



# CASTLE ROCK SENIOR ACTIVITY CENTER



Debbi Haynie –  
Executive Director

# DID YOU KNOW...

- The US Surgeon General has declared loneliness an epidemic in 2023
- Social isolation can be caused by loss of mobility, no longer driving, death of a spouse or living alone to name a few causes
- Chronic loneliness and social isolation can increase the risk of developing dementia by approximately 50% in older adults
- The highest rates of social isolation are found among older adults 65+
- Lacking social connection is as dangerous as smoking up to 15 cigarettes a day

**By 2030, the Colorado State Demography Office predicts the 65+ Population will rise to 1.27 million, a 77 percent increase from 2015. The Douglas County Older Adult population is projected to increase 154% by 2050. Douglas County is the fastest growing of all Counties in Colorado for Older Adults.**



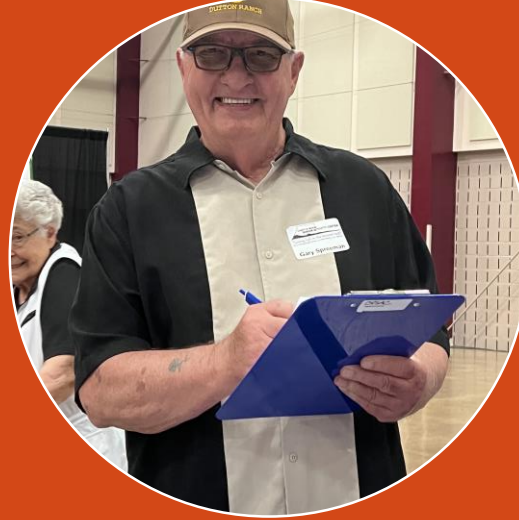


# ALL THAT WE DO . . . .





1200+  
Members



160+ Monthly  
Activities  
Offered



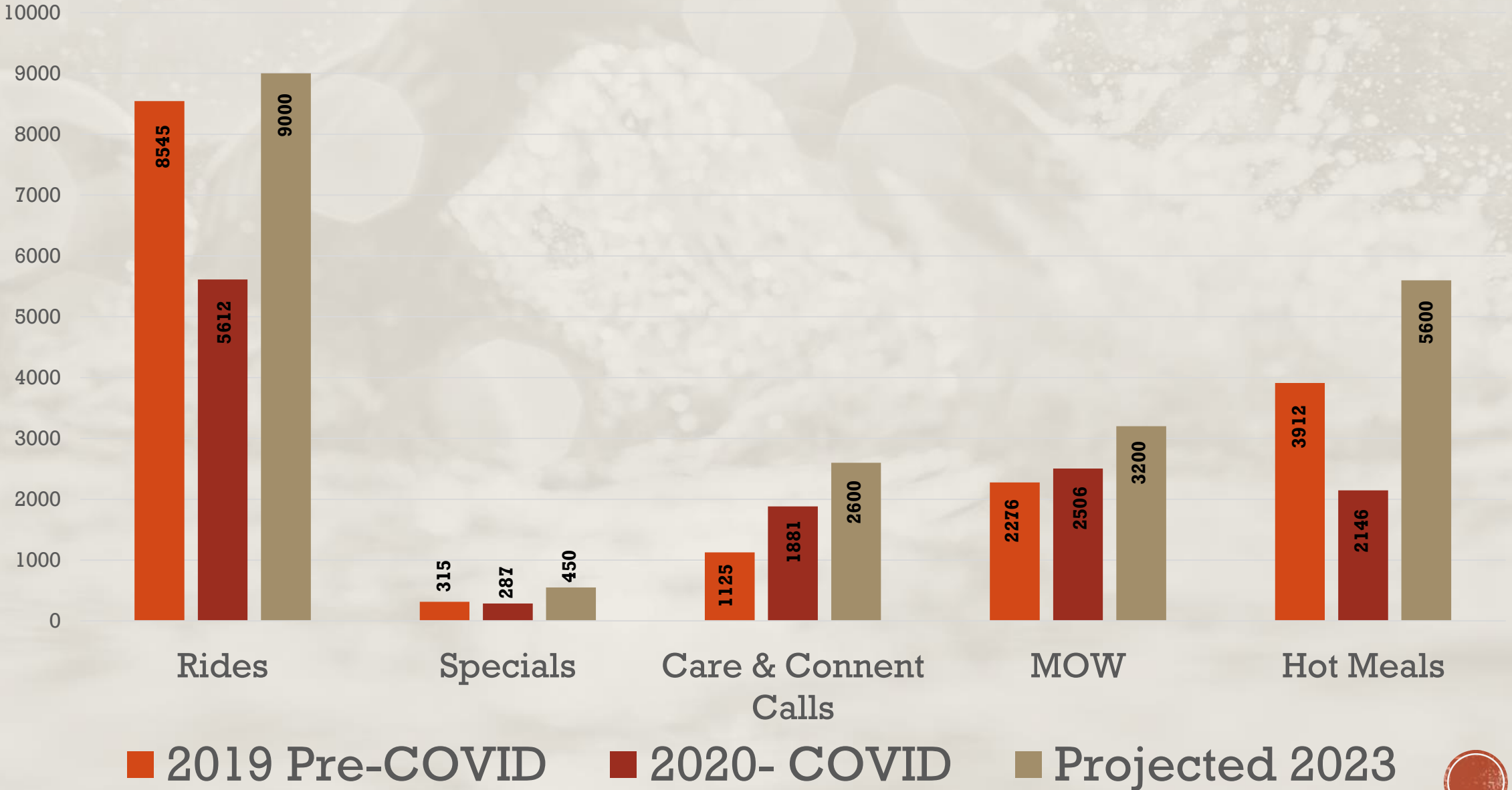
Over 3000+  
Participants  
Each Month

Sport Teams, Wellness Programs, Support Groups, Special Interest Groups, On Site Activities,  
Trips, Outings, Massage Services, Dining Opportunities, Excursions, Art Classes, Theater  
Trips, Games, Lectures, Informational Presentations and So Much More...



# Senior Services

**BY THE NUMBERS . . .**







## Our Members Loving Life in the Second Half





**2024  
PROPOSED  
BUDGET  
CONDENSED VERSION**

**Projected sources of revenue**

<b>Town of Castle Rock</b>	<b>\$ 150,000</b>
Activity Income/Misc.	\$ 100,000
Shuttle Donations	\$ 11,000
Grants	\$ 360,000
Membership Fees	\$ 45,000
Fundraising	\$ 130,000
Misc.	\$ 58,000
In kind Income	\$ 81,887

**TOTAL PROJECTED REVENUE** **\$935,887**

**Projected expenditures** *(By major budget category)*

Activity Expenses	\$ 40,000
Payroll/Taxes/Misc.	\$ 503,500
Vehicles – Fuel/Maintenance	\$ 35,000
Depreciation	\$ 30,000
Office – Operations and Administration	\$ 71,500
Fundraising Expenses	\$ 44,000
Insurance	\$ 40,000
Other	\$ 90,000
In Kind Expense	\$ 81,887

**TOTAL PROJECTED EXPENDITURES** **\$935,887**



**The Center greatly appreciates the support that we receive from the Town of Castle Rock and recognizes that we could not make the impact we do in the lives of seniors without your support. We believe that with our partnership we truly extend lives and help so many seniors “Love Life in the Second Half.”**

## **Serving Older Adults since 1971**

