ 170,000
Activity Income/Misc.	\$ 140,000
Shuttle Donations	\$ 22,500
Grants	\$ 405,000
Membership Fees	\$ 55,000
Fundraising	\$ 160,000
Misc.	\$ 47,500
In kind Income	\$ 108,906

TOTAL PROJECTED REVENUE

\$1,108,906

Projected expenditures (By major budget category)

Activity Expenses	\$ 55,000
Payroll/Taxes/Misc.	\$ 557,000
Vehicles – Fuel/Maintenance	\$ 26,000
Depreciation	\$ 55,000
Office – Operations and Administration	\$ 111,100
Fundraising Expenses	\$ 55,000
Insurance	\$ 50,000
Other	\$ 40,900
In Kind Expense	\$ 108,906
Reserves	\$ 50,000

TOTAL PROJECTED EXPENDITURES

\$1,108,906



Our Members Loving Life in the Second Half

