

David Corliss, Town Manager
Trish Muller, Director of Finance
Town Council
Town of Castle Rock
100 N Wilcox Street
Castle Rock, CO 80104

July 14, 2025

**Re: 2025 Castle Rock Senior Activity Center
1st Half Town Contract Report**

The Castle Rock Senior Activity Center sincerely appreciates the ongoing support of the Town of Castle Rock. The impact we make in the lives of older adults would not be possible without your partnership. Together, we are not only helping seniors stay active and connected—we are extending lives and empowering them to truly “Love Life in the Second Half.”

We remain committed to being “*The Place*” where seniors find friendships, resources, and enriching opportunities. We are proud to share that we have once again been voted “Best of the Best” for Senior Services by Colorado Community Newspapers—our eighth consecutive year receiving this honor. This recognition reflects our mission to support independence and well-being through vital services, programs, and activities that help older adults remain safe, engaged, and thriving in their own homes.

In addition to our core services, we continue to give back by actively supporting and participating in local initiatives. Our Senior Life Expo has become a cornerstone resource event in the community. Signature events like our Annual Golf Tournament, Craft Show, and Dining to Donate fundraiser not only sustain our work but also support local businesses and foster community engagement.

We proudly assist civic groups such as Rotary, Kiwanis, and Civitan with promoting community-wide events, and we regularly contribute to causes that serve others in need. Each year, we donate comfort items to the Cancer Closet at Sky Ridge, handmade gifts to Denver Health’s Newborns in Need, and supplies to local veterans’ groups. In addition, we support events like the Chamber’s Artfest, where we help provide shuttle services for artists.

We also remain deeply engaged in local and regional initiatives. Our staff and volunteers are active in organizations such as:

- Douglas County Senior Council
- Douglas County Community of Care
- Vintage and Vibrant Committee
- Douglas County Gives

I personally have the honor on serving for the following:

- Chair of the Colorado Parks and Recreation Association's Active Adults Programs and Services Board
- A member of the High Needs Population Task Force
- A member of the Douglas County Transit Solutions
- A member of the Douglas County Older Adult Initiative Committee
- A representative on various town and county transportation study committees

I've attached several supporting documents highlighting program statistics and engagement. Please let me know if you need additional materials or have any questions.

Finally, we respectfully ask that if additional space becomes available in the Recreation Center—now or in the future—you consider allocating space to accommodate the growing needs of the Senior Center and our expanding services for older adults.

On behalf of our Board of Directors, staff, members, and the community we serve, thank you again for your partnership and continued support.

Warm regards,



Debbi Haynie
Executive Director
dhaynie@crgov.com

2025 PERFORMANCE OBJECTIVES

Programs and Activities

1.) Provide an average of 150+ activities and/or events per month that are recognized as essential components of healthy and successful aging.

In 2025, we continue to experience strong growth in both membership and participation, now offering an average of over 160 activities and events per month.

Our diverse membership inspires a wide range of offerings—from active excursions such as go-karting, white-water rafting, hiking, and multiple sports leagues to cultural outings like theater performances and restaurant visits. Weekly card games, educational presentations, demonstrations, and art classes ensure something for everyone. Our Health & Wellness programs continue to expand and now include Lunch & Learns, massage therapy, balance and range-of-motion workshops, and more.

Many programs are in such high demand that we must offer them multiple times to accommodate interest. Our biggest challenge remains space. We are fortunate to utilize the Panorama room on select afternoons, which supports our larger offerings. However, continued demand highlights the ongoing need for additional program space.

2.) Continue to serve an average of over 3,000 (duplicated) senior participants each month with social, cultural, and educational opportunities.

Membership is growing at record levels, with over 1,350 members currently enrolled—including 204 new members so far this year. We are proud of our membership diversity and strive to offer programs that meet a broad range of interests and needs. The current average age of our members is 75.

See attached: Membership/Age & Gender Report, Participation Report, and Center Statistics Report.

Transportation

1.) Continue to provide over 800 monthly shuttle rides to seniors and adults with disabilities for medical appointments, social events, and basic living needs.

Demand for transportation continues to rise, with a 7% increase in ridership compared to last year. We are currently averaging over 1,000 rides per month, with approximately 14 new riders added monthly.

We operate 5–6 vehicles for shuttle service Monday through Friday, plus 2 additional vehicles for medical appointments outside the shuttle area (e.g., VA Hospital, Swedish Hospital). Ride priorities are as follows: medical appointments first, followed by grocery/nutrition trips, and then other local needs.

We have completed the transition to an all-wheel-drive fleet to better accommodate Colorado's weather. Our current fleet includes:

- 2 small SUVs
- 6 minivans (2 wheelchair-accessible)
- 2 ten-passenger vans
- 3 fifteen-passenger buses (1 wheelchair-accessible)

The ten-passenger vans are especially helpful in transporting Reyn Rock Senior Housing residents to our hot lunch program and other Center activities.

2.) Add at least 75 new riders to the transportation program in 2025.

As of June 30, we have added 89 new riders and are on pace to exceed 170 new riders by year-end.

See attached: Rider Numbers and Trip Classification Report.

Health & Wellness

1.) Continue to provide VOA low-cost meals twice weekly and coordinate Meals on Wheels (MOW) home deliveries to qualified clients.

The VOA Hot Lunch Program remains a vital social and nutritional offering at the Center. We are currently serving 50–60 participants every Tuesday and Thursday—a 25% increase from last year. We have reached capacity in our largest room, limiting further growth unless we are able to transition to the Panorama room.

Meals on Wheels participation remains stable. We are averaging 5–6 new clients and 5–6 client transitions per month. This program also provides short-term support for older adults recovering from surgery in addition to serving homebound individuals.

2.) Provide a Hot Lunch Delivery Program twice a week to low-income senior housing communities.

Now in its fourth year, our CDBG-funded partnership with the Town of Castle Rock continues to serve residents at Oakwood, Reyn Rock, Auburn Ridge, and now Meadowmark communities. Hot meals are delivered on Tuesdays and Thursdays, currently serving approximately 30 older adults each week.

We continue to provide bus transportation for Reyn Rock residents to bring them to the Center for socialization and lunch. Many prefer this option over driving due to concerns about losing parking near their community. We plan to expand transportation access to Oakwood residents later this fall.

3.) Continue to expand wellness programming to meet the needs of seniors.

Our wellness programming continues to be a key element of our services, with an average of 18 different wellness offerings each month. New and expanded programs include:

- **Balance & Range of Motion Workshops**, now held three times a month due to high demand
- **Seated Dance and Tap Classes**, both of which continue to grow in popularity
- **Expanded Arts & Crafts and Mobility Workshops**
- **Low Vision Group**, which now consistently draws 14–16 participants per session

Our **Connect & Care** program—launched during the pandemic—continues without interruption. With new OAI funding from the County, we resumed adding clients this year. Since January, 18 trained volunteers have made 892 wellness calls to 37 clients, offering emotional support, companionship, and early intervention when concerns arise.

See attached: VOA/MOW Program Report, Connect & Care Call Report, and Center Statistics Report.

Center Objectives

1.) Be a leader in community outreach for senior resources.

11th Annual Senior Life Expo – Douglas County Events Center – June 4, 2025

This year's event was our largest to date, with:

- 115 participating vendors
- Over 865 attendees
- 8 educational presentations and 3 live demonstrations

The Senior Life Expo program guide serves as a valuable year-round resource for older adults and is distributed regularly at the Center to those seeking support services.

Save the Date:

The **12th Annual Senior Life Expo** will take place on **June 3, 2026**, at the Douglas County Events Center.

Attachments

1. Membership/Age & Gender Report – 2025
2. Center Statistics Report
3. Center Participation Report
4. Rider Numbers and Trip Classification Report
5. VOA/MOW Program Report
6. Connect & Care Call Report
7. Senior Life Expo Program

FILTERS

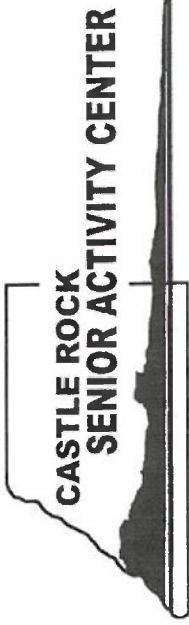
1 date only.

Membership -- ALL MEMBERS

Castle Rock Senior Center

Report Range: 7/11/2025 12:00am to 7/11/2025 11:59pm

Membership Name	Code	Freq	Fee	Count	Gender				Age Breakdown						Avg
					Male	Female	Other	Blank	Under 50	50-64	65-69	70-74	75-79	80+	
Regular	REG	YEARLY	\$40.00	1308	421	745		142	3	101	158	310	315	420	75.94
Associate	ASSOC	YEARLY	\$40.00	14		10		4	3	9	1	1	0	0	55.52
Honorary	HONOR	YEARLY	\$0.00	2				2	0	0	0	0	0	0	
Lifetime	LIFE	YEARLY	\$0.00	15	7	8			0	0	0	1	1	12	80.40
AVERAGE AGE ACROSS ALL															75.66



2025 Castle Rock Senior Activity Center Statistics

	2025 # OF ONSITE ACTIVITIES/ EVENTS OFFERED (1E ONSITE)	2025 # OF OFFSITE ACTIVITIES/ EVENTS OFFERED (1E OFFSITE)	2025 # OF ALL ACTIVITIES/ EVENTS OFFERED (1E)	PARTICIPATION				TRANSPORTATION		VOLUNTEER HOURS					Total of All Vol. HRS Columns
				2025 ON-SITE ACTIVITY PARTICIPANTS 1E	2025 OFFSITE/ SPORTS/ MISC	2025 CENTER VISITORS (Walk-Ins)	2025 TOTAL ATTENDEES (All Programs & Services)	ACTIVITY/ EVENTS RIDES	SHUTTLE RIDES (Lisa)	SHUTTLE/ SPECIAL DRIVER (3D)	MEALS ON WHEELS DRIVER	EVENT DRIVER (3D)	ADMIN HELP	ALL OTHER	
JAN	138	22	160	1965	328	105	2398	155	915	583	126	40	363	796	1908
FEB	133	21	154	2015	284	95	2394	133	940	615	151	12	341	667	1786
MAR	133	28	161	2174	409	100	2683	164	1017	660	147	36	314	1014	2171
APR	141	28	169	2384	406	110	2900	180	1163	647	197	46	304	1296	2490
MAY	136	21	157	2447	863	105	3445	129	1033	705	184	25	246	1177	2337
JUNE	128	31	159	2318	1887	100	4305	148	979	695	142	31	262	1347	2477
JULY															
AUG															
SEPT															
OCT															
NOV															
DEC															
2025 TOTALS	809	151	960	13303	4177	615	18125	909	6047	3905	947	190	1830	6297	13169

Total Volunteer Hours in 2025 #

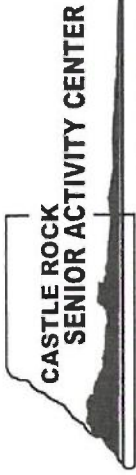
Total Volunteers in 2025 #

Total Rides (Activity, shuttle, events) in 2025 #



SUMMARY OF ACTIVITY PARTICIPATION AND # OF PARTICIPANTS BY CATEGORY 2025

	TOTAL # OF PEOPLE AT ALL ACTIVITIES (1A)	At - Home Activities (1E)	TOTAL # ATTENDEES- VIRTUAL ACTIVITIES - <i>Remember to add VITU & VIRTUAL FROM EVENT CATEGORY REPORT (1A)</i>	VOA DINING BOX PICK UP & DELIVERY PARTICIPANTS	VOA HOT MEALS	TOTAL # OF PEOPLE MISC (1A)	TOTAL # OF PEOPLE AT ON- SITE ACTIVITIES (1E)	TOTAL # OF PEOPLE OFF- SITE TRIPS** (1E)	TOTAL # OF PEOPLE HEALTH & WELLNESS ACTIVITIES *** (1E)	TOTAL # OF PEOPLE CURRENT SPORTS THIS MONTH (1E)	# OF ACTIVITIES /EVENTS OFFERED THIS MONTH	TOTAL NUMBER OF RIDERS FOR ACTIVITIES (Eds #s) (1A1)	Notes about the month
JAN	2322	0	209	56	494	105	1798	184	167	114	143	155	Weather closure 1/7, 1/9 Closed Monday, 01/20 - MLK Jr. Day
FEB	2373	0	230	71	647	95	1816	170	199	107	150	133	Closed Monday, 02/17 Presidents' Day
MAR	2760	0	257	83	680	100	2010	209	164	200	153	164	Closed 3/4 weather & in the Afternoon of 3/17 due to power
APR	2546	0	182	88	745	110	2213	262	171	123	161	180	
MAY	2562	0	234	80	731	105	2258	203	189	660	152	129	Closed Monday, 05/26 Memorial Day
JUNE	3803	0	158	83	551	100	2134	1054	184	833	155	148	Closed Thursday, 06/19 Juneteenth, offsite #s include
JULY													Closed Friday, 07/04 July 4th
AUG													
SEPT													Closed Monday, 09/01 Labor Day
OCT													
NOV													Thurs/Fri 11/26 & 11/27 Thanksgiving
DEC													Closed Wednesday/Thursda y 12/24 12/25 Holidays
2025 TOTALS	16366		1270	461	3848	615	12229	2082	1074	2037	914	909	



CASTLE ROCK SENIOR ACTIVITY CENTER

2025 Rider Numbers and Trip Classifications										
Month	New Clients Added	Medical	Grocery	Employment /Volunteer	SR Center/ Activity	Quality of Life	Nutrition	Totals	Specials	Non Rider Trips
January	26	234	108	43	229	100	201	915	21	155
February	10	270	57	51	197	130	235	940	24	133
March	17	282	79	48	229	175	204	1017	37	164
April	9	302	81	55	254	176	295	1163	32	180
May	12	286	108	57	232	104	246	1033	38	129
June	15	279	96	51	221	87	245	979	28	148
July								0		
August								0		
September								0		
October								0		
November								0		
December								0		
YTD	89	1653	529	305	1362	772	1426	6047	180	909
										1106

Closed	
Jan	1, 20 - Holiday, 7 Closed weather - 9th & 30th limited rides
Feb	2/17 Holiday, 2/21 Weather
March	4th
April	
May	5/26 Holiday
June	19th
July	
Aug	
Sept	
Oct	
Nov	
Dec	

As of	
Total Registered Riders	Dec /24
Total Riders using program	480
	257

				VOA Dining Room Program						Meals on Wheels Program							
Month	Meals served in Dining Room	Meals Delivered	Total Hot Meals	2-Meal Boxes	Total 2-Meal Boxes(2x)	Total amount of Meals	Clients receiving meals	New clients added	Households served	Clients receiving meals	New Clients Added	Clients Discontinuing Service	Boxes Delivered	Total meals (box 5x)	Breakfast	Total Breakfast X5	Total meals
Jan			388	53	106	494	56	9	58	64	4	14	145	725	0	0	725
Feb			529	59	118	647	71	7	51	61	6	2	153	765	0	0	765
Mar	320	218	538	71	142	680	83	1	44	54	3	7	134	670	66	330	1000
Apr	366	243	609	68	136	745	88	6	44	54	2	2	168	840	72	360	1200
May	345	220	565	83	166	731	80	7	42	49	4	4	159	795	56	280	1075
Jun	293	158	451	50	100	551	83	0	46	54	6	3	138	690	49	245	935
Jul																	
Aug																	
Sept																	
Oct																	
Nov																	
Dec																	
YTD			3080	384	768	3848	461	30	285	336	25	32	897	4485	243	1215	5700

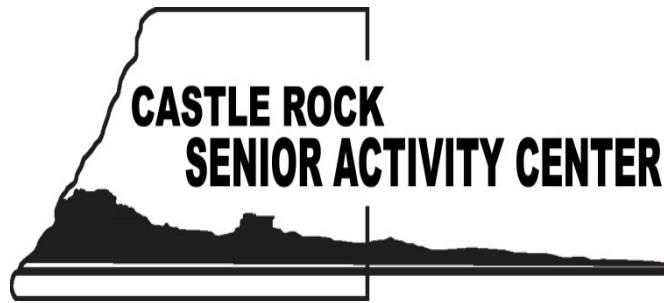
closed 6-19

Breakfast boxes began 3/11/25

Closed 1/7 & 1/9 due to weather

Closed 3/4 due to weather

Closed 6-19 for Juneteenth holiday



Updated
7/15/25

Connect & Care Calls 2025					
<i>Month</i>	<i>Total Calls Made</i>		<i>Unduplicated Clients</i>	<i>New Clients Added</i>	<i>Volunteers Making Calls</i>
January	170		37		17
February	164		37		17
March	183		37		18
April	173		36	1	19
May	151		37		18
June	156		35		20
July					
August					
September					
October					
November					
December					
YTD	997				

Closed for 3 days- annual
Maintenance